The Pathways Institute began offering courses for people 60 and older at Messiah Village, Mechanicsburg, in 2006. Now Landis Homes is partnering with Messiah Village to develop the Pathways Institute in Lancaster.

“We recognize older adults are interested in continued lifelong learning and enrichment,” said Susan J. Stauffer, manager of Pathways Institute at both sites.

Retired missionary, church planter and professor Don Jacobs is building on many of his life’s experiences to serve as one of five instructors for the new Pathways Institute for Lifelong Learning for the fall session.

His class titled “Ishmael and Isaac in the News Today” will explore how this relationship recorded in Biblical history still affects current affairs in today’s world.

“Islam and Christianity have been in conflict since the time of Mohammed in the 7th Century. That conflict has served as the backdrop for modern world history,” said Jacobs. “I am eager to share what I have discovered as I have studied this and hopefully more understanding will give more urgency to our prayers that the eyes of Muslims will be opened to see Jesus as the Savior.”

The concept of Pathways Institute, Stauffer said, is similar to Elderhostel, but the focus is on having interested older adults contribute and share their knowledge and beliefs -- their legacy.

Landis Homes will offer five pilot courses in late October and November. Topics are “Local History -- Downtown Lancaster,” “Economy Today,” “Geology of Pennsylvania,” “History and Future of Social Security” and “Ishmael and Isaac in the News Today.”

All Pathways Institute classes will be held on Landis Homes’ campus. The class on the history of downtown Lancaster will also include a bus tour.

The courses are open to all Lancaster County residents who are 60 or older. Since these are pilot classes there is no fee for the fall. To register or to request a catalogue, call Susan at 381-3577 or email sustauffer@landishomes.org.
I am a strong supporter of use of technology whenever it can help build community, enhance communication, support cognitive fitness, or enable persons to live at the place they desire to call home for as long as they choose.

Building Community…

At Landis Homes the Nintendo Wii game console has offered all ages the opportunity to gather in community around a virtual game of bowling, baseball or tennis. Cheers and laughter are often heard as residents bowl with other residents, and children join in during the summer when school age day campers are on campus.

Enhancing Communication…

E-mail stations have been spread across campus, and much of the campus is covered by broadband wireless internet service to support communications of residents with their friends and families. The Keenagers Computer Club meets monthly in the computer learning center to provide on-going learning opportunities about computer use.

The internet also has provided a way for residents to keep in touch with churches through sharing of photos, videos and audio recordings. At East Chestnut Street Mennonite, the church my family attends, audio recordings of sermons are posted online for the convenience of older members and others.

Supporting Cognitive Fitness…

An exciting new application of computer technology is in supporting cognitive fitness. Landis Homes recently purchased the [m]Power brain fitness system, which according to life enrichment director Marva Godin, “makes (the residents) feel like they’re having fun and gives their brains a workout in critical thinking, memory and computation skills.”

Living longer where one chooses…

New technologies are also available to support persons who desire to live in their current home as long as possible. One such system, QuietCare, seeks to provide peace of mind for elders who live independently. It helps give peace of mind to children and other caregivers as it both alerts in the event of emergencies, as well as serves as an early detection system in giving notification of health problems before they become emergencies.

In June, my family had the privilege to spend time in Japan where we visited the Panasonic ECO & UD Home of the Future. The home is designed to be both ECONomically and ECOlogically friendly and incorporates Universal Design principles that support aging in place. Panasonic identifies six Principles of Universal Design incorporated in the technology that it seeks to seamlessly incorporate into daily life…

• Easy to understand operations
• Space to support easy access
• Uncomplicated displays and indicators
• Peace of mind and security
• Natural posture and ease of movement
• Consideration of how product is used and maintained

The home includes space for three generations as it provides a “Grandmother’s Room” nearby rooms for children. Its design allows family members to sense the presence of others, allowing them to freely come and go while respecting individual privacy.

The home also incorporates “green” design elements and technologies that are purported to reduce the amount of CO2 emissions by the year 2010 to one third of the figure recorded in 2000.

Additional information can be found online…

• Wii and [m] Power at Landis Homes - www.landishomes.org
• East Chestnut Street sermon audio – www.sermon.net/ecsmc
• More information on QuietCare is at www.quietcare.com
• More on the ECO & UD House can be found at http://panasonic.co.jp/euhouse/en/

This complete article can be viewed at the Landis Homes website under Messages from the President in the News & Events section.
Art Reception Features
Two Local Artists

An art reception will be held at Landis Homes, Lititz, PA, on November 6. The exhibition will feature two Lancaster artists.

Kathy Breidenbaugh of Lancaster will be showing her latest watercolor and watercolor and pencil pieces in pastel colors with subjects ranging from flowers to still life. She was an art teacher in elementary schools for a number of years prior to having a family. She is the daughter of resident Doris Gochnauer.

Cathy Moyer of Stevens will be showing her most recent works in oils and watercolors. Her subjects range from historical settings, to still life, to pastoral scenes. Some of her work includes period pieces set at the Landis Valley Farm Museum. She is a member of several local art groups and has participated in many shows and exhibits in the area.

The opening reception, to which the public is welcome, will be held from 6:30 to 8:30 p.m. on Thursday, November 6, in the Harvest View lobby and galleries. The works will continue to be on display through January 2009. For more information, call Landis Homes at 717-581-3935.

PA Deputy Secretary Addresses Annual Meeting

John Michael Hall of the Pennsylvania Office of Long Term Living was featured as guest speaker at the Annual Banquet of the 27th Annual Meeting of the Landis Homes Board. Mike was appointed as Deputy Secretary, Office of Long Term Living in March 2007. The Office of Long Term Living oversees the Departments of Aging and Public Welfare and is charged with oversight of the program, policy and fiscal operations of long term living in both agencies.

In his remarks Hall shared that PA is the third oldest state (age) in the nation, with one of the largest populations of older adults in the country. Hall said the age wave will reach PA five years before the rest of the nation, but the state is less prepared to meet this challenge.

Hall raised the question of how quickly Pennsylvania can prepare for this, and suggested that the state needs to quicken the pace of preparation. The delivery of Long Term Care is on the brink of change, and funding at the state level is intentionally being shifted away from institutional care toward home and community-based care.

Hall suggested that senior service providers put together a menu of many different choices including the retirement community, home services and adult day services to get the right mix for those needing care.

Zook Appointed to National Board

Mennonite Health Services (MHS) Alliance recently announced the appointment of new board members, including Larry Zook. MHS Alliance members are Christian faith-based health and human service providers. Their founding roots and ongoing connections are with the Mennonite Church USA, Mennonite Brethren US and Brethren in Christ denominations.

MHS Alliance’s membership includes retirement communities, nursing facilities and other senior service providers. It also includes organizations that provide inpatient and/or outpatient mental and behavioral health services. According to their website they are “a community of Anabaptist health and human service ministries committed to God’s work of healing and hope in Christ Jesus.”

Larry’s new board tenure began in June. He also serves on the board of Lancaster Mennonite School. He is a member of East Chestnut Street Mennonite Church.

“We look forward to the perspectives and expertise Larry will bring to the work of MHS Alliance,” said Rick Stiffney, MHS Alliance president.
Fellowship Day 2008

Heather Bowman holding her daughter Grace enjoys meeting the miniature pony along with another young visitor. Grace is a toddler at the Children’s Learning Center at Landis Homes.

The Bouncing Castle is a favorite gathering place for families with young children.

Volunteer and resident Grace Kehler gets her meals to take out.

Sharise Gbur, a volunteer from Hinkletown Mennonite School, paints the face of a visitor.

Children of all ages like this brother and sister enjoy the barrel train ride. Other activities included wagon rides and a courtyard railroad display.

Leon Kurtz, center, one of four auctioneers actively sells one of 21 large quilts as Leon Good, left, helps display the quilt and Alice Whitman, right, clerks. The quilt that went for the highest value was the Country Love quilt by Elsie Matz that raised $2,525. Over 450 persons registered as bidders for the live auction which brought in donations for the Caring Fund.
Barbecue Proceeds Make Second Payment of Wheelchair Bus
Drivers Wanted

By Sue Shirk, Director of Volunteer Services

The Landis Homes Auxiliary handles all details for the chicken barbecue, part of the annual September Fellowship Day. Each year the auxiliary members select a capital project for the barbecue proceeds. In past years, funds were contributed toward costs for the Prayer and Memory Garden, updating the Pavilion, installing Life Trail stations, and a three-year project funding the dining area in Ephrata House.

In 2007, the auxiliary designated barbecue proceeds toward partial payment for the purchase of a wheelchair bus. For 2008, the committee chose to donate barbecue proceeds of approximately $13,000 as a second payment towards the cost of the bus, which came to campus in December 2007.

Uniquely designed, the bus provides bench seating and accommodates up to six persons in wheelchairs. On average in 2008, there were 30 bus trips monthly for Landis Homes residents. If you are interested in assisting Volunteer Services as a bus driver – or know someone who may be interested – please call Volunteer Services at 509-5409.
A Will for All You Love

By John Buckwalter, Planned Giving Counselor

No matter how large or how small an estate may be, an up-to-date will should be one of the first acts of stewardship. It’s a special opportunity to show caring for someone’s family and also for one’s favorite charities.

The financial needs of a spouse and children should be assessed and reassessed as the years go by. In the earlier years a major portion of an estate is usually designated for family needs and a smaller portion for charity. Later, as survivor’s needs diminish, the major and minor distributions can be exchanged with a larger portion designated for charity.

At Landis Homes, we are indeed grateful when we learn of a charitable bequest that has been designated for the Landis Homes Caring Fund or the Endowment Fund. Some residents and other friends inform us in advance that Landis Homes is included in their estate plan. In other cases we learn of a gift when an estate is settled.

Matured Estate Gifts received during the 2007-08 fiscal year that ended June 30, 2008 are listed as follows:

<table>
<thead>
<tr>
<th>Fund</th>
<th>Amount</th>
</tr>
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<tbody>
<tr>
<td>Caring Fund</td>
<td>90,052</td>
</tr>
<tr>
<td>Endowment Fund</td>
<td>79,808</td>
</tr>
<tr>
<td>Undesignated</td>
<td>37,105</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$206,965</strong></td>
</tr>
</tbody>
</table>

Remembering the long term health care costs of our Landis Homes’ brothers and sisters through estate planning, is an indication of one’s recognition that Landis Homes is truly a family. Persons are welcome to inform us if Landis Homes is in their will. We are also available to counsel with persons about the charitable dimensions of estate planning.

The Gift Planning phone number is 717-509-5490. The office is located just off the Harvest View lobby.

New Director of Maintenance Begins

Craig Sensenig of Terre Hill recently began serving as the Director of Maintenance at Landis Homes. He will be responsible for oversight of the maintenance and security program.

His prior employment includes working in the maintenance department at Ephrata Community Hospital for over 20 years. He also served as an assistant/youth pastor at Groffdale Mennonite Church for six years. He continues to operate an indoor skate park for teens in the Terre Hill community and surrounding region through his church, Elanco Dove Fellowship which meets in Terre Hill.

Craig’s education includes Garden Spot High School and McCaskey High School. He also attended Reading Area Community College part-time for several years, studying psychology and social work. He has taken pastoral study classes at the Evangelical School of Theology in Myerstown, PA.

Craig and his wife Denise celebrated 25 years of marriage this year. They have three sons: Steve (24), Ben (22), and Ryan (20).

“I’m enjoying the wonderful people and the great support system that’s in place here at Landis Homes,” says Craig. “I’m thrilled to be a part of the team.”
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
</table>
| Nov. 4 | Senior Expo  
Lancaster Host Resort  
9:30 a.m. – 3:00 p.m.  
*Stop by the Landis Homes display*                                                                                                                   |
| Nov. 6 | Artists Reception  
Mixed Media by Kathy Breidenbaugh & Cathy Moyer  
6:30-8:30 p.m.  
Harvest View Galleries                                                                                                                                  |
| Nov. 13| Planned Giving Seminar  
John Buckwalter & David Helms  
Harvest Room  
10:30 – 11:30 a.m.  
To Register Call the Gift Planning Office: 717-509-5490                                                                                           |
| Nov. 17| Parkinson’s Support Group  
“Medical Questions about Parkinson’s Disease”  
Anthony May, M.D.  
Movement Disorder Physician from Wellspan  
Westview Community Room  
2:00 p.m.                                                                                                                                            |
| Nov. 26| Thanksgiving Service  
West Bethany Chapel  
with the Landis Homes Chorus  
7:00 p.m.                                                                                                                                             |
| Nov. 27| Thanksgiving Service  
East Bethany Chapel  
with the Landis Homes Chorus  
10:00 a.m.                                                                                                                                             |
| Nov. 25| Memory Loss Support Group  
“Celebrating Caregivers” through Story Telling  
Warwick Room  
7:00 p.m.                                                                                                                                             |
| Dec.  2 | Christmas Bazaar  
8:00 a.m. - 1:00 p.m.  
Harvest Room                                                                                                                                           |
| Dec.  9 | Service of Remembrance  
West Bethany Chapel  
2:00 p.m.                                                                                                                                             |
| Dec. 14| Advent Communion Services  
East & West Bethany Chapels  
10:00 a.m.                                                                                                                                             |
| Dec. 10| Christmas Tea  
East Bethany Chapel  
1:30 – 3:30 p.m.  
Drop-in                                                                                                                                 |
| Dec. 11| Christmas Tea  
West Community Room  
1:30 and 3:00 p.m.  
(Tickets for 2 seatings)                                                                                                                               |
| Dec. 22| Christmas Carol Sing-along  
Orchestra students of Brenda Coveles  
West Bethany Chapel  
7:00 p.m.                                                                                                                                             |
| 2009   |                                                                                                                                                    |
| Jan. 1 | Gwen Weisman & Emma Herr  
Piano & Clarinet Duet  
East Bethany Chapel  
10:15 a.m.                                                                                                                                             |
| Jan. 27-30| Renewal Meetings  
West Bethany Chapel  
Speaker - Leon Hurst  
Pastor, Weaverland Mennonite Church  
7:00 p.m.                                                                                                                                             |

**Christmas Bazaar**  
Including Homemade Goodies!  
Poinsettias - $10.00 each  
Tuesday, December 2  •  8:00 a.m. - 1:00 p.m.  
Harvest Room *(Harvest View, Second Floor)*  
Proceeds Benefit The Caring Fund
Reader’s Choice Awards Recognize Several Campus Services

For the third consecutive year Landis Homes was selected favorite Assisted Living Residence. Readers of Lancaster Newspapers select their favorites in many categories, including food, apparel, leisure, financial, medical, etc. Landis Homes was also selected runner-up in the Retirement Community category.

Hildebrandt Learning Centers, operator of Children’s Learning Center at Landis Homes, was selected favorite Day Care Center. And Bonnie Kauffman, employee of PNC Bank at Landis Homes, was selected runner-up in the Friendliest Teller category.

Congratulations to all members of the Landis Homes team for being leaders in serving one another.

Bonnie Kauffman, Assistant Branch Manager holds the award outside of the campus bank branch.