

Landis Homes Update March 26, 2020

Landis Homes is concerned for the ongoing health and safety of our residents and team members. We have closely monitored information from the Centers for Disease Control and Prevention (CDC), Centers for Medicare & Medicaid Services (CMS), the Pennsylvania Department of Health and others to prepare for the COVID-19 virus. Some of the many steps we have taken to prepare are noted below.

As we have shared and as you have heard from the news media, the people most likely to become severely ill from COVID-19 are older adults and those with underlying medical conditions. Today we must alert you that on March 26, 2020 we learned that one west campus cottage resident tested positive for COVID-19. This resident is in a local hospital.

We are currently assessing the risk to other residents through the development of a timeline for this individual and tracing his/her possible contact. Based on these findings, we believe the risk is low, as this resident has had very little contact with others.

Public health officials have been notified and we are following procedures recommended by the CDC to contain any possible spread. We want to make residents, their families, our dedicated staff, and our community aware and reassure everyone that we are acting on this fluid situation.

We will continue to actively monitor residents for signs and symptoms of COVID-19. For Healthcare and Personal Care Residents, we are checking at least twice daily, as directed by the Department of Health guidelines. Team members will be able to activate protocols immediately if symptoms are detected. For those in Residential Living, because we do not see you each day, it is critical that you self-monitor and act quickly if symptoms occur. If you think you have COVID-19 or have been exposed:

- Do not leave your residence
- Call the residential nurse at 717.569.3271 and await further instruction

All of our staff members continue to follow the CDC's recommendations to reduce the risk of spreading COVID-19. These include strict handwashing procedures and wearing facemasks. Those interacting with residents who are sick are also wearing gowns, gloves and any other necessary personal protective equipment. The team at Landis Homes is well trained to treat viruses and infectious disease. We will continue to follow universal precautions as we face COVID-19.

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Now more than ever, leaving the Landis Homes campus is strongly discouraged. Leadership is committed to be as transparent as possible through ongoing communications while we honor lives and protect each person's privacy. Please do not become complacent. As a community, we are responsible to help each other save lives.

With the guidance of the CDC, CMS and the PA Department of Health, here are some of the many ways Landis Homes has prepared for COVID-19:

- Track all trends in illness – staff and residents
- Limit of entrance to campus with 24/7 monitoring at checkpoint
- Restrict visitation
- Cancel activities
- Post signage across campus
- Conduct screenings
- Create systems for residents to obtain essential needs, like groceries and medications
- Limit movement between households
- Connect loved ones through phone and video calls
- Provide ideas for learning and entertainment while at home
- Monitor/order supplies – find other options when products not available
- Obtain cleaning/disinfectant products that meet EPA guidelines for healthcare settings and are identified to protect from COVID-19
- Obtain disposable noncritical resident care equipment, like blood pressure cuffs, to limit risk
- Develop a critical staffing plan to fill roles when team members become ill
- Establish policies for returning to work after COVID-19
- Prepare for additional residents in healthcare
- Create checklists to conduct contact tracing for a COVID-19-positive case

Residents and family members may contact Jenny Sheckells with questions or concerns at jsheckells@landis.org or 717.381.3573.