Gerald and Marlene Kaufman have been family counselors for nearly 40 years. They will be at Landis Homes August 22 to share about, and sign copies of, their new book, “Necessary Conversations: Between Adult Children and Their Aging Parents.” The event is co-sponsored by Adult Day Services at Landis Homes and the personal and home care service Landis at Home.

The book grew out of a seminar on this topic they were asked to lead with their adult daughter, Anne Kaufman Weaver, and her husband, Todd. In this book they urge both adult children and their parents to have direct conversations about the decisions that lie ahead as parents age. The book focuses on several areas for conversations: housing choices, finances, health, end of life and driving.

The Kaufmans suggest families use retirement as the benchmark for beginning the discussion with parent(s) who are planning for the next phase of their lives. The book is filled with stories and examples from many families with different life circumstances, but all facing these same issues. The chapters end with a list of suggestions for action, as well as questions for focusing on practical outcomes to the discussions.

There is a choice of times for hearing the Kaufmans on Thursday, August 22. The first is at 3:30 p.m. in West Bethany Chapel and the same program will be repeated at 7:00 p.m. Each presentation will be followed by a time of book signing.

For those who are interested, there is also the option of purchasing a meal in the Garden Room from 5:30-6:30 p.m. It is a “Surf & Turf Sandwich Festival” which is $12 for residents and $14 for guests (tax and gratuities included).

Reservations are required for either of the two programs as well as for the meal. Call Landis Homes, 717-569-3271, extension 3121. For more information about the event go to www.landishomes.org.
Living Where One Prefers

By Larry Zook, President/CEO

While at Landis Homes or driving throughout Lancaster County, an observant person may notice a small, boxy car with a Landis At Home logo on the side. Jan Bobin, Director of InHome Services, and her team, use this vehicle as they visit the apartments, cottages and hybrid homes providing reliable, cost-effective care to both residents living on campus as well as to clients who live within a 15-mile radius of Landis Homes.

This less costly alternative to moving from one’s home to a personal care or healthcare location, is in line with our guiding value of stewardship. Not only are residents and clients provided with the most appropriate level of services, but they are also making the best stewardship choices with their assets.

A personalized plan is made for each person, which may include support with bathing, dressing, grooming, medications, housekeeping, companionship or transportation. Additional support can also be provided during times of rehabilitation to help speed recovery time. Supportive visits can be scheduled for as little as 15 minutes at a time on the Landis Homes’ campus or round-the-clock as needed.

Pets make great company and provide a sense of well-being. However, the duties involved in keeping a pet can be too much when individuals are recovering from illness or recent surgery. Landis at Home team members can assist with feeding, walking and other tasks for a pet so the owner can still enjoy their furry companion.

One recent client and a team member spent an enjoyable afternoon planting a flower garden. When they were finished, they went for ice cream. They now go for ice cream regularly, after checking on the garden’s progress!

Landis At Home continues to be an important part of the work of Landis Communities. New residents at Steeple View Lofts in Lancaster are already inquiring how they might access these services so they can live independently for as long as they desire in the comfort of their new homes.

Jan and her team are happy to provide more information about Landis At Home and how they can assist persons, both on and off campus, to live where they prefer for as long as possible.

Readers can find out more at www.landisathome.org or by calling 717-509-5800.
Pathways Institute Kicks off Fall Term at Landis Homes

The fall 2013 term of the Pathways Institute for Lifelong Learning® at Landis Homes will begin with a Kickoff Reception at 1:30 p.m. on July 30. The event will include a presentation by guest speaker Joyce Davis who is the founder and President of the World Affairs Council of Harrisburg, which promotes and facilitates international travel and provides opportunities for young people to learn about the world in their classrooms and through local programs and events.

Davis is also an award-winning journalist and internationally acclaimed author who has lived and worked around the globe. She is former foreign correspondent and foreign editor for National Public Radio and Knight Ridder Newspapers, once the second-largest newspaper chain in the United States. Davis specializes in foreign affairs and the media, and has written extensively on terrorism, national security, and Islam.

Also at the event, each instructor of the dozens of courses being offered this fall will be introduced. Each will have the opportunity to announce their course title and give a brief description. The courses, which run from September through November, are open to all Lancaster County residents who are age 55 years or above. There is a nominal registration fee which includes enrollment in up to five courses per semester. There are also options for participating in special events and single course offerings.

Just a few of the 30-plus new topics being offered are: The 150th Anniversary of the Civil War: Current Perspectives and Controversies, Tour the Underground Railroad in Lancaster County, Energy Consumption and Alternate Fuels, Secret Lives of Arctic Whales. Also offered are visits to galleries, historical sites and cultural centers or exhibits, concerts and other special events.

Please RSVP for the July 30 event by calling 569-3271, ext. 3060, or by email at: awhitman@landishomes.org.

In addition to the program at Landis Homes, Pathways Institute for Lifelong Learning® also offers a variety of classes in Mechanicsburg and the greater Harrisburg region.

Pathways Institute Kicks off Fall Term at Landis Homes

Summer of 1963

By Larry Zook, President/CEO

Looking back at events in the formation of Landis Homes 50 years ago, we see a quickening of the pace of work.

At the July 5, 1963 Planning Committee Meeting, Adam Martin led devotions. Adam read from I Cor. 4, Luke 9 and Psalms 37, stressing faithfulness. Of our ten founders and their spouses, Martha Martin, his widow, is the only surviving member (age 103), and resides at Menno Haven in Chambersburg, Pa. It was a privilege to go with John Buckwalter, son of founder Ira Buckwalter, to visit her last year. Martha reminisced about traveling from Maryland to Lancaster as Adam attended meetings.

Ira Buckwalter reported on a course he attended, “Organization and Administration of a Home for the Aged.” Highlights included:

a) A home should not be too large--probably 50 to 200 residents.

b) The board should determine policies but not administrate.

c) Women’s auxiliaries can assist in many ways.

d) The best way to raise funds is by a professional fund raiser.

e) The supervisor is the key person. He must be qualified for the job, age is not too important. A good young man could be preferable.

f) It is important to watch setup so that tax exemption can be maintained.

Ira also reported the farm transfer from Viola and Catherine Landis to Eastern Mennonite Board of Missions, work to create a pond near the farm, and a variety efforts including well drilling, floor coverings and the selection of brick for the building now called Aspen. Construction costs and progress were 30 percent complete as of mid-June, with invoices totaling just over $50,000. The reporting included updates on prospective staff and prospective residents, referring to them as “guests.”

The Planning Committee agreed to begin meeting monthly and appointed new committees to focus on Publicity & Promotions, Development of Staff & Admissions, and Decorations & Furnishings.

The group also discussed the relationship of the Planning Committee with the Mission Board, and while the operating structure was not finalized, the Planning Committee was described as a development group that was responsible to the Mission Board. The next meeting was held August 6, 1963, and for the first time, the meeting location was listed as “Landis Homes.”
Advice on Preparing for a Move

At three recent events on campus, a total of 160 visitors heard about what is new at Landis Homes and got some helpful advice for making a move or preparing to make a move to a retirement community.

Residents Karen and Neil Musselman who moved from Allentown to the campus in 2010 shared this advice with the audiences:

- Do your homework – learn about each community and set a list of questions to ask at each community you visit. Take good notes and then look back later and see which ones have the most of what you are looking for in a retirement setting.
- Couples should decide together which belongings to bring along and which ones to dispose of and by what means; what to sell and what to give away or throw away.
- Move when you are younger so that you can do it together and enjoy all the amenities the campus has to offer. (Both Musselmans enjoy opportunities to volunteer and to attend local art and cultural events. Neil also enjoys water volleyball.)

Director of Residency Planning Sarah Short gave these helpful points as well:

- Contact a realtor or broker to find out the value of your home and what needs to be done in preparation for putting your house on the market in the future.
- Set realistic goals for downsizing that include small tasks so it doesn’t seem too overwhelming.
- Do as much as possible in advance to prepare for a future move, because it is impossible to estimate when a cottage or apartment on campus may become available. Being ready can cut back significantly on stress.

An update was given on the new construction on the south part of campus. Currently, all nine cottages in the most recent phase are reserved with an August/September 2013 completion planned. In the third Hybrid Home building, all of the 12 homes are reserved. Construction is projected to begin in July 2013 and should be completed in May 2014.

Priority deposits are being accepted for the fourth Hybrid Home building. Getting on the Priority List is a great option for persons who are interested in planning ahead for future new construction but are not ready to move immediately.
Residents, team members and volunteers are hard at work preparing for another exciting Fellowship Day with a Benefit Auction, Chicken BBQ and Children’s Activities. We can almost smell the Chicken BBQ and hear the calling of the auctioneers!

This year promises an exciting line-up of auction items. Don’t miss your chance to bid on original artwork, beautiful handmade quilts, unique handcrafts, antiques & collectibles, plus “Fill the Gap” and much more. Silent Auction, Gift Baskets, Gift Certificates, Market Place Booths, Share-a-Meal and Garage Sale & Flea Market will open at 8:00 a.m. and the live auction will begin at 9:00 a.m. Bring your lawn chairs and invite family and friends to join in the excitement. Check out the day’s schedule, galleries of auction items and our supporting corporate sponsors at landishomes.org.

Bring your appetite, too! In addition to the food stand open all day, the Chicken BBQ, prepared by Peter’s BBQ, will be available from 10:30 a.m. to 3:00 p.m. Costs are $9 for a full meal, which includes: ½ BBQ chicken, baked potato, applesauce, dinner roll, cookies, and bottled water or just a ½ BBQ chicken for $5.50.

From the 2013 and 2014 barbecue proceeds, the Landis Homes Auxiliary will contribute towards a special project, benefiting residents and families, that will be part of the 50th Anniversary celebrations. The project will be announced early in 2014.

Other highlights of the day include activities for children: a barrel train ride, a moonwalk, petting ponies and face painting. WJTL’s “Kids Cookie Break” radio show plans to broadcast live beginning at 9:00 a.m.

The Benefit Auction and Chicken BBQ are successful year after year because of the generosity of the community. Please mark your calendar for Saturday, September 14, from 8:00 a.m. to 3:00 p.m.

Donations, Volunteers, Corporate Sponsorships, Matching Bids and Patron Contributions make the Benefit Auction, the largest fundraising event for the Landis Homes Caring Fund, a success. Visit landishomes.org to make a secure online gift (Click on Donate Now and select Events) or send a check to Landis Homes, Gift Planning Services, 1001 East Oregon Road, Lititz, PA 17543. Friends who contribute before August 24 will be listed as a Patron in the Auction Book unless you notify us you wish to be anonymous. If you have questions or have an item to donate, please contact Gift Planning Services at 717-509-5490 or asprunger@landishomes.org.
Tribute to Loved Ones


We are sincerely thankful to those listed below who have given a tribute to a loved one either as a Memorial or Honorary gift. We apologize if there are misspellings or omissions on this list.

To contact the office of Gift Planning Services, call (717) 509-5490

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**LEAVE A LEGACY™**
The gift of a lifetime
Canceled Benefit Golf Tournament still raises over $44,000

By Alonna Gautyche Sprunger, Director of Gift Planning Services

June 7 was the first time in 22 years that the Benefit Golf Tournament was canceled because of rain. Instead of two rounds of golf, business sponsors and golfers were invited back to the Foxchase Golf Club for a noon meal where, as the rain continued to fall, Faith Hoover, Director of Adult Day Services (ADS) and Landis Homes Board Member Jonathan Hollinger, thanked the participants for supporting ADS.

Faith recounted a recent conversation with the son of an ADS client. “Dad was a broken man after his diagnosis of dementia and other health issues, but when he started attending Adult Day Services, he had a renewed sense of purpose. When I dropped him off in the morning, it was as if he was going to work. He thought of himself as a helper and, in the evenings, he would ponder ways to include his new friends in meaningful activities. The ADS staff was wonderful—and did not discourage him from this sense of importance. This Landis Homes program is a wonderful service to our family and to the community.”

In addition to door prizes which were given at the noon meal, all golfers who registered for the event were given certificates to golf on a day of their choosing. Net proceeds for the Benefit Tournament are $44,200. This was made possible by donations from our 53 Sponsors, 41 Patrons, numerous Prize Donors and 223 registered golfers.

A big “Thank You” to our generous Sponsors for supporting Adult Day Services:

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For a full list of Program Sponsors, Patrons and other donors, a golf booklet may be perused at the Gift Planning Office in Harvest View Foyer and at www.landishomes.org

Adult Day Services clients like Evelyn Dunn, pictured front, in Eden West had just about as much fun packing the golfer’s bags as they did unpacking them after the tournament was canceled due to rain. The tournament benefits Adult Day Services.
Success at Senior Games!

Congratulations to all those who participated in the 25th Senior Games at Franklin & Marshall College and to all those who came away with medals!

Clayton Nissley – Gold, Billiards
Luke Horst and Elmer Rohrer – Gold, Shuffleboard
Hank Kadel – 5 Golds, Swimming and Table Tennis
Fred Honaman – Bronze, Biceps Curl
Jim Gingrich – Bronze, Frisbee Throw

Fall Reception Features Local Artist

The September art exhibit will feature the works of Linda J. Berry, of East Petersburg, a retired teacher who is a watercolor artist.

“As an artist I enjoy focusing careful attention to detail. This exhibit will concentrate on a realistic and traditional style of watercolor, which best reflects the atmosphere of our everyday environment – nature, buildings, people,” says Berry. “My work is the result of my travels from Maine to Florida as well as many recognizable local scenes.”

Berry, the daughter of an artist, earned a Masters Degree from Millersville University and a Graphic Arts diploma from York Academy of Art. In addition to producing her own work, Berry offers classes in art instruction both in her home and to small groups.

“I also enjoy bringing the outdoors...inside. Observers will see the glories of the garden featured as I bring life to flowers, fruit, and vegetables in my still-life paintings,” says Berry.

The opening reception will be held in the Harvest View Galleries at Landis Homes from 6:30 – 8:30 p.m. on Thursday, September 19.

For more information call 717-381-3550 or visit www.landishomes.org. All are welcome to the exhibit that will continue through October.

Student Artwork Selected by Landis Homes

In May, Landis Homes announced Meghan Good as their 2013 Art Student Award winner. Good, a Lancaster Mennonite High School senior, was chosen for her color photograph titled “Amusement Park Memory.” The piece depicts the upper portion of a very colorfully decorated amusement park ride which she captured on a trip in the state of Texas.

Meghan lives in Mohnton, PA. Her family consists of her parents Rick and Marcia Good, and an older brother, Lucas. She is part of New Life Fellowship Church in Ephrata.

Each year Landis Homes selects a piece of artwork from the Lancaster Mennonite High School Spring Fine Arts Festival to become part of a permanent collection on the retirement community campus. In return for the artwork, Landis Homes makes contributions to the Lancaster Mennonite School art department and to a student to help further their education.

Good will attend Eastern Mennonite University in Harrisonburg, VA in the fall. “I plan to minor in photography, though I am not sure yet of my major,” she said.

“I feel that God has blessed me with the ability to see beauty in the little things, and photography has given me a way to capture and express that beauty,” said Meghan. “It is my hope that my photography will speak for itself and tell its own story.”
Wanted: History Detectives for New Class

Beginning her 18th year of instructing classes at Landis Homes, Joanne Hess Siegrist, founder of Heritage Watchers, will lead the new session beginning on September 5. The classes are designed to help individuals explore their unique family histories and learn what historical resources are available within the community.

The monthly classes are open to men and women of all ages, ethnic and religious backgrounds. Participants may choose to attend individual classes or the complete series.

“I anticipate students engaging in hands-on activities to transform their personal photographs, memoirs, and history into family friendly heirlooms,” says Siegrist.

The class meets at Landis Homes the first Thursday of each month from September through May from 1:00-3:00 p.m. in the Harvest Room. For a course schedule, costs and more information contact Joanne Hess Siegrist at 717-656-6429, jhs606@frontiernet.net or Landis Homes Life Enrichment Coordinator, Janice Hess at 717-569-3271, jhess@landishomes.org.

Good Appointed to Design for Aging Review Board

Linford Good, Vice President of Planning and Marketing at Landis Homes, has been appointed to serve on the American Institute of Architect’s (AIA) 2013 Design for Aging Review Jury. Mr. Good has worked for senior living providers since 1985, 15 years at Landis Homes and previously 13 years at Messiah Village, Mechanicsburg.

Design for Aging Review, a biannual competition, showcases facilities that improve quality of life for the aging while exhibiting innovation in their design and execution.

A joint effort of the AIA and LeadingAge, the Design for Aging Review program includes a juried exhibition, a companion book and education programs. The program encompasses a broad view of facilities designed for senior citizens, including nursing homes, dementia care, assisted living and continuing care retirement communities. The projects are chosen for inclusion by a panel of jurors, which includes three architects and three service providers.

The Design for Aging Review seeks not only to demonstrate architectural design trends and recognize excellence but also to serve as a reference for providers, developers, users, advocates, architects, and other design professionals in this growing market. Since the competition began in 1992, more than 300 facilities, domestic and international, have participated in the review.

Service of Remembrance Invitation

By Donna Mack Shenk, Director of Pastoral Services

The annual Service of Remembrance will be held Tuesday, October 15, at 7:00 p.m., at Landis Homes, in the West Bethany Chapel and Prayer & Memory Garden. It is a time to gather with others to remember our loved ones who have died.

The service held in the West Bethany Chapel, opens with instrumental music, inviting us into a place of reflection and prayer. Prayers, scripture and words of comfort and assurance are offered. We conclude the service in the Prayer and Memory Garden, under the light of the moon and stars, where each person receives a candle to light and remember a loved one, through poetry, prayers and song.

Landis Homes residents who have died during the year are specifically remembered during this time. Anyone is welcome to attend this service to remember loved ones, who lived both on and off campus. It is a time and place to reflect and be comforted.

Walk to End Alzheimer’s

By Linford Good, VP of Planning & Marketing

Join the Landis Homes team at the Walk to End Alzheimer’s, Long’s Park, Saturday September 28, walk begins at 10:30 a.m. Be part of the nation’s largest event to raise awareness and funds for Alzheimer’s care, support and research. Join the Landis Homes team at http://bit.ly/15tyE8y or request a brochure from Linford Good at lgood@landishomes.org or call 717-381-3517.
### Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>July 30</td>
<td>Pathways Institute for Lifelong Learning® Fall Semester Kickoff</td>
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<tr>
<td></td>
<td>West Bethany Chapel</td>
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<td>1:30-3:30 p.m.</td>
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<td>RSVP: 717-381-3577</td>
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<tr>
<td>August 2 &amp; 8</td>
<td>Art Auction Preview Receptions</td>
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<td>See box on page 4</td>
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<tr>
<td>August 9</td>
<td>EMU Nursing Graduation</td>
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<td></td>
<td>West Bethany Chapel</td>
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<td>7:00 p.m.</td>
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<td>August 19</td>
<td>Parkinson’s Support Group</td>
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<td>“Clinical Trials and other ‘Medicine”</td>
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<td></td>
<td>Dr. Samuel &amp; Brook Rice, &amp; Physical Therapist</td>
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<td></td>
<td>Brooke Minnich</td>
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<td></td>
<td>Westview Community Room</td>
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<td>2:00 p.m.</td>
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<td>For more info call 717-509-5494</td>
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<tr>
<td>August 22</td>
<td>Book Signing Event</td>
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<tr>
<td></td>
<td>“Necessary Conversations”</td>
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<td></td>
<td>by Gerald &amp; Marlene Kaufman</td>
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<td></td>
<td>West Bethany Chapel</td>
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<td>3:00 p.m. &amp; 6:30 p.m.</td>
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<td>RSVP: 717-569-3271, ext. 3121</td>
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<tr>
<td>August 27</td>
<td>Memory Loss Support Group</td>
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<td></td>
<td>“A Caregivers Journey”</td>
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<td>with Lois Good, Caregiver</td>
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<td>Warwick Room, Heritage Memory Support Center</td>
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<td>7:00 p.m.</td>
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<td>September 5</td>
<td>Heritage Watchers</td>
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<td>1st Class of new series</td>
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<td>See article on page 10</td>
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<tr>
<td>September 14</td>
<td>Fellowship Day &amp; Chicken BBQ</td>
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<td></td>
<td>See more on pages 4 &amp; 5</td>
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<tr>
<td>September 28</td>
<td>Walk for Alzheimer’s Research</td>
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<tr>
<td></td>
<td>Join or donate to the Landis Homes team at Long’s Park</td>
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<td>Find out more: <a href="http://www.landishomes.org">www.landishomes.org</a></td>
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<tr>
<td>October 15</td>
<td>Service of Remembrance</td>
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<tr>
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<td>West Bethany Chapel/Prayer &amp; Memory Garden</td>
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<td>7:00 p.m.</td>
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<td>October 26</td>
<td>Parkinson’s Disease Community Symposium</td>
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<td>at the Farm and Home Center in Lancaster</td>
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<td>with Johns Hopkins Parkinson’s Disease &amp; Movement Disorder Center</td>
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<td>8:45 a.m. - 4:00 p.m.</td>
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<td>Registration required at: <a href="mailto:bvernon1@jhmi.edu">bvernon1@jhmi.edu</a> or 410-616-2811</td>
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<td><strong>Friday, October 18 3 PM - 6 PM</strong></td>
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<td><strong>Saturday, October 19 10 AM - 2 PM</strong></td>
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More info at www.ExploreRetirementLiving.org

**3rd Annual Open House**

Showing:
- Apartment
- Hybrid Home
- New Cottage Home

(collaboration with 16 other retirement communities)
Benefit Auction begins at 9:00 a.m.
Quilts, Artwork, Antiques, Handcrafts, Gift Baskets

Chicken BBQ Eat In and Take Out
10:30 a.m. to 3:00 p.m.

— Children’s Activities —
Market Place, Flea Market & Silent Auction

WJTL’s “Kids Cookie Break”
Broadcast Live at 9:00 a.m.

To Volunteer: 717-509-5409
For more information: 717-569-3271
www.landishomes.org