

Landis Communities Update

July 9, 2020

With the number of Coronavirus cases rising across the country, on Thursday, July 2, 2020, the Pennsylvania Department of Health issued **COVID-19 Information for Travelers**. This information is not aimed at a single group of people or a segment of the population; it is for **all residents of Pennsylvania**, just like the Stay-at-Home order was when it was issued.

It is important to note that this is a two-part statement, with the first part making a broad recommendation about staying home for 14 days after traveling to places with high amounts of COVID-19. The second part lists 15 states and says residents of PA who travel to these locations will need to quarantine for 14 days upon return.

The PA Department of Health website says:

*If you have traveled, or plan to travel, to an area where there are high amounts of COVID-19 cases, **it is recommended** that you stay at home for 14 days upon return to Pennsylvania.*

*If you travel to the following states, **you will need to quarantine for 14 days upon return**: Alabama, Arizona, Arkansas, California, Florida, Georgia, Idaho, Louisiana, Mississippi, Nevada, North Carolina, South Carolina, Tennessee, Texas, Utah.*

The CDC website says this about international travel:

Stay home for 14 days from the time you returned home from international travel.

The implications of adhering to these protocols have created a wide range of emotions and significant challenges for the Leadership of Landis Communities. We understand that many people are missing family members and we know it is the summer time and that many plans for travel were in place long before the pandemic began. But at the start of this pandemic we also committed to each resident, client, team member, family and friend that we would adhere to the strictest interpretation of the guidelines and protocols of the State of Pennsylvania, the CDC and CMS to keep everyone as safe and healthy as possible and to save lives.

So what does this mean for all of us who are part of Landis Communities?

- Any resident or team member who has traveled internationally or to one of the states listed, will quarantine at home for 14 days. **It is likely that the list will change frequently, so upon your return, please check the list on the PA Department of Health website. It is also posted at screening locations.**
- Residents or team members who travel to other areas with high cases of COVID-19 should also consider staying home for 14 days.

- At screening locations, all visitors will be asked if in the past 14 days they have been to one of the states listed. If yes, they may not visit a Landis Communities location until that 14 days has expired.

As difficult as it is, we must all be held to the same high standards. Those standards also include the actions we take even if we are not traveling. Please continue to practice the **three W's** of **W**earing a face covering (that covers mouth and nose), **W**atching your physical distance and **W**ashing your hands often, as depicted in this graphic from the PA Department of Health. These are challenging times but it is important that we continue to care of ourselves and each other.



Affiliate Updates

Landis Homes

Since last report, four tests have gone out for symptoms – two for residents in Healthcare, one in Personal Care and one in Residential Living. One of the tests for a Healthcare resident has come back negative. The other three tests are still pending.

Universal testing of Personal Care residents and team members on June 25 & 26 yielded three positive tests of team members. All were asymptomatic and their time of isolation is expired. Results of the universal testing of Healthcare residents and team members on July 2 are still coming in. All but two resident tests have been received and all are negative thus far. Three asymptomatic team members have had positive results. All are currently quarantined at home. Additional team member tests are pending.

Changes are being made regarding universal testing. Asymptomatic residents and team members who have had at least one test for COVID-19 will not be tested again until further notice. This decision was made because of the limited availability of testing in our area and the time it is taking to receive results. The delay in results does not allow for us to truly mitigate the risk of passing on the virus by cohorting residents or having team members isolate at home and to do contact tracing that limits the spread.

Tests for symptomatic Healthcare and Personal Care residents will continue. Team members with symptoms will stay home from work and seek testing through their provider.

Landis Homes is continuing the slow transition from the Blue to Green Phase.

The changes made this week regarding Dining are going well. To clarify, appointments at the Crossings Salon and Spa being made now are for Residential Living residents. Salon

services are not yet available for Personal Care or Healthcare residents. Visitation guidelines are not changing at this time. All guests will continue to conduct self-screening and get a name badge. Indoor visits are allowed but not in common areas. Outdoor visits are still preferred. Please limit the number of guest at one time to two adults and the children from the same household. No overnight guest are permitted at this time.

Next week there will be one new step in the reopening process. Residents may begin using the **Westview Recreation Room** on Monday, July 13 when it resumes the hours of 8:00 a.m. – 9:00 p.m. The number of residents in the room will be limited to two on each table or court. There will be no doubles play and no spectators at this time. Face coverings are to be worn at all times.

A date to open the fitness center has not been established but work is being done to make it safe for residents: equipment wipes have been ordered, partitions are being installed and a specialist is coming out to service the machines before opening. We will keep you posted on the progress.

Mountain View Terrace

The 41 residents at Mountain View Terrace now have access to outdoor seating. Patio furniture has been placed around the property to ensure social distancing and allow residents the enjoyment of the beautiful scenery around Mountain View Terrace. We appreciate the protocols put in place by our management company, HDC MidAtlantic, as they took strong measures to protect residents and reduce the chance of COVID-19 spread. No known cases of COVID-19 have occurred at Mountain View Terrace.

Steeple View Lofts

Steeple View Lofts remains free from any known cases of COVID-19. Our community is grateful that the most "excitement" we experienced this week was a choir of chirping from multiple Smoke and Carbon Monoxide Alarms. It seems the alarms, all installed at the same time seven years ago, reached their point of replacement within 24 hours. Staff traveled from apartment to apartment to deactivate and quiet the multitude of alarms ahead of replacements being installed Thursday morning. While far from routine, we can still appreciate focusing on solving a "normal" (non-Covid) problem and then laughing about the timing.

Landis Adult Day Services

Landis ADS continues to offer virtual sessions to clients twice a week. Team members are also making calls to families to stay in touch with how clients are doing. ADS directors are putting plans in place to reopen for a reduced number of clients by August 3.

Landis at Home

As Lancaster County goes green, Landis at Home continues to follow applicable guidelines from PA DOH and the CDC to minimize risk for our clients and team members. We are excited to soon be on-boarding new team members and exploring new recruiting strategies.

As always, assistance with shopping, running errands and transportation will continue to be offered in addition to our other home care services.

Pathways Institute for Lifelong Learning®

Pathways Institute Advisory Board met yesterday, July 8. In that meeting a summary of this past semester was shared. Spring semester had 336 applications, which was a record number! Pathways Institute Spring semester was turned upside down because of COVID-19. After eight in-person courses, all remaining in-person courses were cancelled. Pathways Institute took a pause and began piloting virtual courses with a few brave instructors. We expected to pilot a small number of classes with a small number of instructors. Based on such positive responses, those few courses grew to 16 plus a movie club. Eighty-eight Lancaster County residents participated in the virtual sessions.

Residents, clients and family members may contact Jenny Sheckells with questions or concerns at jsheckells@landis.org or 717.381.3573. You may find other communications and videos on our website: www.landiscommunities.org/COVID

Larry Zook
President/CEO
Landis Communities

Michelle Rassler
Executive Director
Landis Homes

Evon Bergey
Vice President, Community Initiatives
Landis Communities