

## New Campus Shuttle Service Begins

With sunshine and a week of unusually warm temperatures for March, a new service began on the Landis Homes campus. A shuttle service is now available every weekday during designated morning and afternoon hours for residents who live on campus. Ten shuttle stops are newly marked where residents can catch a ride every half-hour. Ten volunteer drivers are on a weekly schedule to provide the needed service.

For the first day of the service, the Volunteer Services department as part of a planning committee held a number of special events. For the inaugural run of the day the shuttle vehicle, a Ford Taurus wagon, was joined by some more unusual forms of transportation. In the procession was a buggy pulled by a horse named "Blackie," and three antique cars, including one with a rumble seat. Provided by the Red Rose Antique Car



An inaugural procession for the first-day run of the shuttle included (from left) a horse and buggy, Model A Ford, 1938 Plymouth, 1947 Chevy and the shuttle, a Ford Taurus wagon.

club was a 1930 Model A Ford driven by Bob Wade, a 1938 Plymouth driven by Frank Bair and a 1947 Chevy provided by Bill and Grace Newswanger.

There were balloons at all stops and on all vehicles. The ten drivers were given specially designed caps and every passenger of the day received a small gift.

"What a fun way to bring peoples' attention to this expanded service. It was a great day," said Helen Peifer, Director of Volunteer Services.



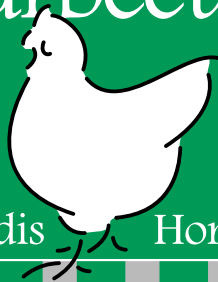
### In This Issue

Volunteering	p. 3
Muscle Mystery	p. 4
Quilters Appreciation	p. 5
Will Planning	p. 6
New Staff	p. 5 & 7

September 9, 2000

Auction at 9:00 a.m.

Fellowship  
Day and  
Chicken  
Barbecue



Landis Homes



## Attention Golfers!

Benefit Golf Outing  
June 2, 2000  
Foxchase Golf Club

Proceeds will benefit the  
Adult Day Services program.

Call the Development Office at  
569-3271, ext. 3104 for spon-  
sorship and registration materials.



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*Horizons* is a quarterly newsletter of Landis Homes Retirement Community, a ministry of Lancaster Conference of the Mennonite Church commissioned to provide quality programs for the enrichment of senior adults in an environment of Christian love.

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Vol. 8 No. 1



*A Commitment to Excellence*



# Change for the Better

In the 1970's I remember feeling uncomfortable after a discussion with a consultant in the long-term care center where I



**Faith Hoover**

wandered left me with a nagging feeling that something was not right.

In 1998 I stopped a prospective resident as she passed my office at the end of a tour of the Lancaster House. "What did you think of the Lancaster House?" I asked her. She replied softly, "I feel like I have been here before." Her response was gratifying. The residential design and quiet environment had made it feel familiar to her. In the eighteen months since *The Heritage* opened we have had many opportunities to be grateful for our well-designed special care center.

*The Heritage* is home to 26 healthcare residents and 15 assisted living residents. It also serves 30 Adult Day Services clients and their families and has a respite room for brief stays. Staff and over 50 volunteers who provide care and meaningful activity are specially trained in

working with persons with memory loss. The homelike feel has carried over into what the residents do each day. Their schedule includes music, exercise, baking and a daily devotional. We've nurtured an orphaned baby rabbit and watched 12 fertile eggs hatch into 12 fluffy chicks. As the activities help the residents remember, staff have encouraged them to talk about the warm memories of an earlier time. I remember so well the nagging feeling I had 25 years ago that we could do better in caring for persons with memory loss. It is my privilege and delight to provide leadership in *The Heritage* with caring staff in an environment that enhances the lives of the persons who live there.

*Faith Hoover  
Director of Adult Day Services  
and Special Care*

## Welcome New Residents

### *Independent Living/ Residential*

- Paul G. and Miriam T. Burkholder
- Stella H. Clymer
- Wayne and Elizabeth Gehman
- Muriel G. Hager
- Robert W. Kranz
- Norman L. Martin
- Arthur R. Nissley
- Robert H. and Alta M. Ranck
- Menno D. Sell
- Lillian S. Sweigart

### *Assisted Living/Health Care*

- Bertha Ash
- Marian S. Bare
- J. Harold Buckwalter
- Clarence L. Haushouer
- Mary E. Martin
- Milton L. Shaub
- Marie A. Morgan
- Ruth W. Martin

## Correction

Addition and change to *Horizons*, Winter 2000 Memorial Gifts

### *In Memory of:*

**MARY ZIMMERMAN**  
Readers' Hour Book Club

**ANNA E. METZLER SHANK**  
J. Lester and Lois Brubaker

# Volunteers Plant Seeds of Hope

As guests entered the Volunteer Appreciation Banquet doors at Yoder's in New Holland, they were greeted with the lovely piano music of Marlene Hershey, Landis Homes, employee. Warm welcoming words from Ed Longenecker were followed by a tasty meal and good fellowship. Larry Zook and Helen Peifer expressed words of appreciation built around the way that "Volunteers Plant Seeds of Hope" in the wonderful work they do for residents at Landis Homes. The Mast family, Shirley and Cliff with their sons Ryan, 12, Derek, 9, and Cameron, 6, shared their lively and lovely violin music, as well as inviting guests to share in the singing of several encouraging songs. The Rev. James Singer told the inspiring story of Heinrich Kramer, a mountain climber, who learned after many years of being the first to reach a summit, how blessed he was when he helped a disadvantaged person experience the excitement of reaching it first. Spring flowers, butterflies and packets of flower seeds that decorated the tables



enhanced the theme, VOLUNTEERS PLANT SEEDS OF HOPE IN THE HEARTS OF OTHERS.

Helen Peifer  
Director of Volunteer Services



Fannie Stoner, center, spends time with "Peter" rabbit and volunteers and sisters Bethany and Katie Hackman.



Retiring West Mail Supervisor Ray Metzler, right, holds up his mailbox poster with an assist from President Ed Longenecker. A reception was held in his honor and as an appreciation for all mail volunteers.

## Volunteer Opportunities

### THE HERITAGE

*(Special Care Center for persons with memory loss)*

- Help serve noon or evening meal to residents
- Go on supervised walks with residents

### EAST CAMPUS

- Reminisce with a small group
- Certified massage therapist - use your skills

- with residents in our Health Care Center
- Play keyboard, autoharp, accordion for a small group
- Help group of residents tend Landis Homes perennial garden
- Drive 25-passenger bus off campus to special events (day or evening)

To inquire about any of these needs, please call Helen Peifer or Joyce Shenk at 569-3271, ext. 3079

# Muscle Building Mystery

Have you been walking the halls lately? Have you noticed that some residents are walking taller and stronger? Do you want to know their secret? Stop by the exercise room – it's becoming one of the busiest places on campus. If you are not sure where it is, enter at the Westview lower level entrance and walk past the pool to the right and you will walk right into



Boyd Wert, seated, receives orientation on using the new Keiser leg press from fitness staff Jane Yoder.

the room. In this new year we received three new pieces of Keiser exercise equipment: leg press, chest press and leg extension. Air provides the resistance for this equipment and it is all at your fingertips, literally! This joins seven pieces added in 1998 with more to be added in the next year.

Don Kallihan, a representative from Keiser, came to Landis Homes to share with us the benefits of using this equipment.

He said muscle strength, range of motion and balance were just a few of the many benefits of doing this type of exercise. Do you notice that your walking is not what it used to be or that you have trouble climbing stairs? Then what are you waiting for? The exercise room is ready and waiting for you!

This room is available to both residents and staff who have completed an orientation. To learn how to use this equipment or set up a time for orientation stop by when the exercise room is open or call

Melanie or Jane at Ext. 3065. You only have to invest a handful of minutes out of your day, but you will maintain an increase in your quality of life and independence. And as we say, "Use it, Don't Lose it!"

Melanie  
Mascarenas  
Pool and Fitness  
Coordinator



Mary Jane Saus and Franklin Smith get in on the fun of Hat Week at the pool.

# Quilters Appreciated and Inspired

As an appreciation to persons who piece, applique' and quilt a brunch was held recently sponsored by the Development Office and the Activities Department.

The guest speaker was Nancy Roan of West Chester. She is a quilter, quilt historian and writer. She is the author or contributing author of the books, *The Quiltie Ladies Garden Journal*, *Quiltie Ladies Scrapbook*, and *Lest I Shall be Forgotten*. She brought both old and new quilts from her collection to display.

Prior to the brunch persons were invited to come and spend some time looking at the quilt collection and actually quilting, if they chose.

The beautiful tables were decorated with pieced quilt tops and antique teapots. As a favor each guest received a calico-lined cup with mints and a package of quilting needles.

For more information about quilting at Landis Homes contact Joanne at 569-3271, ext. 3104.



Guest speaker and quilt historian Nancy Roan, left, talks about her quilt collection with visitors Peggy Hasson, Kristen Gochnauer and Becky Gochnauer.

## New Director of Social Services Begins



Chuck Maines

Charles "Chuck" Maines began working as Director of the Social Services department in April. He comes to Landis Homes after five years in the same position at Fairmount Homes in Ephrata. In his new position he will supervise the three other social workers, Elizabeth Weaver, Pam Brubaker and Karin Gingrich-Weaver, and

give overall leadership to the department.

Chuck grew up in New Jersey one of four children, coming to Lancaster in 1987 to attend Lancaster Mennonite High School. After graduating from LMHS in 1991, he attended Eastern Mennonite University in Virginia, graduating in 1995 with a BS in Social Work. Chuck is a member of the National Association of Social Workers.

In addition to his new position, Chuck will have another life change on June 17 when he gets married to Ada Huyard. His hobbies include golf, soccer and computers. Chuck worships at New Life Assembly of God Church. Of coming to work at Landis Homes, Chuck says, "I feel this is the place God wants me to be."

# Your Will, An Act of Christian Stewardship

No matter how large or how small your estate, making and updating a will is one of your most important acts of stewardship. It is your chance to care for those you love: your family, friends, church and charities. In this article you will find commonly asked questions with regard to a will.

## Who Needs a Will?

Every adult should have a will. If you die without a will, the laws of your state will determine how your assets are distributed. This might not be in accordance with your wishes and sometimes creates extra expenses and taxes.

## How do I Write a Will?

Writing a will is a task for a trained professional. Consult an attorney who can express your wishes in proper legal language. Most attorneys will write a simple will for a reasonable fee. You may want to consult an attorney who can plan objectives with a Christian perspective in mind.

## How do I Provide for my Loved Ones?

The economic needs of your survivors is a primary concern when writing a will and these needs change over time. Organizations like the Mennonite Foundation can help with will planning in special circumstances. Survivors may benefit through the establishment of a trust which could be set up to meet the need as you directed.

## What do I Need to Consider in Setting up my Will?

While there is no legal document called a “Christian will” there are certain things that distinguish a Christian’s will. Here are some. Make fair, sensible and adequate provisions for loved ones in keeping with their needs and the size of your estate. Record your wishes on such matters as to whom should receive specific family heirlooms and keepsakes. A convenient way to leave assets to charity is through the Mennonite Foundation, which will distribute the funds to charities you have recommended. You may also give directly through your will to Landis Homes.

## When do I Review my Will?

A will should not be a static document. It should change as your situation in life changes. Here are some suggestions on when you should review your will.

- Every three to four years.
- If your marital status changes.
- When a significant financial change occurs.
- When tax laws change.
- When you want to change an executor, trustee, or guardian.
- When you want to change the charities you choose to support.

## ACT TODAY!

For more information, contact Cathy Yoder in the Development Office 717-569-3271, Ext. 3080 or the Mennonite Foundation at 717-560-6800.

## In Loving Memory

Reba Nolt	01/30/00
Warren Dise	01/31/00
Anna E. Martin	01/31/00
John W. Gehman	02/05/00
Ida E. Winters	02/06/00
Anna M. Denlinger	02/07/00
Wilmer Rutt	02/09/00
Elizabeth Shissler	02/11/00
Elvin High	02/12/00
Esther Wentling	02/13/00
Mary O. Horning	02/23/00
Mabel Marner	02/25/00
Franklin Hooper	03/03/00
John M. Landis	03/13/00
Anna S. Good	03/13/00
Kermit Zimmerman	03/16/00
Alverta Rohrer	03/16/00
Ruth B. Landis	03/19/00
Clyde D. Fulmer	03/21/00
Esther Mae Fisher	03/23/00
Ella B. Buchen	03/24/00
J. Sylvester Blank	03/28/00
Beatrice McDonald	04/06/00



Gabe, has now been on Landis Homes campus for one year and enjoys visiting with residents like Clarence Esbenshade.

# New Vice President Joins Team



**Eva Bering**

Eva Bering has begun working at Landis Homes as the Vice President of Clinical Services. In this new position Eva will give leadership and oversight to various programs and services including Healthcare, Assisted Living, Residential Services, Dementia Care, Activities, Social Services and Adult Day Services.

Eva brings an extensive healthcare background to this new position. Since June of 1995, she has been Vice President of Operations/Chief Nursing Officer for Susquehanna Health System which is a three-hospital integrated delivery system in Williamsport, PA. Eva's responsibilities in long-term care included assisting in the development of staffing plans, evaluating the quality improvement program, and initiating a county-wide Certified Nursing Assistant training program.

Previously, Eva served as Vice President of Patient

Care Services at Providence Health System, Williamsport, and Vice President of Nursing at Westmoreland Regional Hospital, Greensburg, and Good Samaritan Hospital, Lebanon. She is a Registered Nurse, and attended St. Joseph Hospital School of Nursing in Lancaster and Lebanon Valley College. She also has a Masters Degrees in Health Care Administration and Nursing Administration from Central Michigan University and Widener University. She has been involved in numerous teaching experiences, including workshops in local colleges and presentations at the American Organization of Nurse Executives Annual Meetings. She is a Nursing Home Administrator (NHA) candidate, with plans to take the exam this year.

Eva, a resident of Lebanon, has two grown children and, as she says, "two darling granddaughters, ages seven and two." Eva worships at Living Waters Chapel and also serves as volunteer Board Chair for a Lebanon Christian transitional residence program for individuals rehabilitating from substance abuse.

On being part of the Landis Homes team, Eva says, "I truly appreciate the consistent emphasis that is resident focused, on both quality of life and on caring. It is also wonderful to be in an environment where Christian values underlie all happenings."

## Calendar Of Events

SUN	MON	TUE	WED	THR	FRI	SAT
<b>May 16</b>	<b>1</b> Lancaster Mennonite High School Students Art Reception Mixed Media 6:00 - 8:30 p.m.	<b>2</b>	<b>3</b>	<b>4</b> 7:00 p.m.	<b>5</b>	<b>6</b> West Bethany
<b>7</b>	Harvest View Galleries		<b>10</b>	<b>11</b> <b>June 2</b> Golf Tournament to Benefit Adult Day Services Tee-offs: 7:30 a.m. & 1:00 p.m. Foxchase Golf Club		Stevens, PA
<b>May 18</b>	<b>Health and Wellness Fair/Open House</b> 9:30 a.m. - 7:00 p.m. Displays, Tours, Speakers & Barbershop Quartet West Campus		<b>17</b>	<b>18</b> <b>June 6</b> Strawberry Social Sponsored by the Auxiliary 6:30 p.m.	<b>19</b>	East & West Campus
<b>May 24</b>	<b>Senior Celebration</b> East Courtyard Young Animals, Music & Refreshments 1:30 - 3:00 p.m.	<b>23</b>	<b>24</b>	<b>25</b> <b>Aug. 13</b> Galilean Service Speaker: Ken Sensenig 6:30 p.m.	<b>26</b>	<b>27</b> Near East Pond
<b>May 25</b>	<b>Ascension Day Services</b> Speaker: Karl Steffy 10:00 a.m.	<b>30</b>	East Bethany			



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**Retirement Community**

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# Health And Wellness Fair

## Open House

Thursday, May 18, 2000



*“Staying Healthy in the  
New Millennium”*

Multiple Speakers

9:30-10:30 a.m.

West Bethany Chapel

*“Keeping the Mind, Body & Spirit  
Healthy Through Activity”*

2:00 p.m.

Physical Therapist Al Basciano West Bethany Chapel

*Open House*

11:00 a.m. - 2:00 p.m.

Tours originate from Westview Entrance

*Evening of Music,  
“Off the Record”*

7:00 p.m.

Barbershop Quartet

West Bethany Chapel

*Wellness Displays*

10:30 a.m. - 2:00 p.m.

Westview Community Room



**All Are Welcome**

**Invite friends, neighbors and family members.**

**For a brochure or more information: (717) 581-3938**