

Landis Homes Update May 1, 2020

On the team member COVID-19 Committee call this morning, Allen Heinly, VP of Human Resources, asked the question, “What are you doing to stay well?” Answers included gardening, building a fence to keep the bunnies out, reading the Bible with my kids, preparing meals as a family, playing with my dog, taking walks, telling myself it is okay to do nothing at times, listening to music and reading books.

Michelle Rassler, Executive Director of Landis Homes, shared some thoughts from a book she is reading by Mark Nepo. She encouraged the team to consider how in a time like this we are able to move with the flow of life versus having to be in control. Knowing that the way we are living now and the things we are doing is not how we would have planned it, can we embrace living where God has us at the moment? Are our eyes and hearts open to the people He puts in our path that we can support and that can support us? In times like these we can help each other to trust in God and to let him take control.

The song, Eye of the Storm by Ryan Stevenson, reminds us this way:

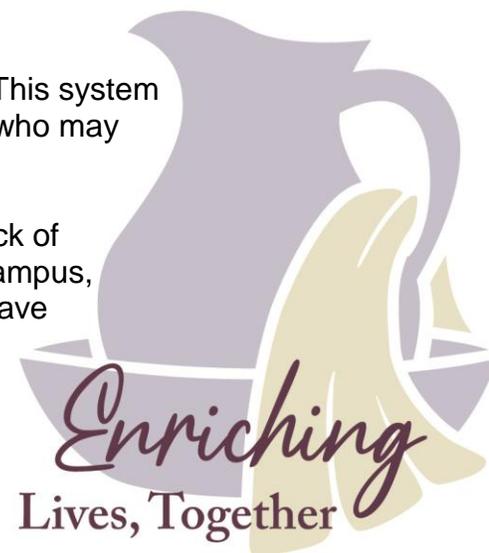
In the eye of the storm
You remain in control
And in the middle of the war
You guard my soul
You alone are the anchor
When my sails are torn
Your love surrounds me
In the eye of the storm

As we close out April, we are so blessed to have been without a known case of COVID-19 on the Landis Homes campus this month! Since our last communication, one test from Residential Living came back negative. To our knowledge, no resident tests are out at this time.

Contact Tracing Activity Log

Check your mailbox for this new tool to help with contact tracing. This system for logging where you have been will make it easier to determine who may have had contact with a person if they test positive for COVID-19.

The tool looks like a calendar and has instructions for keeping track of the times you leave your home. If you are going somewhere on campus, please note the time of day and your destination. If you need to leave campus, please list the places you visited and how long you were gone. Full instructions and examples are on the document.



You will not be asked to share your log unless you test positive for COVID-19. You may contact your social worker with any questions. Thank you for doing your part to help keep our community safe and healthy!

Mother's Day

Sunday, May 10, is Mother's Day. Like our Easter Celebrations this year, Mother's Day will be another time for us to find creative ways to connect with family and friends. Residents and family members have asked if window visits could take place on this day. As much as we would love to offer this, Lancaster County will still be under the Stay at Home order. We will schedule a time for campus-wide window visits as soon as we are able. Some ways we plan to honor ALL women on campus include:

- A special meal delivered from Dining Services – see the Dining & Grocery Guide for the full menu and ordering instructions
- A surprise from Life Enrichment
- Extra team member support at the checkpoint to deliver anything dropped off from family members or friends.

Contractors On Campus

Beginning Monday, contractors may be seen on campus preparing apartments on upper floors for new move-ins. These workers will be screened daily, will wear face masks and will be in residential areas as little as possible.

Reminders & Updates

- Wear face coverings when outside your home. Always cover both your nose and mouth.
- The CDC guidelines for possible symptoms of COVID-19 change frequently. Recently added to the list are chills, repeated shaking with chills, headache and new loss of taste or smell. If you have any of these symptoms, call the Residential Living Nurse.
- Thanks to all who have supported the Coronavirus Emergency Fund! The total raised to date is \$115,000 of the \$250,000 goal. Your generosity is a blessing to all!

Check the Landis Home website for regular COVID-19 updates. Family and friends have access to videos and written information at www.landishomes.org/COVID

Residents and family members may contact Jenny Sheckells with questions or concerns at jsheckells@landis.org or 717.381.3573.

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