Landis Homes Residential Living Update
March 22, 2020

It is with sincere appreciation to every Landis Homes resident that we begin the message today. The COVID-19 pandemic has had profound impact on our world and has changed life across the Landis Homes campus. Thank you for not only hearing the important information we are sharing with you, but taking it to heart and acting on it diligently. Your prayers for, and support of the team, at this difficult time means so much. Our guiding values of Joy, Compassion, Integrity, Stewardship and Community are essential to life at Landis Homes, now more than ever.

The team continues to prepare for the potential of residents and team members becoming ill with COVID-19. Screening protocols are in place for team members and essential visitors, critical staffing plans are ready to be implemented and we continue to update procedures based on guidance from the PA Department of Health, CDC and others.

We ask that you continue to practice hand washing and physical distancing. These things are vital to preventing the spread of the virus. Please be careful with anything where multiple people will be touching the same objects – puzzles, board games and playing cards should be avoided. There are electronic games available on Resident Apps and you can connect with family members or other residents to play online games. We also encourage you to go out for walks. We are blessed to have a beautiful campus where you can enjoy the colors of spring.

Also, be very careful of scams. It is hard to imagine that anyone could use a time of crisis for his or her own gain, but it is happening. National as well as local news media have said that older adults are being targeted. Ads selling you cures for COVID-19 are scams. Brian Roche at WGAL says to keep the following in mind:

- Emails that appear to be from a hospital asking you to click on an attachment to give permission to test for the virus are not real.
- No government organization will call you for bank or social security numbers.
- If it is not from someone you recognize, be VERY CAUTIOUS.

Please see the reverse side for a special meditation from Henri Nouwen, shared by Donna Mack Shenk, Director of Pastoral Services.
Reflection for the Fourth Sunday in Lent

I will sing of your steadfast love, O Lord, forever.

Psalm 89:1

A Cry for Mercy

O Lord, this holy season of Lent is passing quickly. I entered into it with fear, but also with great expectations. I hoped for a great breakthrough, a powerful conversion, a real change of heart; I wanted Easter to be a day so full of light that not even a trace of darkness would be left in my soul.

But I know that you do not come to your people with thunder and lightning. Even St. Paul and St. Francis journeyed through much darkness before they could see your light. Let me be thankful for your gentle way. I know you are at work. I know you will not leave me alone. I know you are quickening me for Easter - but in a way fitting to my own history and my own temperament.

I pray that these last three weeks, in which you invite me to enter more fully into the mystery of your passion, will bring me a greater desire to follow you on the way that you create for me and to accept the cross that you give to me. Let me die to the desire to choose my own way and select my own desire. You do not want to make me a hero but a servant who loves you.

Be with me tomorrow and in the days to come, and let me experience your gentle presence. Amen.