

New Child Learning Center Set to Open

In November 2002, the Landis Homes Board of Directors adopted a strategic plan for 2003-2006 that called for new opportunities for intergenerational interaction by establishing a child day care center by 2005. The center, which is now set to open, is planned to accommodate 8 infants, 12 toddlers, and 30 preschoolers in a year-round program, plus an additional 20 children from kindergarten to grade 4 in a summer school-age program.



Jo Ann Pringle

The Children's Learning Center will be located in the former Human Resources/Finance building at 1 Homebrook Drive, and will be operated by Hildebrandt Learning Centers. The center will help address the needs of Landis Homes staff with young children as well as serve families in the surrounding communities.

It was recently announced Jo Ann Pringle has been named the Director of the new Children's Learning Center. Born in Lancaster County, Jo Ann, with her husband, Scott has been a resident of Manheim Township for past 23 years. They have two children. Kimberly, 23, is a first year medical student at Jefferson Medical College, and

Scott, 17, is a senior at Manheim Township High School.

Jo Ann graduated from Lancaster Catholic High School and has a BA in Education from Mount Mary College, Milwaukee, WI. She has also received graduate level credits at Millersville University and is certified in Montessori education. Her work experience has included educational administration as well as teaching on several levels.

Since her late father, Peter Pranckun, was a resident, Jo Ann has prior experience at Landis Homes. Of working on campus Jo Ann says, "I have an enormous amount of respect and affection for Landis Homes and what it stands for in the community. I am hoping to fulfill Landis Homes mission statement by offering the same type of love and warmth to all who enter the Children's Learning Center."

The Opening Day for the new center is November 1, 2004. There will also be two Open Houses, which are planned for November 11 from 4:00 to 7:00 p.m., and November 14, from 1:00 to 3:00 p.m. For more information call 717-509-5400.

Continuing
the Tradition
of Serving
Together



LANDIS HOMES
2004
ANNUAL
REPORT
is enclosed



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Mission:

The ministry of Landis Homes is to serve aging adults and their families by honoring and enriching their lives in a community of Christ-like love.

an agency of
Lancaster
Mennonite
Conference

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A Commitment to Excellence



40 Years of Serving One Another

THE FOURTH DECADE: 1994-2004

Ed and Rhoda Longenecker are leaders in serving. Both Ed and Rhoda have served Landis Homes since 1976 when Ed was selected to succeed administrator George Leaman. Ed is in his 27th year leading Landis Homes. Rhoda has served 22 of the past 27 years as a licensed practical nurse. Throughout his tenure, Ed has created a sense of identity, community and service at Landis Homes. Under his leadership, the retirement community expanded from 200 to 650 residents, formed an active resident council, established two adult day services centers, opened a special care center for persons with memory loss and added on-campus child day care.



Rick Stiffney, President of Mennonite Health Services, recently said, "Ed embodies the spirit of a 'servant leader'. He leads through meeting the needs of, and serving others. This spirit grows out of a sense of personal identity and call to leadership. He views his work as an extension of his Christian faith."

Rhoda has provided compassionate service to residents of healthcare and assisted living. Director of Assisted Living Carolyn Williams says, "Rhoda has been invaluable to us and has often 'saved the night' with her flexibility and willingness to fill in as an LPN. Rhoda may be the last person to say she is a leader in serving, yet she also embodies the spirit of a

(40 Years, continued on page 7)

HIGHLIGHTS

Highlights of the fourth decade include:



- January 1994:** Caring Fund established to help provide benevolent care
- July 1994:** Accredited by Continuing Care Accreditation Commission
- January 1995:** Harvest View Apartments open, including bank, pharmacy and general store
- September 1997:** Heritage campaign raises \$1.2 million
- September 1998:** East Entrance renovations completed
- November 1998:** Heritage Special Care opens, including Eden East Adult Day Services
- March 2003:** Building to Serve campaign raises \$2.1 million
- September 2003:** Manheim & Oregon Healthcare and Rehab & Fitness Center opens
- March 2004:** Renovated Dogwood Commons opens, including café, gift shop and hair salon
- November 2004:** Children's Learning Center opens

Eagle Scout Project Improves Woods

This summer Jeff Yunginger, Director of the Maintenance, began thinking "outside of the box," on how to conserve the natural resources on campus. He proposed recruiting Boy Scouts to help with some conservation projects that he envisioned for enhancing the woods and improving the stream. With the help of the volunteer office, letters were sent to five Lititz area Boy Scout troop masters inviting scouts to help with the projects. Matt Dochter, a member of troop #44, was the first person to respond to the letter. He was looking for a suitable project in order to achieve the rank of Eagle Scout, the highest rank in the scouting career.

Matt already had an interest in landscaping so tackling a woods project piqued his interest and provided stimulation for transforming a wild area into an attractive space that can provide many hours of enjoyment for residents and others. The project included clearing out brush and mulching a new picnic area, a new sitting area and a new trail. He also transplanted some flowering plants to accommodate the new areas. Then he brought in recycled asphalt to put on part of a path to the picnic and wildlife area so persons with walking challenges or wheelchairs could more easily access them.

One of the most challenging aspects of the project for Matt was the time pressure under which he worked. Facing the deadline of his eighteenth birthday in early October, Matt moved quickly from writing and receiving ap-



Matt Dochter & Howard Witmer.

proval of the project to setting up a schedule of four workdays. A good turn out of volunteers, primarily from his scout troop and family, made it possible for Matt to complete the project ahead of schedule. Howard Witmer, a resident with a particular interest in enhancement of the woods, also assisted with the final step of spreading the recycled asphalt.

Matt was very pleased to have much of the material donated by area businesses including Highway Materials, Horst Tree Service and Rohrer's Quarry. This partnership with a scout troop and local businesses will hopefully produce goodwill with our neighbors in the Lancaster community.

"Seeing the finished product," said Matt, "was the best part."

Evanna Hess
Director of Volunteer Services

November Art Reception Hosts Two

The fall art show will feature two artists who use very different mediums of expression.



Lois Flickinger, left, is a quilt artist from Lititz, whose repertoire spans traditional fabrics and original designs. She has taught classes in quilting as well as led workshops on the subject. Her work includes quilts in

standard bed sizes in addition to wall hangings from miniatures to large projects. Work can also be special ordered in both fabric and design.

Jim King of Lancaster is a store designer with Ten Thousand Villages in Ephrata. A multi-media artist, his latest works are oil and chalk pastel landscapes and still lifes. Inspired by the artisans Ten Thousand Villages represents, Jim has strived to create his own look in two-dimensional and three-dimensional work.

The opening reception, on November 10, will be held in the Harvest View Lobby from 6:30 – 8:30 p.m. The show will continue through January 2005.



**Congratulations
to Adult Day
Services**

**15th
Anniversary**

Alice Shiffer releases a
confetti popper to
celebrate.

An Out of the Ordinary Student

In a clinical training class with six young women in their late teens and twenties, Ira Nolt stands out as an experienced, retired 67-year-old man. Ira is a recent graduate of the most recent certified nursing assistant class to complete coursework and a practicum at Landis Homes.

A Franklin & Marshall college graduate, Ira, had grown up in the Ephrata area and moved away in 1963 to complete his doctoral work. With a PhD in science from Cornell University, he then worked at the University of Oregon in Eugene for about 17 years, and at NASA in Hampton, VA, for the next 15 years. In 2003, Ira retired from NASA and moved back to his home area where he thought about what to do next.

Before the move, Ira and his wife had given regular, shared home care for his mother-in-law for several years before her death. He had decided during that time, he would like to get formal training someday in how to care for an incapacitated person. Because his sister Dorcas Benner happens to work as a nurse manager at Landis Homes, it seemed simple for him to sign up for and complete the nursing assistant course being offered on campus.

His former career dealt with instrumentation, about which Ira still says is of most interest to him. He would like to find out more about the technical side of medical imaging, such as PET or MRI. Learning to transfer persons who are confined to wheelchairs to other positions is one practical skill he has been taught that could possibly help him in the future, at work or in his personal life.

"I have learned many useful skills, just the information I was hoping to find," says Ira. I have also met a lot of interesting and hardworking young persons, and two very good instructors."



Ira assists Ephraim Nafziger.

A Winning Writer

It was recently announced that Kristen Selby, RN, won first place in an essay contest sponsored by the newsletter for the Pennsylvania Association of Nurse Assessment Coordinators (PANAC). On the topic, "My



Most Rewarding Experience as RNAC," Kristen's essay outlined her involvement in revising the restorative program at Landis Homes.

Kristen did her clinical training at Landis Homes and has been employed here for 8 years. She is currently a registered nurse assessment coordinator, RNAC.

It was not only a fulfilling experience,

but also resulted in a higher case mix index (CMI) for the community, which increased government reimbursements to Landis Homes. As reward, Kristen's article will be published in an upcoming newsletter and she will attend free of charge the PANAC Annual Conference in State College, PA, on June 9-10, 2005.

PANAC is a non-profit professional association representing Nurse Assessment Coordinators and others involved in resident assessment. The association provides easy access to accurate and timely information on clinical assessment, regulatory requirements, reimbursement, computer automation, research and the law in Pennsylvania.

Congratulations
to
Landis Homes
Assisted Living

Runner Up
for Two Years!!



Gifts of Appreciated Property

Cash is an excellent charitable gift but appreciated property charitable gifts offer a two-fold tax savings for the donor. At Landis Homes we treasure every gift because we know they come from caring hearts.

In the Fall 2003 issue of Horizons, we discussed real estate gifts under the heading "Gift Wrapping A Deed". This article will focus on securities such as publicly traded corporate stock or bank stock as also being a very practical charitable gift. Stock is usually held by the donor in certificate form or in a brokerage account.

If appreciated property is held long term (12 months or longer), the charitable deduction is equal to the fair market value of the property on the date the property is transferred as a charitable gift. If appreciated property is held short term (less than one year), the charitable deduction is equal to the cost basis in the property. Persons can use the appreciated property gift value and take a de-



duction for up to 30% of adjusted gross income in the year of the gift. Any excess deduction can be carried forward for up to five successful years.

No tax on capital gain is due when appreciated property is transferred, in kind, to a charitable organization prior to a sale. Therefore it would be impractical to sell appreciated property in order to generate cash to give. The charitable organization can sell the gifted property with no tax consequences.

In the Landis Homes Development Office, we are available to meet with persons who would like to discuss an appreciated property gift or other gift opportunities and help persons with gift transfers. The Development Office is located inside the main entrance of Harvest View, and at 717-509-5490.

John Buckwalter
Director of Development

Stewardship Solutions for Seniors

Long-Term Care Insurance: Is it right for you?

Consider the following facts:

- For a couple turning age 65, there is a 75% chance of one needing long-term care.¹
- Statistics show that at least 6.4 million people aged 65 or older need long-term care, with one in two persons over age 85 requiring care. At least half of the population who are 85+ will need help with Activities of Daily Living (ADLs).²
- **About 1.5 million Americans receive nursing home care each year. About 8 million receive home health care each year.**³

Long-Term Care Insurance, what is it and why is it important to me?

When an injury or illness requires a stay in a long-term care facility or at home, it can be very expensive. Health insurance or your Medicare Supplement policy will not cover most of these expenses.

Why should I have a plan? What could the consequences be if I don't?

Being unprepared for a long-term care illness can result in financial and emotional burdens that your

family may not be prepared to handle. The lasting effects can be devastating. In addition, most people want to choose who provides their care and where that care is provided, preferring not to rely on the Department of Public Welfare's Medicaid program to meet their personal care needs.

Being unprepared for a long-term care illness can result in financial and emotional burdens that your family may not be prepared to handle.

If you have questions regarding Long-Term Care Insurance, please feel free to contact me at Landis Homes extension 3866 or 581-3866 or at MMA – Sauder Financial at 717-394-0769 or 1-800-626-1190.

Eric Groff,
MMA Counselor
Stewardship Solutions for Senior

1. Wall Street Journal, October 22, 2001
2. Planning for Long-Term Care United Seniors Health Council, Washington, D.C., McGraw-Hill, NY, 2002
3. "Long-term Care Trends and Demographics: Implication of Financial Planning" Journal of Financial Service Professionals, September 2002

Sun Shines on Fellowship Day 2004

Smiling faces, bright sunshine, dedicated volunteers, eager bidders, good food and visitors of all ages made the Fellowship Day on September 11, a day to remember. There were activities for families and chicken grilling under a bright blue sky at the same time, as there was an auction, concert and market place being held under a huge white tent.

Auction activity increased, from the first gavel coming down just after 9 a.m. and continued several hours into the afternoon. Some of the highlights of the auction were a Hershey heirloom quilt which sold for \$1300, an appliqué rose sampler quilt for \$1100, a handcrafted jelly cupboard which sold for \$400 and a Penn State football weekend gift basket which brought in \$500. The auction raised more than \$53,000 for the Caring Fund, part of the benevolent program at Landis Homes.

The silent auction offered a number of gift certificates and handmade items including original works of art and handcrafted furniture. Additional fundraising activities were a flea market, a yard sale and angel food cakes baked on site.

Other highlights of the day were the activities for children. These included a Castle bounce, a barrel train ride, miniature horses for petting and face painting. In addition, there were wagon rides throughout the campus with a guide giving the history of the surrounding farms of the Landis Valley.

The Auxiliary sponsored the chicken barbecue dinners that were served outdoors and were also available for takeout most of the day. Proceeds from the barbecue dinners and bake sale, totaling over \$13,000, will be used for a special project in the coming year to benefit all residents.



Harold Stauffer enjoys the miniature ponies.



Jacob Stahl drives antique tractor for historic wagon rides.



The barrel train is driven by John Wenger.



The Castle Bounce is a hit with young families.

School Days Revisited



On an early day in the fall, residents participated in a program of remembering and reliving some school day activities. Pictured with their apples were some of the teachers in the audience. Front row: Anna Lois Charles, Ethel Brendle, Vivian Denlinger, Alta Weaver, Betty Zook. Second row: Rhoda King, Lois Witmer, Ruth Balmer, Laura Kurtz, Mahlon Hess, Sadie Yost. Third row: Jean Thomas, Bertha Miller, Grace Wenger, Melville Nafziger. Fourth row: Martha Stahl, Miriam Nolt, Ada Nancy Smoker.

40 Years, continued from page 2

'servant leader.' Rhoda sincerely respects and appreciates all persons, holding each person as important, if not more important, than herself."

Ed and Rhoda go above and beyond the mere call to service. They bicycled across the country, on two occasions, to help raise funds for improving the healthcare environments. In 1997, Ed and Rhoda completed a 3,200-mile bike trip from Seattle, Washington, to Rehoboth Beach, Delaware. In 2002 they rode a tandem bike 2,500 miles from Bar Harbor, Maine, to Sarasota, Florida. The combined trips raised nearly \$200,000 to help provide more dignity and privacy to residents of healthcare.

Distinguishing characteristics, which both Ed and Rhoda share, are humility, humor and deep-rooted faith that they live out daily in relationships with others. "Serving One Another" is not just a tagline to Ed and Rhoda, it is a way of living.

Calendar of Events

Nov. 10	TUE	WED	Dec. 12	THUR	FRI	SAT
Artists Reception Quilt Art by Lois Flickinger Pastels by Jim King 6:30-8:30 p.m. Harvest View		3	Advent Communion East & West Bethany Chapels 10:00 a.m.	4		6
Nov. 11 Open House Children's Learning Center 4:00-7:00 p.m.	9	10	Jan. 25-28 Renewal Meetings West Bethany Chapel Speaker: James Martin 7:00 p.m.	11		13
Nov. 14 Open House Children's Learning Center 1:00-3:00 p.m.	14	15	Feb. 3 Artists Reception Art by Landis Homes Residents and Staff 6:30-8:30 p.m. Harvest View (snow date: 2/10/05)	16	17	20
Nov. 24 Thanksgiving Service West Bethany 7:00 p.m.	16	17	Feb. 8 Valentine Hymn Sing Sponsored by Landis Homes Auxiliary 6:45 p.m. East Bethany Chapel 7:00 p.m. West Bethany Chapel	18	19	20
Nov. 25 Thanksgiving Service East Bethany 10:00 a.m.	23	24		25	26	27
Dec. 2 Staff & Board Christmas Banquet Yoder's Restaurant 6:00 p.m.	28	29				
Dec. 6 Christmas Decorating Evening East Campus 6:00 p.m. families and friends invited	3	4				

For other items, check out the Events Calendar at www.landishomes.org



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Children's Learning Center



at **Landis
Homes**

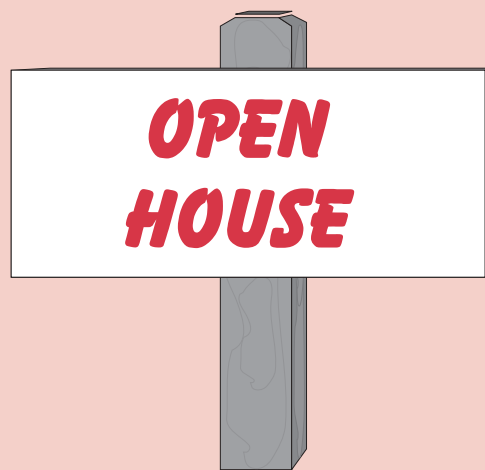
Operated by Hildebrandt Learning Centers

**First Day of Operation:
November 1, 2004**

**For more information,
call 717-509-5400**

**Or visit
www.landishomes.org**

Jo Ann Pringle
Center Director



**Thursday, November 11th
4:00 – 7:00 p.m.**

**Sunday, November 14th
1:00 – 3:00 p.m.**