Leaman Woods, an area of the Landis Homes campus, has long been left in a natural state. In 2010, the area was named for George Leaman, the first administrator of Landis Homes, and his wife, Grace, who exhibited a love and respect for creation.

On November 15, 2016, 200 residents, team members, family members, and administrators gathered at the entrance to the woods to mark a change in the area spurred by the celebration of the 50th anniversary of Landis Homes in 2014. The group dedicated, blessed, and opened a new paved pathway to make the area more accessible to all, along with a gazebo for use by residents and their families and guests.

Previously, the soft mulch paths through the woods made it difficult for residents and guests using mobility devices to navigate. “The decision was made by residents, leadership, and others to pave at least a portion of the woods and add a gazebo that could be used as a gathering place in this natural area,” said Deb Laws-Landis, director of community relations.

Ribbon cutting was completed by CEO Larry Zook, residents Maddie and Wil Sollenberger, and VP of Planning & Marketing Linford Good, pictured from left in center of photo.
A Walk in the Woods
By President/CEO Larry Zook in conversation with Linford Good, Vice President of Planning & Marketing

Leaman Woods is a natural sanctuary on Landis Homes campus that can awaken the senses to God’s creation. Until this year the woodland was accessible to persons able to walk the uneven terrain. However, the soft mulched pathway made it difficult for those who use walkers, wheelchairs, or scooters to enjoy the wooded land. Observing one of its guiding values “stewardship,” Landis Homes decided to change this situation. In early November a path was paved through Leaman Woods making it possible for more residents and guests to enjoy the benefits of time in the woods. Linford Good oversees physical changes to campus and following are his responses to my questions.

Say more about the health benefits of walking in the woods?
Simply being in the woods and taking in the sounds, scents, colors, and shapes of nature provides an opportunity to wind down and tune in to the natural world. Nature enthusiasts say it alleviates depression, strengthens immunity, lowers blood pressure, increases ability to focus, and ultimately combats illness and disease. Some studies have shown that patients with views of trees out their windows heal faster and with fewer complications.

How do trees clean the air?
Trees absorb carbon dioxide (CO2), removing and storing the carbon while releasing the oxygen back into the air. In one year, an acre of mature trees absorbs the amount of CO2 produced when driving a car 26,000 miles. Trees absorb odors and pollutant gases and filter particulates out of the air by trapping them on their leaves and bark.

Describe the ways woodland prevents water pollution?
Trees reduce runoff by breaking rainfall. This allows Leaman Woods in spring

Continued on Page 3
Access to the Great Outdoors, Continued from Page 1

During the home’s 50th anniversary celebration, a fundraiser was established to raise $50,000 with the goal of creating a pervious paved path through the woods and adding a large gazebo. The effort raised $70,500, and many donations came from several entities, including the Landis Homes Auxiliary chicken barbecue, which contributed $15,000.

Part of the fundraising effort involved a luminaria walk that would light a luminaria in memory of a loved one in return for each gift of a specific amount. The walk was held on Nov. 6, 2014, with more than 1,000 luminarias lighting the campus. The effort raised $33,000 toward the funds needed to pave the path and build the gazebo.

At the dedication, Landis Homes president and CEO Larry Zook recalled the luminaria event. “I still can picture the beautiful sight of all those luminarias lining the paths around the ponds,” he said. “That evening and now ... it continues to be a beautiful example of working together.”

In 2016, work began on seven new cottages, and the new path was created in conjunction with that construction project. Landis Homes vice president of planning and marketing Linford Good oversaw construction. At the dedication, Good discussed the importance of trees in reducing pollution.

Organizers of the effort to create better access to the woods cited the benefits of spending time in a natural environment as one reason to build the path. They noted that connection to nature is believed to restore spiritual well-being. “It is widely accepted (that) a walk in the woods can be great for boosting one’s mood,” Good said.

Landis Homes opened in February 1964. The Leamans lived on the property with the residents, and Grace served as matron. The Leamans continued in that role until December 1977.

(For more, see page 2 for Q&A with Linford Good)

A Walk in the Woods, Continued from Page 2

the water to flow down the trunk and into the ground below the tree preventing stormwater from carrying pollutants to streams. The leaf matter under trees acts like a sponge that filters water naturally and uses it to recharge groundwater supplies. Trees not only improve nutrient removal, they also seem to benefit from the nutrients in stormwater. As a study that compared the growth of trees irrigated with stormwater to trees irrigated with tap water found, trees irrigated with stormwater had greater height growth and root density compared with those irrigated with tap water.

What might a passerby find living and growing in the woods?

A diverse range of plants and wildflowers can be observed in the woods. And a wide range of insects, birds and mammals live in the woods and nearby fields. A walk through Leaman Woods often includes birds singing, butterflies flitting, squirrels playing, and a chipmunk scrambling for cover. Occasionally deer can also be seen passing through the woods.
Grandview and Kirkview Renovations

- The first major renovation has been completed in the Grandview apartment building that originally opened in 1979. Improvements include new carpet, upgraded lighting, and new doorway and hallway arches with a brighter color palette. Renovations also feature a newly decorated lounge and room that now provides extra storage for residents of Grandview. Upgraded mechanical equipment and a fire sprinkler system improve the comfort and safety of residents.

- The exterior appearance of Grandview has changed dramatically with the addition of eye-catching dormers above the patios as well as a new roof. Similar interior and exterior renovations will be completed at the end of January on the Kirkview apartment building which originally opened in 1983.

Please Pardon Our Appearance

For anyone who has visited our campus recently, you know that there are areas that are now fenced off for the preparation work that needs to happen as we begin construction of the new Learning & Wellness Center. We are about halfway through the process of removing 30 older cottages on this construction site.

Please excuse the appearance of these areas over the coming months and the inconvenience caused by closing part of Clematis Drive. Our contractor, High Construction Company, will do all they can to keep everyone safe during construction.

We are hopeful this short term inconvenience will result in a long term benefit for everyone!
A Special Thank You to 2016 Wish List Donors

On behalf of residents and clients served by Landis Homes, we want to thank friends and families who love to fulfill needs and therefore chose to donate towards an item on our Wish List. The following are just three examples of gifts given in 2016 where the donor chose an item because of their own or a loved one’s passion. Thank you for checking out a new Wish List at www.landishomes.org or contact the Advancement Office, (717) 509-5490 for a brochure.

In early December, Gerald and Doris Jean (DJ) Kling, along with sons, Austin and Spencer, donated a new, life sized Nativity Scene with twelve figurines. After seeing the need for a new Nativity Scene in the Wish List brochure, DJ shared, “Our heart’s motivation is that a new nativity will let the world know the meaning of Christmas.” Their donation is in memory of Gerald’s parents, C. Richard and Gail E. Kling, who were Mennonite church planters in Alabama in the 1940s, in memory of DJ’s father, Marlin P. Weaver, and in honor of her mother, Mabel E. Weaver, a Landis Homes resident. Mabel is pictured in the center surrounded by Gerald, Austin, DJ and Spencer (left to right).

Residential Living Nurse, Sue Brechbill (right) shows donor, Barbara Mast, the new golf cart equipped with an all-weather protector. The Residential Living Nurses are constantly on the move and these new wheels will help them respond quickly to calls. Barbara chose to give money for the golf cart in memory of her late husband, Elmer. They enjoyed golfing together and, in fact, Barbara remembers participating in the first Landis Homes Benefit Golf Tournament 26 years ago.

After caroling for residents, Andrea Hess, president of the Friendship Community Aktion Club, presented Landis Homes with a donation check for a new 48 inch flat screen smart TV in the Sunshine Room. The Aktion Club picked the smart TV because they too enjoy watching movies and live streaming events such as the eagle nest in York County. Beth Trout, VP of Advancement for Landis Communities, thanked them for their generosity and expressed how honored we are to be chosen as one of the five organizations they are blessing this year.
Tribute to Loved Ones

*July 1 – December 31, 2016*

Thank you to those listed below who have given a tribute to a loved one either as a Memorial or Honorary gift. We apologize if there are misspellings or omissions on this list. To contact the Advancement Office, call (717) 509-5490

**Gifts in Memory of**

**ESTHER MAE BECKER**  
Betty G. Denlinger  
Vida Jean Landis  
Audrey Musser Murray  
Daniel & Cleta Reinford  
Larry J. & Dawn M. Zook

**ANN H. BIGELOW**  
Reuben J. Bigelow  
T. Bennett & Doris H. Dickerson  
J Henry & Louise M Kadel  
Young Lee & John Kaleigh

**ROY BUCHAR**  
Marcia McGee

**HELEN F. BUCKWALTER**  
Betty G. Denlinger

**EMMA W. BURKHOLDER**  
Reuben J. Bigelow  
Michael S. & Laura J. Burkholder  
Harold & Ruth Frey  
Dorothy Lupinski  
John Jacob Oberholtzer

**ETHEL E. CHARLES**  
Betty G. Denlinger  
Anonymous

**R. ELVERTA DENLINGER**  
Anna Grace Martin  
John Jacob Oberholtzer

**ROY & ELVERTA DENLINGER**  
J. Wilson & Donna Hershey

**RAYMOND EBERSOLE**  
Richelle & Kevin Kegarise  
Timothy Lentz  
J. Donald & Lou Longenecker

**ANNE H. ECKMAN**  
Milton & Kathryn Eckman

**ANNE FRANK**  
Thomas & Linda Frank

**THOMAS E. FRONTZ**  
John Jacob Oberholtzer

**LORETTA GALLO**  
Mary E. Faddis  
Garvey Schubert Barer  
Glatfelter Insurance Group

**Glatfelter Public Practice**  
Constance R. Reynolds  
Monica Thayer  
Betty Zook  
Anonymous

**WAYNE & ELIZABETH GEHMAN**  
Philip R. & Kay Gehman

**LLOYD GOOD**  
Reuben J. Bigelow  
Linford & Beth Ann Good  
Harmony Hallway  
Anna E. Hoover  
Grace Kehler  
Anna Grace Martin  
Anonymous

**C. RICHARD & GAIL E. KLING**  
Gerald & Doris Kling

**BENJAMIN GORMAN**  
Anonymous

**ANNA MAY HABECKER**  
Anonymous

**NELSON L. HAINES**  
John Jacob Oberholtzer

**ANNA A. HEINLY**  
Larry J. & Dawn M. Zook

**REBECCA R. HERR**  
Betty G. Denlinger  
Ellen Herr  
Charles & Barbara Longenecker  
J. Wilbur & Madeline Sollenberger  
Larry J. & Dawn M. Zook  
Anonymous - 2

**VIVIAN I. HOFFMEIER**  
Betty G. Denlinger  
John Jacob Oberholtzer

**J. CLEON HUBER**  
John Jacob Oberholtzer  
Anonymous

**PAUL A. LEATHERMAN**  
Linford & Beth Ann Good

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**Connections Campaign Update & Newsletter**

Through December of 2016, *Connections: A Campaign for the Learning & Wellness Center* has raised over $2.7 million of the minimum goal of $3.2 million.

For more information contact Beth Trout at 717-381-3544 or btrout@landishomes.org or to access the first of four Connections newsletters, visit the Landis Homes website [http://bit.ly/2hDIsKz](http://bit.ly/2hDIsKz)
The start of a new year is a good time to reflect on the past and make commitments to implement changes for the future.

As you consider your 2017 resolutions, we invite you to join the Towel and Basin Legacy Circle by including Landis Homes in your estate plans. This can be done by making a bequest or naming Landis Homes as a beneficiary of an IRA or life insurance policy.

Your legacy gift will make a positive impact by supporting benevolent care, memory support programs, scholarships, learning opportunities, new facilities and much more. Towel and Basin Legacy Circle members create extraordinary possibilities for the future of Landis Homes.

For more information, contact the Advancement Office advancement@landishomes.org  www.landishomes.org. (717) 509-5490

We wish you a happy and healthy new year!
Award Given for Excellence

Congratulations to Geneva Boggess, who is the 2016 recipient of the Landis Homes Award for Excellence in Gerontological Nursing from the HACC Practical Nursing Program. The award is presented to the graduate of the nursing program who “demonstrates clinical excellence in the care of elderly patients and their families.” The award was presented at the HACC Pinning Ceremony in December by Steph Hoffman, Landis Homes Director of Risk Management & Compliance.

Team Members Donate to Local Food Bank

The Team Member Giving Project for this year was to the local food bank run by the Lancaster County Council of Churches. Total donations were $1060.00 in monetary gifts and 687 pounds of food items.

Lunch and Learn Seminar

The Role of a Financial Advisor in Planning and Living through the Retirement Years

February 23, 2017 • Noon – 1:30 pm, Harvest Room

Box Lunch, $10 payable at the door. Reservations required.

Seniors, family members and POAs are invited to an interactive educational seminar over lunch. Discover answers to the following questions:

- How do seniors and their families benefit from using the services of a financial advisor?
- How can a financial advisor help those with moderate to modest resources?
- What type of advice should one expect?
- How can a financial advisor enhance retirement goals, including philanthropic goals?
- How does a financial advisor get paid?
- What will a good financial advisor do and how does one protect themselves from impostors?

*This seminar is for educational purposes and no services will be marketed.*

Call the Advancement Office at (717) 509–5490 or email advancement@landishomes.org by Feb 20, 2017 to reserve your spot.

Eric Groff, CFP, ChFC, is an Everence Financial Advisor and has worked in insurance and financial services since 1993.
Team Member Length of Service Awards 2016

Congratulations to all 62 team members receiving Length of Service awards at this year’s staff banquet.

40 Years
Donna Horst, Dining Services
Anita Lowry, Medical Records

35 Years
Anna Yoder, Laundry

30 Years
Phonsavan Panyanouvong, Heritage Healthcare

25 Years
Sue Brechbill, Residential Living
Stu Landis, Information Technology
Doris Lehman, Landis at Home
Stacey Marley, Healthcare

20 Years
Sharon Cody, Personal Care
Kristin Nace, Health Services
Ellen Oberholtzer, Laundry
Carla Shirk, Eden East

15 Years
Eva Bering, Administration
Lois Gerlach, Personal Care
Noah Hurst, Maintenance
Jen Rohrbach, Personal Care
Betty Sauder, Dining Services
Grace Wenger, Eden West

10 Years
Mimi Bogale, Heritage Healthcare
Chris Cramer, Information Technology
Christy Dietrich, Campus Supervisor

5 Years
Karen Fulmer, Eden West
Krista Groff, Healthcare
Lois High, Hair Salon
Carla Hunt, Landis at Home
Margaret Kosko, Dining Services
Nancy Lenhardt, Eden East
Dolores Martin, Housekeeping
Linda Moore, Campus Supervisor
Juanita Regennas, Personal Care
Valerie Stauffer, Dining Services
Alice Whitman, Office Support
Judy Zdancewicz, Healthcare

Getachew Hirpo, Personal Care
Sandy Horst, Healthcare
Amber Huber, Dining Services
Fawn Johnson, Healthcare
Abel Kandie, Healthcare
Hersh Leaman, Campus Services
Dianne Leeking, Dining Services
Britney Mable, Heritage Healthcare
Lisa Martin, Housekeeping
Mandy Martin, Landis at Home
Deb Moyer, Healthcare
Charlene Mummuau, Finance
Karyn Nancarvis, Office Support
Lauren Patches, Personal Care
Tod Plummar, Housekeeping
Jay Roth, Maintenance
Peter Ruto, Heritage Healthcare
Evelyn Szarota, Personal Care
Marjorie Weaver, Landis at Home
Ron Wolfe, Jr, Maintenance
DoreWorhun, Life Enrichment

Pictured at the banquet are the 4 team members with the longest terms of service awards in 2016, from left: Phonsavan Panyanouvong (30 Years, Heritage Healthcare), Anna Yoder (35 Years, Laundry Services), Donna Horst (40 years, Dining Services) and Anita Lowry (40 years, Medical Records).
Dueck Shows Variety of Artwork in February

An art reception featuring an Ephrata artist will be held at Landis Homes on February 8. Helena Dueck will show her paintings in oils and watercolors as well as her fiber art, which includes many quilted wall hangings. Her work will show a variety of subjects including florals, domestic animals and portraits.

Dueck is a native of Paraguay and spent her formative years in South America. As a young woman she moved to and became a citizen of Canada. In 1967, she moved to and later got her citizenship in the United States. In addition to pursuing her own art interests, Dueck has also given instruction in drawing and painting, including classes at Landis Homes. She is a longtime volunteer at Material Resources Center in Ephrata and a member of Akron Mennonite Church.

The opening reception, to which the public is welcome, will be held from 6:30 to 8:30 p.m. on Wednesday, February 8, in the Harvest View lobby and galleries. Dennis Maust will provide live music.

A snow date has also been set for February 22. The works will continue to be on display through April. For more information, call 717-381-3550 or visit the web site at www.landishomes.org.

Clergy Breakfast Announced

Thursday, April 27, 2017
7:30-9:00 AM
West Community Room • Landis Homes

The Church and “Post Career” Adults: New Models for Changing Times

Clergy/Lay Leaders are invited to RSVP by April 21 to 717-381-3526 or LGuengerich@LandisCommunities.org

Featuring author of Retirement Radicals
Dave Witmer and other experienced leaders.
January 31
Memory Loss Support Group
View and Discuss DVD
“The Senior Gems: Your Guide to Supporting Family Members with Dementia,” featuring Teepa Snow
7:00 PM
Warwick Room of the Heritage Memory Support Center
For more info: 717-581-3939

February 2
Kickoff for Spring Semester
Pathways Institute for Lifelong Learning®
West Bethany Chapel
1:30 PM
RSVP required – 717-569-3271 (ext. 3060)

February 8
Art Reception
Helena Dueck
Mixed Media
Harvest View Galleries
6:30 - 8:30 PM
(snow date 02/22/2017)
Show continues thru April 2017

February 23
“Role of Financial Advisor in Retirement Years” Seminar
RSVP required
See page 8

March 20
Parkinson’s Support Group
First meeting of 2017
Westview Community Room
2:00 PM
For more information: 717-509-5494

April 13
Easter Flower Sale
Benefits Adult Day Services
East Bethany 7:30 AM – 12 Noon
West Community Room
8 AM – 11 AM

April 15
Volunteer Banquet
Yoder’s Restaurant, New Holland
Volunteers giving 25 hours to Landis Homes in 2016 will be honored
By invitation only.
Info at 717-509-5409
12:00 PM

April 27
Clergy Breakfast
Westview Community Room
Churches leaders may RSVP to 717-381-3526
See notice on page 10

May 13
Eastern Mennonite University
STEP (Study and Training for Effective Pastoral Ministry)
Graduation
West Bethany Chapel
2:00 PM

June 2
Golf Tournament to Benefit Adult Day Services
Fox Chase Golf Club
For more information: 717-381-3585
See ad on page 12

Easter Flower Sale
Benefits Adult Day Services
Thursday, April 13, 2017
East Bethany Chapel • 7:30 AM – 12 Noon
Westview Community Room
8:00 AM – 11:00 AM

www.landishomes.org • 717-569-3271
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