

## GrandPals Wins Innovation Award 2005

A collaborative program between Hinkletown Mennonite School and Landis Homes received statewide recognition for its unique cross-generational pairing as a model for other Pennsylvania communities. The GrandPals program was selected as the PANPHA Innovation of the Year for 2005.



Persons present for the PANPHA Awards standing left to right with the GrandPals Innovation of the Year display in Hershey, PA are Edith & Harry Kilhefner, Kent Douple, Anette Raiser, Richard Shertzer, Janice Hess and Miriam Buckwalter.

The award was presented in June at the PANPHA Annual Conference in Hershey, PA. PANPHA, an Association of Pennsylvania Nonprofit Senior Services, represents over 320 nonprofit providers of long-term care and housing services for 65,000 elderly residents across the state. The Association is committed to helping its members provide quality care efficiently and effectively for the individuals and families they serve.

Nominating materials for the award included facts and dates, news clippings as well as letters of recommendation. The nomination was made in honor of the memory of Harriet Douple, a former teacher and the originator of the GrandPals program. She received high praise for her service to both her students and to the residents of Landis Homes.

In presenting the award PANPHA board chair, Jim Bernardo said, "For their inspirational creation of a mutually beneficial program for both young and old, PANPHA is proud to recognize Landis Homes' GrandPals program as Innovation of the Year."

Accepting the award at the PANPHA general session was Anette Raiser, HMS teacher and current coordinator of the GrandPals program, Janice Hess, Landis Homes Activity Coordinator, and GrandPals Miriam Buckwalter and Richard Shertzer. Also accepting the award were Harriet's husband and parents, Kent Douple, Harry Kilhefner and Edith Kilhefner.

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## Fellowship Day and Chicken Barbecue




## Landis Homes

September 10, 2005

See back page ad



1001 East Oregon Road  
Lititz, PA 17543-9206  
(717) 569-3271  
info@landishomes.org  
www.landishomes.org

**Mission:**

*The ministry of Landis Homes is to serve aging adults and their families by honoring and enriching their lives in a community of Christ-like love.*

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Mennonite  
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# Culture Change: The Journey Continues

In November 2004 Landis Homes embarked on a path implementing a more focused approach to create an environment that was “person centered.” In conjunction with the Quality Improvement Organization in Pennsylvania, i.e., Quality Insights of Pennsylvania, Landis Homes was chosen as one of ten facilities from over 650 state nursing centers to be involved with a pilot project to do just that. The initial phase involved only the health care area, emphasizing an approach that was resident focused.



The entire project is composed of three major elements, including care practices, environment and workplace practices. “Person centered” is so much more than “care of residents.” It is the manner in which all staff, residents, families and guests are addressed and considered. This entire initiative is in concert with the Board of Directors and leadership approved strategic imperatives to enhance our services and facilities, as we continue to serve individuals through the aging process.

The initiatives undertaken include resident and family meetings for both health care and assisted living. Physical renovations already completed in health care easily lend themselves to point-of-service dining in a country kitchen setting and the elimination of trays. Renovations are in the design phase to enhance this concept in Assisted Living. Assisted living dining is also changed with the addition of a continental breakfast buffet for those who choose to rise later. All residents have their choice of dining locations, as dining is available in the Dogwood Café, Garden Room or any other dining area. Nursing areas are now “houses” with “neighborhoods” rather than units with hallways. Nurse desks

have been replaced with “care bases” and “resident support centers.” Tub areas have been replaced with “spas.” Other living areas have been more personalized with the addition of larger screen televisions and a computer learning area.

Education has occurred at the board level in late 2004 and early 2005. All levels of staff received initial education at the annual education day in February. Ongoing education continues, as the “aging in place” concept is a reality. The staff no longer make decisions for residents, but rather all staff encourage residents to make choices based on their need or desire and then support that decision.

Intergenerational programming has been strengthened through the Children’s Learning Center, the involvement of children in programming and the increase of resident volunteers working with the children.

The journey is a dynamic process and there is continued learning taking place as staff assimilate the ideas and practices into routine thinking and behavior. Other initiatives are planned that will more actively support aging individuals and empower staff to be more participative in creating and implementing strategies that support the culture of change. Detours in the culture change path are anticipated and provide opportunities to reevaluate, however they do not deter the progression forward. Landis Homes will continue to work with Quality Insights of Pennsylvania in the process.

*-Eva Bering  
Vice President of Resident Services*

# All Ages Gather at Farm Day

The 3rd Spring Farm Day was held on a sunny and very warm Saturday in June. It brought hundreds of residents, family members and guests outdoors to enjoy the farm-centered activities.

A farm animal area featured a calf, piglets, miniature and larger horses, goats, a lamb and a donkey. A large group of children in addition to the animals enjoyed crafts and games. There was also an open house for the new Children's Learning Center at Landis Homes that is managed by Hildebrandt Learning Center.

Rides in many forms were offered to all ages. A large and a small wagon, a pony cart and even buggy rides were offered throughout the day.

Dozens of antique tractors were on display. There were also displays of farm crafts such as rug making and butter churning.

*A farm animal area featured a calf, piglets, miniature and larger horses, goats, a lamb and a donkey.*

A new event was a crosscut saw demonstration. Two-person teams competed to see who could saw off a disc of wood first.

The Martin Family Band of Newmstown entertained the large crowd with several instruments,

singing and Irish dancing with both country and Celtic music. The Richard Hines square-dance group demonstrated their talents in the afternoon, with interested spectators invited to join in.

Another new event this year was a pie auction. Gerald Miller served as auctioneer for the 20 home-baked pies and 10 quarts of frozen vanilla homemade ice cream, which sold across the auction block.

Proceeds of the day, totally over \$1,800, were contributed to the Caring Fund.



Tom Horst, left, and his father, Luke Horst compete as a team in the crosscut saw contest.

## Joy in the Journey -Positive Aging

-a four part series on  
*Growing Older, Growing Better*

**October 5, 12, 19 & 26**

**Wednesdays, 8:30 a.m. – Noon**

**West Bethany  
Chapel at Landis Homes**

Speakers are professors and clergy associated with the series sponsor, Penn State University College of Medicine

There is no charge, but participants should register.

For more information or to receive a brochure call 717-581-3935.

# King Artwork Selected

Each year Landis Homes selects a piece of artwork from the Lancaster Mennonite High School Spring Fine Arts Festival to become part of a permanent art collection on campus.

This year a jury of four, representing Landis Homes residents and board, and the Lancaster Mennonite art department, selected a piece by Mary Joy King.

The subject of the color photographic work is a collage from several perspectives of Mary Joy's grandparents, Frank and Lydia King.

The couple also happens to live at Landis Homes. Of completing the work, which consumed about three rolls of film and

many hours, Mary Joy says, "It was like coming home. It was a way of getting to know my family."

King, a 2005 graduate of the high school, in addition to art was involved in music, jazz band and spring track. In return for the artwork, Landis Homes made

contributions to the Lancaster Mennonite High art department and to further Mary Joy's education. This summer she will be traveling in Africa with family. She plans to follow her interest in math at Penn State, Middletown, in the fall.

Photography teacher Paul Brubaker says, "This program is very affirming of the students at Lancaster Mennonite.

I love to see this cross generational 'gifting' of one generation to another." He went on to

say, "Mary Joy's work is unusual and delightful. It's a work that is both fun to look at and one with which people can easily make personal connections."



Mary Joy King, right, presents her winning piece to President Ed Longenecker, left, and to her grandparents, Lydia and Frank King,

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# Bikers Win Fourth Clean Air Trophy

Landis Homes employees, for a fourth consecutive year, won the Clean Air Cup Corporate Challenge in Lancaster County. The contest, sponsored locally by Pfizer, Inc. and the Susquehanna Valley Ozone Action Partnership during National Bike to Work Week, promotes both physical health and clean air awareness.

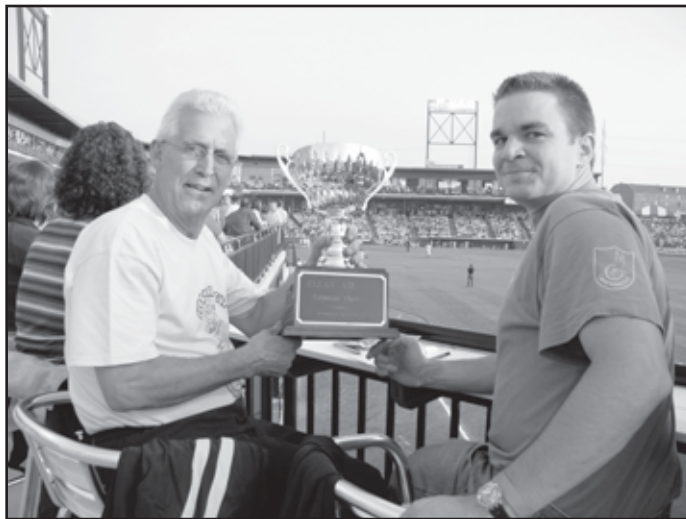
The number of Landis Homes employees who either biked, walked, car-pooled or rode a bus to work, this year grew from 23 to 35 persons. A total of 1,140 miles were logged getting back and forth to work during the contest week, which was almost double the total in the 2004. Jim Bailey who lives in New Holland logged a total of 130 miles for the

week, which was the highest distance for an individual on the Landis Homes team.

On Saturday, June 4 the Clean Air Cup trophy was presented to the Landis Homes staff that participated. The trophy was presented to the employee partici-

pants at the new Lancaster Barnstormer's Clipper Stadium, where they were treated to a game. Pictured are Jim Bailey and Trace Oberholtzer at the stadium holding the trophy.

"It's great to see so many Landis Homes employees take action to improve their own health and, at the same time, promote cleaner air," said Vice President Linford Good, who was one of this year's participants.



# Tribute to a Loved One

January 1, 2005 through June 30, 2005

We are sincerely thankful to those listed below who have given a tribute to a loved one either as a Memorial or Honorary gift. We apologize if there are misspellings or omissions on this list. To contact the Development Office, call (717) 509-5490.

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The pavilion shown before and after renovations funded by the Auxiliary.

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# Lancaster Artist to Show Work

A summer art reception will feature a Lancaster artist who uses mixed mediums of expression. Mary Trees will show her extensive collection of artwork consisting for the most part of florals and still lifes. While she uses some oils and pastels, her primary medium is watercolors.

Trees began painting with watercolors in 1990. She has taken art classes locally and also at art schools in New England. This show will feature works inspired by the four seasons in addition to other themes. All of her works are one-of-a-kind originals and most will be for sale.

The opening reception, to which the public is welcome, will be held from 6:30 to 8:30 p.m. on Thursday, August 11, in the Harvest View lobby and galler-



ies. The works will continue to be on display through October 2005. For more information, call Landis Homes at 717-581-3935 or visit the web site [www.landishomes.org](http://www.landishomes.org).

## Senior Games Foster Fitness

The Lancaster County Senior Games 2005 brought excitement, victory, teamwork and friendly competition for the 34 Landis Homes residents who participated. The events were held at Franklin and Marshall College and were open to all Lancaster County adults 55 and over.

During the 4-day event more than 800 persons participated and were cheered on by friends and family as they competed. Of the several retirement homes and senior centers represented, Landis Homes had the largest number of participants.

Bocce, shuffleboard, table tennis, walking, dominoes, swimming, aerobics, and pinochle were some of the events in which Landis Homes residents participated and won medals.

In addition to the games and sporting events at this year's Senior Games was a tour of the new Barnstormers' Baseball Stadium. The tour featured everything from the skybox seats to the baseball team's locker room, the children's playground, and each of the many seating areas.



Participants get ready for the Opening Parade at Senior Games.

“As a first-timer at Senior Games, I was encouraged to see how everyone worked together

and encouraged each other to do their best as they participated in the events,” said fitness coordinator Melissa Duncan. “We had a terrific representation from Landis Homes, including several staff and even some family members.”

## Heritage Watchers Class to Begin 10th Year



The first session of a nine-month series on *Heritage Watchers: Memoirs, Life Stories, and Photographs* will be held on Thursday, September 1st at 1:00 p.m. in the West Bethany Chapel. These classes, which began in 1996, are open to all ages and both genders, to residents as well as to persons in the larger community. The class is for persons interested in preserving photographs and stories as prime heirlooms for future generations. Pictured is class instructor Joanne Hess Siegrist with class member Pauline Stoltzfus. For more information or to register for the classes call Joanne Hess Siegrist at 717-656-6429, or Activities Coordinator Janice Hess at 717-569-3271.

# Adult Day Services Benefits from Golf Tournament

Our 14th annual Landis Homes Adult Day Services Golf Tournament was a great success, and best ever, with net proceeds in excess of \$30,000.

We are pleased to express our appreciation to a beautiful group of residents who filled GOODIE BAGS for the 268 golfers prior to the event, to each of our golfers, and the following sponsors:

## *Event Sponsor:*

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*We also would like to say THANK YOU to the 19 Bronze Sponsors, 27 Advertising Sponsors and 28 Patron Sponsors.*

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## FOURSOME

### **Lowest Score, Morning Round**

(57) Jay Hollinger, Mark Webb, Kevin DeHoff, Scott Hoffmaster

### **Lowest Score, Afternoon Round**

(57) Linford King, Curt Umble, Rodney King, Mark Brolin

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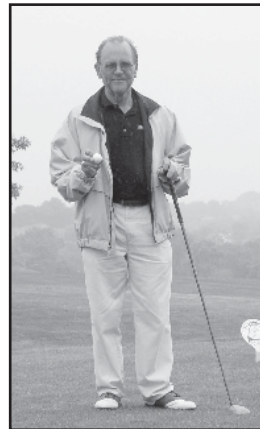
## MIXED GROUP

### **Lowest Score, Morning Round**

(62) Coleen Kayden, Bob Kayden, Jeff Miller

### **Lowest Score, Afternoon Round**

(61) Brooke Baker, Michael Baker, David Alshouse, Marion Freeland



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## WOMEN'S FOURSOME

### **Lowest Score**

(75) Dottie Martin, Kate Borne, Joyce Hostetter, Jane Pepple

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## HOLE-IN-ONE

First ever for Landis Homes Golf Tournament! Congratulations to Jake Smucker for making the great shot at Hole # 6.

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## Stewardship Solutions for Seniors — What Everyone Should Know about Medicare Part D



**Eric Groff**

Beginning January 1, 2006, new Medicare prescription drug plans will be available to people with Medicare. Insurance companies and other private companies will work with Medicare to offer these prescription plans. The plans will be different from the Medicare-approved drug discount cards, which will phase out May 15, 2006.

Many people have questions. The Centers for Medicare & Medicaid Services (CMS) is in the process of rolling out the information; however, it will be rolled out in phases. This means no one has all the answers—yet. But we are trying to get as much information for you as possible.

Landis Homes, MMA-Sauder Financial and Williams Apothecary have partnered to bring you an upcoming seminar:

**Thursday, September 29  
at 1:30pm or 7:00 pm**

**Location: Landis Homes  
West Bethany Chapel**

**Seating is limited. To reserve your seat(s),  
please call us at 581-3866 or email us at  
[info@mmasauder.com](mailto:info@mmasauder.com)**

If you or your family and friends have questions about the new Medicare changes, this seminar is for you. Call now to reserve your seat.

*Eric Groff, MMA Counselor  
Stewardship Solutions for Senior*



# Standby Trust

What would happen if someone became disabled, decided to travel, or just wanted to take life a little bit easier? They could consider establishing a Standby Trust.

A Standby Trust gives the convenience and protection of a trust account that is ready whenever it is needed. A designated trustee, in this case, Bank of Lancaster County, is “standing by,” ready to manage assets and financial affairs. This arrangement can be extremely comforting to a spouse in the event of a death or declining health. In the mean time, complete control of assets and complete freedom to handle personal affairs is retained.

When a Standby Trust is activated, some of the advantages are:

- Professional investment management
- No probate and related costs
- Maximum privacy regarding estate settlement
- Quick distribution of assets to beneficiaries
- No management fee until Trust is activated, the guidelines determined by the individual

If you are interested in the peace of mind a Standby Trust can offer, please see Bonnie at your community Bank of Lancaster County office or call her at 581-3800 for more information.

Financial or estate planning advice should not be construed as legal advice; please consult your legal advisor. Sterling Financial Trust and Bank of Lancaster County are both wholly owned subsidiaries of Sterling Financial Corporation.

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## Calendar of Events

**August 11** - Art Reception

Mary Trees  
Harvest View Galleries  
6:30 - 8:30 p.m.

**August 24** - Two Brothers, Two Bikes,

One Journey  
Friendship Community Bike Trip Report  
George Stoltzfus  
West Bethany Chapel  
7:00 p.m.

**September 10** – Fellowship Day

Auction begins at 9:00 a.m.  
Barbecue Dinners from  
11:00 a.m. - 6:00 p.m.

**September 11** - Community Worship

Under the tent with Don Jacobs  
“Praise and Prayer for Peace”  
Offering will be received for Global Disciples  
6:00 p.m.

**September 27** - “Ruth” at Sight & Sound

1:00 p.m. show  
Call 569-3271 ext. 3067

**September 29** – GrandPals Picnic

With Hinkletown Mennonite School  
Westview Community Room  
11:30 a.m.

**October 5, 12, 19, 26** - “Joy in the Journey”

4-part series on positive aging  
by Penn State University College of Medicine  
West Bethany Chapel  
8:00 a.m. - 12:00 noon

**October 9** - World Communion Sunday

East & West Bethany Chapels  
10:00 a.m.

**October 13** – Fun & Fellowship Committee Potluck

Westview Community Room

**October 18-21**- Renewal Meetings

East Bethany Chapel  
with Glen Sell  
3:00 p.m.

**October 27-28** - Coach trip to

Shenandoah Valley, VA  
Call 569-3271 ext. 3067

*For other items, check out the Events Calendar at [www.landishomes.org](http://www.landishomes.org)*



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call 717-581-3935.

## Saturday, September 10, 2005

Auction begins at 9:00 a.m.

Antiques, Quilts, Handcrafts,  
Gift Baskets, Certificates

Dinners Served Eat-in or Take-out  
11:30 a.m. to 6:00 p.m.

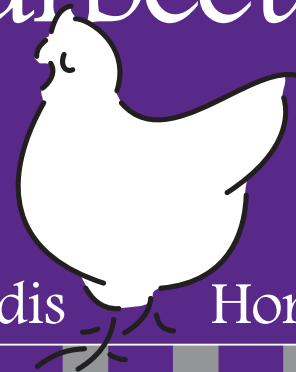
Children's Activities, Market Place,  
Flea Market & Musical Entertainment

WJTL's "Kids Cookie Break"  
Live at 9:00 a.m.

Children's Learning Center  
Open House  
10:00 a.m. ~ 1:00 p.m.

For more information call 717-569-3271  
Or visit [www.landishomes.org](http://www.landishomes.org)

# Fellowship Day and Chicken Barbecue



Landis Homes