

Volunteers Bringing Success to Capital Campaign

Dozens of volunteers are helping to raise money for the new healthcare center being planned for Landis Homes. Led by J. Kenneth Brubaker, M.D. and a volunteer steering committee, many friends have been asking others to join them in giving to the new healthcare center and the extensive renovation of the Dogwood building.

Already the total committed toward this major project is \$1,160,000, more than one-half of the \$2 million goal. Most recently the Constituency Gifts Division, led by Frank Shirk, has begun making their contacts. Shortly, all readers of *Horizons* will be given the opportunity to participate, providing they have not previously been asked to give.



Ed Longenecker holds the *Building to Serve* Capital Campaign booklet with Campaign Chair Ken Brubaker, M.D.

Fifty-two nursing beds will be replaced by the new facility, which will be attached to the present Heritage Center. Following the more home-like design of the Heritage Center, the new areas will provide better privacy, more space and happier living arrangements. The remaining nursing rooms in Elmwood Healthcare will also be renovated, making them more

(See Campaign, page 7)



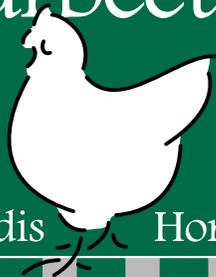
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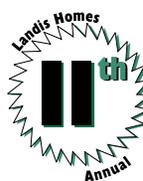
September 14, 2002

Auction at 9:00 a.m.

Fellowship
Day and
Chicken
Barbecue



Landis Homes



Attention Golfers!

Benefit Golf Outing
June 7, 2002
Foxchase Golf Club

Proceeds will benefit the
Adult Day Services program.

Call the Development Office
at 509-5490, for sponsorship
and registration materials.



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Horizons is a quarterly newsletter of Landis Homes Retirement Community, a ministry of Lancaster Conference of the Mennonite Church commissioned to provide quality programs for the enrichment of senior adults in an environment of Christian love.

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A Commitment to Excellence



Enhancing Healthcare

“I don’t want to end up in a nursing home” is a statement I frequently hear in my conversations with older adults. The image of life in a nursing home is often negative. One of the reasons for this negative image is the physical environment found in many nursing homes does not accommodate privacy, dignity or activity. Landis Homes is building a new healthcare center to better serve the needs of older adults.

Privacy

Most nursing homes, like Dogwood Healthcare at Landis Homes, built in the 1960’s and 70’s provide semi-private rooms with side-by-side beds. With this room arrangement the only way to have minimal privacy is to close a cubicle curtain. When the new healthcare center opens in Summer 2003 Landis Homes will eliminate all semi-private rooms in healthcare with side-by-side beds. Instead, residents will live in a private room or a room with a shared bath, but private living areas.

Dignity

Maintaining dignity is difficult in a crowded environment. Up to 48 residents live in the 15,500 square feet that make up Dogwood Healthcare. This provides 323 square feet per resident for living, dining, bathing, and sleeping. In Dogwood many doors have been removed from bathrooms and replaced with a curtain because the door swing used too much space. The new healthcare center will provide over 700 square feet per resident. Bathrooms will

have adequate space for a door and a shower. Residents will have the option of bathing in their room rather than traveling to a central shower room.

Activity

In the past nursing homes have been designed using a “hospital” model where patients are ill or injured and in bed. In Dogwood Healthcare a resident leaving her room finds a congested corridor and minimal common area. Nursing home residents are often out of bed pursuing some type of activity. The new healthcare center design includes four houses, each providing a home to 13 residents. This smaller setting encourages relationships and activities with neighbors. In the house a resident will find a country kitchen, living room, activity area and family room or nook. The additional space provides a place for activity.

Our vision to make senior years the best years includes persons with declining health as well as persons in good health. Improving the physical environment is a step toward a more positive image of life in a healthcare center or nursing home.

*Linford Good,
Vice President of Planning and Marketing*



Linford Good

Groundbreaking for New Healthcare Center

May 28, 2002

Ceremony will start at 5:00 p.m.

Along Homebrook Drive to the rear of the Heritage Center. Landis Homes leaders plan to break the ground in preparation for the start of actual construction using a team of horses.

All are welcome

Families and other friends of Landis Homes are invited to join us in this special event.

For more information, contact the Development Office at 717-509-5490

A Trip of Blessing and Hope for New York City

An Elite bus with 59 Landis Homes' residents and their friends set out for New York City in early April. We had an expert driver who made no wrong turns. John Kraybill and his wife Thelma, recent residents of Landis Homes, had worked and lived in New York City beginning in the 1950's. John was our knowledgeable escort who pointed out every important site along the way.

At the Bowery Mission, which has had 120 years of operation, we discovered Fannie Crosby's original piano on which she'd composed "Rescue the Perishing." We attended the midday service with men from the

street. Grace Landis played the piano and Martha Stahl led our hymns as we sang with the men.

We passed by St. Paul's Chapel to observe the Twin Tower Memorials posted in front. From our high vantage point in the bus we could view Ground Zero very well.

Our late lunch was at a Greek diner, where our group sat among the usual patrons. Afterwards, we went by Central Park – 843 acres of grass, trees and rocks in the heart of the city.



Mae Hoover, Arlene Herr and Doris Perkins sit together for worship at Seventh Avenue Mennonite Church.

We then drove through Harlem where we saw children walking home from school with backpacks. Bill Clinton's offices were there along with the Seventh Avenue Mennonite Church which owns three five-story buildings. Peter Cassel, congregational elder, articulated very well who the 18 Anabaptist Congregations are in all the five boroughs of NYC.

Rain sprinkled as we left – blessing them and us. We took offerings for the Bowery Mission and Seventh Avenue Mennonite Church totaling \$1,000.

We had a perfect day with a range of experiences. From the sadness at the Twin Towers to the poverty at Bowery Mission and the faith of the Seventh Avenue Mennonite Church. We left grateful to John Kraybill and staff person Janice Hess for arranging a well-planned trip and with much hope for programs for the needy persons of NYC.

–Miriam Housman, Resident



John Kraybill holds the door to Seventh Avenue Mennonite Church open for the Landis Homes travelers.

Welcome New Residents

Independent Living/Residential

J. Eby & Kathryn Hershey
 Charles B. & Alverna H. Hess
 W. Elton Lauver
 Frances C. MacNeill
 Leon G. Noll
 Milton D. Ramer

Assisted Living/Health Care

Margaret Byler
 Morris E. Eckert
 Peter E. Forlin
 Ruth E. Groff
 Ethel Kurtz
 Dell Laws
 Joseph W. Marshall
 Mae S. Metzler
 Robert Mowery
 Helen B. Mylin
 A. Margaret Newswanger
 Leroy R. Pfautz
 Frederick M. Robbins
 Daniel E. & Arlene E. Sauder
 Grace E. Steffy

Coach Trips for All Residents

May 20-22 Holmes County, Ohio

June 20 Philadelphia, PA
 8:30 a.m. to 4:30 p.m.

September Tangier Island, VA
 7:30 a.m. to 3:30 p.m.

Bus Trips for Healthcare/ Assisted Living Residents

June 4 Gettysburg, PA
 8:45 a.m. – 5:00 p.m.

June 25 City Island, Harrisburg, PA
 Pride of Susquehanna Riverboat
 9:30 a.m. – 3:30 p.m.

Craft and Hobby Display Creates Interest

Over 100 residents and visitors came out for the Craft and Hobby displays in the community room in April. Twenty-one residents and three staff persons brought a variety of items to show and interests to share.

Frank and Wanda Wilson demonstrated sewing machine embroidery, Barb Cooper displayed Psanky eggs and Melvin and Pauline Stoltzfus had a table full of woodcraft miniatures. Luke Shank shared about bird watching and also brought some of his African violets to show. Joanne Ramsbottom had a display of miniature tea sets and Mary Hess brought a selection of scrapbooks.

Other tables had paintings by Michele Martin, braided rug making with Lois Landis and ceramics by Darline Hammer. Virginia Ebersole had counted cross-stitch, Ruth Weber had crocheted items and Cora Shreiner had her extensive collection of cardinals. There were several woodworkers with items to show including John Brenneman, Landis Hershey and Sanford Hershey.

(See Crafts, page 7)



Melvin Stoltzfus shows some of his woodcraft miniatures to Ruth Balmer at the Craft and Hobby Show in April.

Winter Games 2002 Stimulate Mind, Body and Spirit

The third annual Winter Games was held recently at Landis Homes, with the goal of exercising participants' spiritual, physical and emotional vigor.

The day kicked off at 7:00 a.m. with two dozen residents walking through the halls for the "Morning Marathon." The day was then formally started with staff and residents in attendance at the "Opening Ceremonies." Following an opening prayer, the events agenda was reviewed and morning stretches were done to get ready for the day.

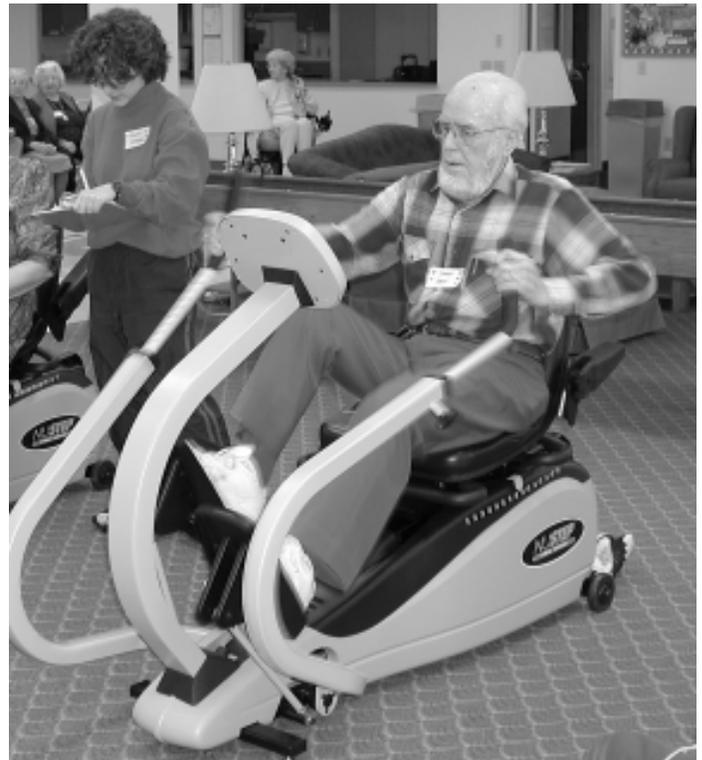
Then the "The Challenge" events began. Participants were divided into teams. The goal for each of four

teams was to complete challenges including: bowling, Nu-step (climb 500 steps), mind games (puzzles) and air ball. An additional challenge that was new this year

(See Winter Games, page 6)



Residents enjoy the newest Winter Games challenge, "cane hockey."



Melanie Mascarenas keeps track of times as Simeon Hurst takes his turn on the NuStep machine at the Winter Games.

Volunteers Give the Time of Their Lives

The other day, when the Maintenance Department called for a volunteer to run an errand, I called one of our faithful volunteers to see if he had time. He replied, "Sure, I can do that! I have the time and I was just praying for someone to call me!"

How blessed I felt to have that kind of a response - again! It happens regularly around here. Volunteers include people who live on and off Landis Homes campus and people of all ages. Families with small children come to bring joy, new retirees come to visit, play games, sing and play music and some assist with mealtimes. One of our most recent volunteers, a 96-

year-old resident, loves to mend. They all want to give; whether spending time with one resident or doing a task that benefits many, volunteers enjoy serving! Volunteers giving time, talent and energy to our residents make life meaningful to them, and make the Volunteer Services office a most exciting and satisfying place to work!

These were the thoughts behind choosing the theme we used for the volunteer-honoring brunch this spring: *Volunteers Give the Time of Their Lives*. As we celebrate the 61,500 hours given in the year 2001, we also get the feeling that the volunteers are having the *time of their lives!*

*Helen Peifer,
Director of Volunteer Services*



Mail is sorted and distributed six days a week by a team of volunteers in three mail rooms on campus. Pictured here are John Boll, Gladys Gingerich, Warren Weiler and Paul Eby.



Lancaster Mennonite art student volunteers painted a mural in the new fitness room. Pictured are Adrienne Landis and Caroline Stoltzfus.

Volunteer Opportunities

- **Plant and maintain a flower bed near an entrance.**
Green thumbs welcome!
- **Host a birthday party for Independent and Residential folks in the Community Room.**
It's a fun evening group project and we have openings for October and November.
- **Bus driver with CDL**
Taking residents to programs, special events and

shopping is an enjoyable thing to do.

- **Bless the hearts of small groups of people in Healthcare before or after supper.**
Guitar, accordion, harmonica, harpsichord, keyboard

Volunteer Opportunities are updated regularly at www.landishomes.org

Contact Joyce or Helen in the Volunteer office at 717-569-3271.

New Director of Independent Living Begins

Landis Homes announces Beth McGovern RN, has accepted the position of Director of Independent Living, effective in April 2002. She is a graduate of the Allentown Hospital School of Nursing and attended Messiah College, Grantham.

Her past experiences include serving for six years as Assistant Director of Nursing and then as Director of Nursing at Ephrata Manor, several years as a case manager in home health nursing and in surgical nursing. Most recently she worked at HealthSouth Surgical Center as a peri-operative nurse.

In this new position Beth will be responsible for assessment, coordination and delivery of all services to residents in independent living residences.

Beth lives in Lancaster with her husband Tim and

their two cats. They are members of the Evangelical Free Church in Hershey. Of joining the Landis Homes team, Beth says, "The sense of community is really exceptional here. I know my life will be enriched and enhanced by the people here."



Beth McGovern

Support Groups at Landis Homes

Memory Loss Support Group meets the last Tuesday of each month except December. The group organized for education and support meets under the auspices of the Alzheimer's Association, South Central PA Regional Office. It is free and open to the public. Respite care is available on site with a prior 24-hour request. For more information call 717-581-3939.

Parkinson's Support Group meets the third Monday of each month from March through November at 2:00 p.m. in the Westview Community Room. Persons with Parkinson's disease and their caregivers are welcome to attend for education and support. For more information call, 717-509-5494.

For specific meeting times for either group check out the Event Calendar at www.landishomes.org

Winter Games, continued from page 4

was "Cane Hockey." The game was played with teams of players sitting in chairs using canes like hockey sticks and working together to drive a ball to the goal.

In the afternoon a "General Information Bee" was held with persons participating again in teams. This involved answering trivia questions from all areas of knowledge. Many residents then moved to the next event of "Chair Volleyball." The participants remained in a seated position while working as a team to hit a beach ball over the net. The laughter and fun could be heard down the halls.

The day came to a close when residents attended the "Closing Ceremonies." The events of the day were reviewed and celebrated. Prizes were awarded to the winners of the various events. A total of 65 residents participated in the day.

In Loving Memory

Daniel Dagle	01/22/02	Ada Rohrer	03/04/02
Jacob Landis	01/29/02	Ruth Wissler	03/07/02
Esther Clark	02/02/02	Martha Brubaker	03/09/02
Ralph Hollinger	02/04/02	Bertha Rhoads	03/14/02
Daniel Leaman	02/09/02	Mary Usner	03/14/02
Freda Kauffman	02/10/02	Pauline Joslin	03/22/02
Earl Wert	02/19/02	Eleanor Lentz	03/22/02
James Schopf	02/21/02	Chester McGuigan	03/25/02
Alice Landis	02/22/02	Raymond Metzler	03/27/02
Lester Horst	02/22/02	Paul Meck	04/08/02
Nora High	02/23/02	Edna DeMora	04/10/02
Elva Rutt	02/25/02	Lillie Rohrer	04/12/02
Fannie Stoner	03/01/02	Robert Scott	04/14/02
Grant Noll	03/03/02	Katie Glick	04/15/02

Blue Ball National Bank Supports New Healthcare Center

Blue Ball National Bank President Mel Pankuch recently visited Landis Homes Retirement Community to deliver a contribution for their new healthcare center. According to Landis Homes President Ed Longenecker, "This contribution will enhance the living environment and quality of life for residents receiving healthcare."

The new center will consist of private rooms and small neighborhood community areas for dining and for activities. It will replace the current 34-year-old healthcare center, which is made up of semi-private rooms and based on a hospital model for long-term care.

"Landis Homes will help set the standard for long-term care centers in Lancaster County," says Greg Scott of Reese, Lower, Patrick & Scott, architects, Lancaster, who is the partner in charge for the new center. "This new concept is beginning to change the design of nursing care in retirement communities nationwide."

New centers for fitness and rehabilitation services will also be part of the new construction. The \$5000 contribution from Blue Ball National Bank, which has 17 community offices in Lan-

caster, Berks and Chester counties, will help fund a spa room with whirlpool bath.

For additional information on the campaign contact the Landis Homes development office at 717-509-5490.



Blue Ball National Bank President Mel Pankuch gives a \$5000 donation for the new healthcare center to Landis Homes President Ed Longenecker and Landis Homes Steering Committee Member Glenn Weaver at the April Steering Committee Meeting.

Crafts, continued from page 4

Montie Lewis displayed her pieces done with liquid embroidery, Harold Housman showed a model radio plane and Omar and Martha Stahl displayed a variety of handcrafts. Esther Martin shared her doll collection and Anna Mary Reed displayed various types of needlework.

Leo Weaver, who spent his time assembling bracelets for a mission to China said, "I thought the people who came showed a lot of interest in the many items exhibited. It was really enjoyable to talk with them and answer their questions."

Campaign, continued from page 1

home-like and attractive.

The well-constructed Dogwood building will be extensively renovated in order to bring together several administrative functions now located at numerous places on campus. A large dining facility for staff and visitors will be included. The total cost for new construction and renovations is projected to be \$12 million.

Volunteers participating in this campaign have come from Landis Homes board members, management team and other staff. Residents have volunteered along with family members and other friends. Cathy Yoder, Director of Development, has noted, "Raising capital in this way has proven to be very cost effective, saving funds for other uses in order to complete this project." Any contributions that exceed the campaign goal will then be readily available to cover design and construction costs.



Serving on the Steering Committee for the Building to Serve Campaign are
Front left to right: Frank E. Shirk, Naomi Martin, Esther Martin, Ken Brubaker, Don Good
Back left to right: Mervin Nolt, Ed Longenecker, Linford Good, Glen Hostetler, Glenn Weaver and Cathy Yoder.
Missing from the photo also serving on the steering committee: Paul M. Martin, Rozanne Zimmerman, Sandy Smoker, Carlton Miller and Luke Bomberger.



**Landis
Homes**

Retirement Community

1001 East Oregon Road
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Calendar Of Events

SUN	MON	TUE	WED	THR	FRI	SAT
May 9	Ascension Day Service East Bethany Chapel, 10:00 a.m. West Bethany Chapel, 7:00 p.m. Speaker: Landis Homes Resident Luke Horst			June 7	Annual Benefit Golf Tournament AM & PM Rounds Foxchase Golf Club, Denver, PA For information: 717-509-5490	
May 15	Art Reception Paintings by Carlos Diaz Ceramics by Dennis Maust 6:30 – 8:30 p.m. Harvest View Galleries and Library			June 11	Strawberry Socials 6:30 – 8:30 p.m. East & West Campus	
May 24	Flower Gardening Day 8:00 a.m. – 12 noon 1:00 p.m. – 4:00 p.m. Plant flowers in East courtyard (families and others are welcome)			July 1	Annual Baseball Outing Harrisburg Senators game Leaving at 4:45 p.m. Open to family and other guests of residents & staff	
May 28	Groundbreaking for new Healthcare Center Ceremony begins at 5:00 p.m. Along Homebrook Drive to the rear of The Heritage			Sept. 5	Class on Life Stories with Joanne Hess Siegrist 1:00 p.m. in West Bethany Chapel (First of 9 sessions)	
				Sept. 14	Fellowship Day & Auction Chicken Barbecue 11:30 a.m. – 6:00 p.m. Auction begins at 9:00 a.m.	