Serving with Body, Soul & Spirit

Volunteer Spotlight on Kitty Hershey

Kitty Hershey spent many years volunteering for Black Rock Retreat Center, Quarryville, and with the Red Cross in a local hospital. She first got to know Landis Homes when her father and stepmother, Elias and Edna Esbenshade, became residents in 1992. Near the end of her parents’ lives when they were part of a healthcare household, she noticed some services for residents being carried out by volunteers.

Soon after her stepmother passed away in 2011, Kitty, who at that time lived just outside of Lancaster City, became a Landis Homes volunteer. Her first role was doing transportation for the physical therapy department a few times a month. Later on she added some time helping with resident activities in the Life Enrichment department and enjoyed that very much as well.

Today, Kitty has several volunteer assignments including escorting residents by wheelchair to the hair salon and shopping at Oregon Dairy to stock the General Store on campus. She also helps occasionally with special events like resident teas, programs and events. Kitty is aware that her help is tangibly felt by residents and team members in the variety of tasks that she is able to perform.

“There is more to it than meets the eye,” she says. She shares that through volunteering her relationships with residents has deepened over time on both an emotional and spiritual level.

For her, volunteering involves three elements of giving: body, soul and spirit. She relates it to the example of a three-legged stool that needs each leg in order to stand.

She says, “I do not volunteer in order to receive something in return, but I have been tremendously blessed.”

Kitty and her husband, Clair, became residents of Landis Homes in January 2016. Early in their marriage, they were dairy farmers 10 miles south of Quarryville, and they now see their volunteer endeavors as their new “work.” They agree that being volunteers on campus has helped them get to know some of their new neighbors and other residents.

“The volunteer office provides a wonderful and needed service,” says Kitty. “I believe volunteering is reciprocal…it is both giving and receiving at the same time.”

Kitty & Clair Hershey

---

Volunteers Needed!

Volunteers of 2017

Page 6

Crossings Construction Updates

Page 9

Golf Tournament
June 1, 2018

Page 10

Art Reception on June 6
Jim King’s recent works

Mark your Calendar!!

Fellowship Day at Landis Homes
September 8, 2018
Benefit Auction & Chicken BBQ
Fun, Food and Friends
www.landishomes.org
— Volunteer Needs on Page 8 —

The ministry of Landis Homes is to serve aging adults and their families by honoring and enriching their lives in a community of Christ-like love.
How did Pathways at Landis Homes come to be?

In the winter of 2007-08 the Pathways program which began at Messiah Village (now Messiah Lifeways) in Mechanicsburg was developing well in its second year. Several persons from Lancaster County asked the Messiah Village CEO and President Emerson Lesher for a meeting to discuss the possibility of bringing a similar program to Lancaster County.

Emerson invited me to be part of that original meeting where the discussion included the idea of me administering a Lancaster based satellite of the program perhaps at Landis Home. Emerson invited me to be part of that original meeting where the discussion included the idea of me administrating a Lancaster based satellite of the program perhaps at Landis Home. This group of persons, including a resident, met with Landis Homes leadership to advocate for the program.

An agreement between Messiah Village and Landis Homes was developed in the spring of 2008 with a pilot term of five classes in the fall of 2008.

What has been your involvement in Pathways?

My original connection with Landis Homes was through my former role as the Deputy Director of the Lancaster County Office of Aging which is involved with the Adult Day Services program at Landis Homes.

In 2008, I became the director of the Landis Homes Pathways Institute in addition to the original program in Mechanicsburg and I have had the privilege of researching, creating and developing the program in Lancaster.

Pathways depends on volunteers. What can you tell me about that?

Part of the mission of Pathways Institute is “to foster a quest for lifelong learning that enriches the mind and spirit” of participants, both instructors and students. Considering this mission, Pathways encourages older adults to engage and volunteer in ways that are most meaningful to them. Many individuals share their special talents through teaching, leading and guiding, while others serve as class hosts or lead service trips and projects. The focus is to encourage and empower older adults to continue learning and sharing their many unique talents and abilities. There are also many outstanding Advisory Board members who serve as volunteers.

What do you see as the best examples of collaboration in this program?

The relationship between Messiah Lifeways and Landis Homes has always been and continues to be a significant aspect of Pathways Institute as they share resources which benefit both locations. This allows Pathways to reach many more individuals throughout the South-Central PA area. In addition, many special cultural events and unique projects have been enjoyed over the years by Pathways members through collaborative relationships with other organizations.

What do you see happening in future years?

I have met so many people who wish to continue learning and finding enrichment through classes, field trips and other educational experiences. Enrollment has steadily increased over the years, and students continue to express strong interest in a variety of learning opportunities. Recently, there has been growing interest in enhancing wellness, both physically and mentally. It is also notable that many adults truly want to share their life legacies with others, whatever their interests and passions may be. It will be exciting to watch it grow over the next ten years!
Residents Reflect on Pathways Institute Beginnings

Thoughts from persons who were part of the original groups that met with Emerson Lesher and Larry Zook to discuss the possibility of bringing the lifelong learning program to Landis Homes

“My dream is to see Pathways continue forever with ongoing new curriculum and collaboration between Messiah Lifeways and Landis Homes.”

Connie Stauffer was the first chair of the advisory board. She also helped set up the Forward in Faith Endowment in memory of her late husband, Harold Stauffer, to support the operational costs of the Pathways Institute.

“We appreciate the partnership with Messiah Lifeways, including the key leadership of Susan Stauffer, and learning from each other. This program has become a community favorite and has broadened connections between Landis Homes and the surrounding community.”

Lowell & Ruth Detweiler have enrolled in classes from the first semester onwards. They have both served as class hosts.

“With the new, modern, and enlarged auditorium in the new Learning & Wellness Center, Pathways will be able to expand its classes and have more efficient educational technologies which should streamline the program over time. Parking options for community persons will also be more inviting and convenient.”

Hersh & Norma Leaman served as volunteer hosts for some of the first classes and they continue to serve in this way. Hersh also served on the original advisory board.

Connect with Lifelong Learning 717-381-3577

Link to Pathways Institute at Landis Homes: http://bit.ly/PathwaysInstitute
Give to Forward in Faith Endowment Fund: https://secure.qgiv.com/for/lhrc/
Contact Director Susan Stauffer at sustauffer@landishomes.org
Thank You, Volunteers 2017

Volunteers who contributed 25 hours or more in 2017
Volunteers of all ages gave many hours and lots of love and support to residents in 2017.

*In Loving Memory

Bruce Allison  Ruth Champion  Loretta Fausnacht
Marian Alwine  Ruth Charles  Jeralyn Fenstermacher
Miriam Atkinson  Martha Clark  Debra Frey
Glenn Baer  Marilyn Clisham  Fannie Frey
Elva Bare  Grace Cox  Ruth Gamber
Mervin Bare  Jeanette Crnkovich  Patrice Gehman
Donna Becker  Marie Cutman  Rose Gerlach
Reuben Bigelow  Jacob Deery  Jim Gingrich
Kyle Bitting  Janet Deery  Doris Gochnauer
Nelson Blessing  Joyce Delp  Elaine Good
Cathy Boshart  Betty Denlinger  Glenn Good
Dick Boshart  Ethel Depue  Lois Good
Barb Boyer  Ann Derrick  Nora Good
Dick Boyer  Richard Dotter  Doris Groff
Tim Braun  Gloria Dougherty  Lester Groff
Ruth Champion  Lamar Dourte  Mary E. Groff
Ruth Charles  Brenda Draper  Mary K. Groff
Martha Clark  Douglas Drescher  Mildred Groff
Marilyn Clisham  Alma Eberly  Agnes Hacker
Grace Cox  Janet Eberly  Irene Hailer
Jeanette Crnkovich  Virginia Ebersole  Darline Hammer
Marie Cutman  Kathryn Eckman  Kathryn Harnish
Jacob Deery  Milton Eckman  *Shirley Harsh
Janet Deery  Tammy Emerich  Arlene Heisey
Joyce Delp  Harold Erisman  John Heisey
Betty Denlinger  Warren Evans  Kali Helmick
Ethel Depue  John Kraybill  Lee Henry
Ann Derrick  Thelma Kraybill  Betty Herr
Richard Dotter  Mary Herr  Mary Herr
Gloria Dougherty  Tammy Emerich  *Roy Herr
Lamar Dourte  Harold Erisman  Roy Herr
Brenda Draper  Phil Herschberger  Arlene Heisey
Douglas Drescher  Ben Hershey  John Heisey
Alma Eberly  Clair Hershey  Kali Helmick
Janet Eberly  Kitty Hershey  Lee Henry
Virginia Ebersole  Martha Hershey  Betty Herr
Kathryn Eckman  Milton Eckman  Mary Herr
Milton Eckman  Tammy Emerich  *Roy Herr
Harold Erisman  Warren Evans  Phil Herschberger

Kay Hollinger  Ruth Hollinger
Eleanor Honaman  Ruth Hood
Virginia Hoover  Jean Horning
Blanche Horst  Doris Horst
Esther Hostetter  Pluma Hostetter
Miriam Housman  Morris Hursh
Gerald Ihle  Ruth Jantzi
Janet Ihle  Ruth Johnson
I. Jane Kauffman  Donald Kautz
Judy Keenen  Grace Kehler
John Kraybill  I. Jane Kauffman
Mary Jean Kraybill  Donald Kautz
Thelma Kraybill  Judy Keenen
Ruth Kready  Grace Kehler
Arlene Kreider  John Kraybill
Diane Kreider  Thelma Kraybill
Joyce Kreider  Ruth Kready
Laura Kurtz  Arlene Kreider
Bob Kurtz  Diane Kreider
Debra Lakeman  Joyce Kreider
Carolyn Landis  Laura Kurtz
Clara Landis  Bob Kurtz
Gladys Landis  Debra Lakeman
Lois Landis  Carolyn Landis
Robert Landis  Clara Landis
Geraldine Lapp  Lois Landis
Mel Lapp  Robert Landis
Pearl Lapp  Geraldine Lapp
Wayne Lawton  Mel Lapp
Erma Leaman  Pearl Lapp
Hershey Leaman  Wayne Lawton
Norma Leaman  Hershey Leaman
Becci Leatherman  Norma Leaman
Volunteer Today!

Current List of Openings

- On call substitutes
- Escort healthcare and personal care residents by wheelchair to activities and therapies
- General Store: manager, shoppers, pricers and cashiers
- Dogwood Gift Shoppe cashiers
- Newspaper delivery in the East
- Adult Day Services general volunteers
- Residential Living Entrance greeters
First Phase Almost Completed

By Linford Good, VP of Planning & Marketing

Construction of the Crossings Phase 1 is nearing completion with occupancy beginning in mid-May and the official grand opening planned for early June. The Crossings includes the Calvin G. & Janet C. High Learning & Wellness Center with swimming pool, fitness center, wellness studio, auditorium, art gallery and quiet place.

Owl Hill Bistro, Peoples Bank, Phoebe Pharmacy, Crossings Salon & Spa and Landis at Home, as well as offices of Landis Communities and Landis Homes Residency Planning & Community Relations teams will occupy some of the space on first floor. There are 22 apartments and a meeting room located on the second and third floors.

Walls are going up for Crossings East (Phase 2A) which will have 33 apartments. Completion is scheduled for December 2018. In May 2018, construction of 24 apartments in Crossings West (Phase 2B) is planned to start, with occupancy planned for late-spring 2019.

Director of Residency Planning Sarah Short reports that most of the new residents in Phase 1 will be moving in before the end of June. Those who have reservations in Phase 2A are in the midst of selecting interior options.

“We are waiting for the floor plans and pricing to be finalized for Phase 2B, and then we will begin taking reservations for the 24 apartments in the final phase of the Crossings,” says Sarah.

Residency Planning continues to accept priority deposits for Phase 2B. For more information, email sshort@landishomes.org or call 717-381-3549.

On the Move

Offices and services moving to the Crossings planned to begin in mid-May and following

Leadership Team
Larry Zook, Beth Trout,
Allen Heinly, Linford Good,
Eric Bender, Evon Bergey,
Larry Guengerich

Executive Assistant
Lorrie Stoltzfus

Advancement
Alonna Gautsche-Sprunger,
Naomi Paine, Melissa Kalicicki

Community Relations
Deb Laws-Landis,
Glenda Gingrich

Residency Planning
Sarah Short, Kathy Frey,
Amy Herr

Life Enrichment
Sherri Martin (aquatics team),
Adam Buchanan (fitness team)

Services:
• Landis at Home
• Phoebe Pharmacy
• Peoples Bank
• Crossings Hair Salon & Spa
Michelle Rassler Named Vice President of Operations

Landis Homes recently announced the hiring of Michelle Rassler as Vice President of Operations. She joins the team on May 7.

Michelle, of Bedford, Pa, comes to Landis Homes with more than two decades of experience in Continuing Care Retirement Communities. Since 2015, she has served as the CEO at Laurel View Village, Davidsville, Pa. Prior to that, she was the Executive Director at Luther Crest in Allentown. In addition, Michelle served at Frederick Living in Frederick, Pa, in a variety of capacities including VP of Operations, VP of Marketing, and Personal Care Administrator.

Michelle’s undergraduate degree in Sociology is from Cedar Crest College in Allentown. She has done graduate work in Social Relations at Lehigh University, in Marketing at DeSales University, and in Organizational Leadership and Development at Eastern University.

Landis Communities CEO/President Larry Zook shared, “We look forward to Michelle joining the Landis Homes community. We value her leadership experience in senior living and her support of our mission at Landis Homes.”

Michelle will succeed Eva Bering who retires after 17 years with Landis Homes.

Michelle will guide and support the work of a number of departments at Landis Homes. These include Healthcare, Personal Care and Residential Living, as well as the directors of Campus Services, Dining, Life Enrichment, Outcome Management and Risk Management/Compliance. She will also serve as liaison with RehabCare and Phoebe Pharmacy.

Commenting on this appointment, Michelle said, “I believe that every day is about giving my best for God and following His plans. He has been so faithful through the years and I am grateful that Landis Homes is part of the journey He has planned for me.”

New Director of Nursing Joins Team

It was also recently announced Stacey Goldfarb will be joining the team on May 7 as Director of Nursing. She replaces Danine Bitting, RN, who served in this position for over 10 years and is moving to another role in healthcare at Landis Homes.

Goldfarb most recently was the Chief Clinical Officer at Lancaster Rehab Hospital where she was employed since 2009. Her 30 year career includes experience as an RN supervisor, RN manager as well as other roles in long-term care and acute care settings.

Goldfarb, who lives with her family in East Hempfield, grew up in Mount Joy and graduated from Donegal High School. She enjoys family time, running, reading and spending time at the beach and Mount Gretna.

She attended the University of Tennessee for both her associate and RN nursing degrees. She received a CRRN (Certified Rehabilitation Registered Nurse) from the Association of Rehabilitation Nurses. She is currently pursuing her BSN through Eastern Mennonite University-Lancaster.

In her new role, Goldfarb will be responsible for clinical care administration in all areas of healthcare, including rehab and memory care. This includes program planning, organization, implementation and evaluation of a resident-focused care environment.

About her new work Goldfarb says, “I am looking forward to using my clinical and leadership skills to make a difference for residents, their families and for staff.”
Accepting Donations Now through August 10. Consider donating or helping to find these popular auction items:

- Excursions: hot air balloon rides, theme park or sports tickets, box seats for a group, theater tickets
- Vacation home for a weekend or week
- Antiques, retro items, collectibles, sports memorabilia
- Share-A-Meal: A host chooses the date, number of guests, cuisine, and location by serving at their own home, a location on Landis Homes campus, or hosting at a restaurant
- Outdoor and patio items: furniture, creative yard decorations, small green house, shed, swing set
- One-of-a-kind creations: fine art framed originals or numbered prints, pottery, glasswork, jewelry, fiber, wood or metal creations
- New or vintage antique quilts
- Services: Photography sitting, bouquets of flowers or desserts delivered monthly for a year, car detailing, home maintenance or home improvement services, a ton of gravel delivered, furnace tune-up
- Hours of labor for painting, landscaping, gardening work, automotive repairs
- Hobby starter kits or classes: beverage making, quilting, scrapbooking, golf or tennis lessons, yoga or personal trainer
- Small appliances, ice cream makers, BBQ grills, electric tools
- Car, truck, tractor, lawn mower
- All varieties of fresh baked goods

Volunteers Needed to Prepare for Fellowship Day Ahead of Time

- Callers to follow-up donation requests
- Drivers to pick-up donations in Lancaster County during the months of June, July, August and early September
- Coordinator for Silent Auction/Gift Certificate Board

Volunteers Needed on Fellowship Day Weekend, September 7 & 8

- Set up and take down chairs/tables
- Cashiers
- Auction assistance
- Food Court assistance
- Load trucks & carry boxes
- Unpack and arrange items on tables
- Help in the Children’s Area

To volunteer: volunteer@landishomes.org
To donate: advancement@landishomes.org

“Accepting Donations Now through August 10. Consider donating or helping to find these popular auction items:”

“I have enjoyed meeting people by hosting a Share-a-Meal throughout the years. I like to cook and it’s my way of giving back to Landis Homes because all the money goes to the Caring Fund.” – Mim Noll, shown with her Christmas Share-a-Meal table

“I enjoy working behind the scenes. It’s rewarding to find items for auction and develop relationships with the business owners who donate.” – Roy Weaver

“I really like helping whenever I can, for as long as I’m able.” – Barb Boyer
Meet Siegfried
An Adult Day Services Client

Born and raised in Germany, Siegfried Wendt immigrated to the United States after enduring difficult times during World War II. Reflecting upon this experience, he would often say, “Bitterness only hurts the person who can’t forgive.”

Siegfried settled in Leola where he operated his own upholstery business enabling him to build his home and have a family. A volunteer at the Leola Fire Company, Siegfried was always willing to help others.

Unfortunately, later in life, Siegfried encountered a health issue that prevented him from being alone during the day. His children began looking for a place for him to go that would provide him with fun, structure, and opportunities to relate to others. They found Adult Day Services (ADS) at Landis Homes and Siegfried began attending in 2012.

“Some of the things we enjoy about Siegfried are his sense of humor, gracious personality and his initiative to make new clients feel welcomed in the center,” says Christy Carpenter, Eden West ADS Manager.

His daughter, Tina Eidemiller, shared that through ADS, the family experienced relief knowing he was well-cared for and liked being there. However, when finances began to tighten and Siegfried needed more assistance, the family’s anxiety grew.

Siegfried’s situation is not unusual and there are more families who need assistance. Your support of the Landis Homes Golf Tournament on June 1st, with a goal of raising $61,000, will help families such as the Wendt’s. As a patron, golfer or sponsor, you make it possible for others like Siegfried to receive affordable, quality care as they face declining health. You also give peace of mind to their family members in what can be a challenging time.

Please visit landishomes.org or call Advancement (717) 509-5490 for more information on ways to participate.

“I have no doubt that God has truly answered my simple prayer to be merciful to both myself and my Dad, something I prayed often over the past several years as we dealt with the reality of dwindling resources and his continued need for assistance.”

- Tina, Siegfried’s daughter
Local Artist Featured at First Exhibit in Crossings Gallery

An art reception to be held on June 6 will feature the most recent pastel works of Lancaster artist, Jim King. His show will be the first exhibit to be held in the new Crossings Art Gallery, housed in the new construction.

In prior exhibits at Landis Homes, King has shown a variety of work including painted wood and rug hooking. For this new exhibit, King’s pastels will include still life containing florals as well as views from his travels to the southwest of the US and local scenes of rural Pennsylvania.

King was born and grew up in Southeastern Pennsylvania near Big Valley. He received his art degree from Goshen College in Indiana and is a recently retired store designer from Ten Thousand Villages, Ephrata. In the 1990’s, King lived in Bangladesh, working for Mennonite Central Committee as a product designer connecting with many local artisans in southeast Asia.

“I look forward to helping launch this new gallery at Landis Homes,” said King.

The opening reception, to which the public is welcome, will be held from 3:00 p.m. to 6:00 p.m. on Wednesday, June 6, in the Crossings Art Gallery. Live piano music will be provided by Janet Eberly and Glenda Gingrich.

The works will continue to be on display through July 2018.

Earth Day 2018 Focused on “Dirt”

As this issue of Horizons was being printed, Earth Day, which promotes the importance of environmental issues around the world, was celebrated on April 19 and 20.

On April 19, a yard sale was to be held in the morning as a way to feature recycling and reusing. In the evening, a vegetarian and vegan meal was planned in the Azalea Room to be enjoyed by residents and off-campus guests. The menu included an assortment of healthy vegetarian as well as vegan foods prepared by the dining services team.

The next day, April 20, a film called “Dirt” was to be shown in the West Bethany Chapel. The film is a close up look at the soil that is out of sight most of the time just beneath one’s feet. There was a bus tour to Oregon Dairy Organics to see firsthand the workings of a commercial composting operation right next to Landis Homes.
May 7

**Lancaster Senior Games**
Exercising Body, Mind & Spirit

Opening Day - Lancaster Senior Games
Spooky Nook Sports
Doors open at 7:30 AM
Visit the Landis Communities Display

May 9

Senior Expo
Shady Maple Conference Center, East Earl
9:00 AM – 2:00 PM
Visit the Landis Communities Display

May 21

Parkinson’s Support Group
“Interaction of Medications”
Coleen Kayden, Pharmacist
Westview Community Room
2:00 PM
More information at
717-509-5494

May 29

Memory Loss Support Group
“Touching Lives and Warming Hearts”
Darlene Graham, Keystone Pet Therapy volunteer
7:00 PM
More information at
717-581-3939

June 1

Benefit Golf Tournament
Fox Chase Golf Club
Morning & Afternoon Rounds
More information at
717-509-5490

June 6

Grand Opening Festivities
8:00 AM
[See ad on back cover]

June 6

Artist Reception
Pastels by Jim King
Crossings Art Gallery
3:00-6:00 PM

July 24

Pathways Institute for Lifelong Learning®
Fall Semester Kickoff & 10th Anniversary Celebration
Calvary Church
1:30-3:30 PM
More info at:
thepathwaysinstitute.org

August 1

Benefit Auction Preview Reception
Crossings Art Gallery
6:30-8:30 PM
Preview the artwork & items to be auctioned off on September 8!
More information at
717-509-5490

August 19

Voices of Conscience: Peace Witness in the Great War
Opening Reception
2:00 PM
Crossings Meeting Room
More info: lmhs.org/events/voices-of-conscience

September 8

Fellowship Day
Chicken BBQ & Benefit Auction
Children’s Events, Market Place, Yard Sale
8:00 AM – 3:00 PM
More information:
717-569-3271

October 13

2018 Corn Pickin’ 5K Run
Presented by Oregon Dairy
Proceeds Benefit the Landis Homes Caring Fund
7:00 AM Registration
8:00 AM Start
More information:
717-656-2856, Ext 247

October 20

Explore Retirement Living
Open House
10:00 AM – 4:00 PM

**Bring a Friend Quilting Bee**

Quilting Room in Harvest View Annex
May 18 and July 23 • 8:00 a.m. – 3:00 p.m.
Quilts will be sold to support the Caring Fund at the September 8 Benefit Auction
Snacks will be provided for everyone
Lunch will be provided for those quilting 4 hours or more
RSVP by calling Advancement at (717) 509-5490

www.landishomes.org • 717-569-3271
In This Issue

- Q&A with Susan Stauffer .............. p. 2
- Pathways Reflections ................. p. 3
- Volunteers of 2017 ....................... p. 4-5
- Volunteer Opportunities ............... p. 5
- Campus Updates ......................... p. 6
- New VP of Operations ................... p. 7
- New Director of Nursing ............... p. 7
- Help Needed for Fellowship Day ...... p. 8
- Golf Tournament 2018 ................... p. 9
- Earth Day Celebrated .................... p. 10
- June Art Reception ....................... p. 10
- Calendar .................................... p. 11

Find us on Facebook and Twitter!

Recent Issues of Horizons may be downloaded from www.landishomes.org

Printed on recycled paper.

WEDNESDAY, JUNE 6, 2018
Outside under the new porte cochere

8:00 a.m.  Grand Opening Dedication
8:15 a.m.  Ribbon Cutting Ceremony
8:20 – 10:00 a.m. Take self-guided tours
            View the Major Donor Wall,
            Recognition Kiosk and History Wall
            Enjoy our first exhibit in the art gallery
            Taste delicious refreshments in the Owl Hill Bistro
            Volunteers and team members will be positioned throughout the building to answer questions.

RVSP to Advancement@landishomes.org or (717) 509-5490