Cooper Completes 35 Years

Barb Cooper, Landis Homes Director of Staff Development and Quality Assurance, has completed 35 years of employment. She was honored along with 66 other staff persons at the annual staff banquet in early December.

(For a listing of the other staff persons honored, see article on page 7.)

Barb was hired in 1969 as a staff nurse in what was at that time a small, rural retirement community, which had opened five years earlier. There were only a few buildings on campus and a newly completed nursing wing with 49 beds. The first administrator and now resident, George Leaman, hired Barb, who was a newlywed and young nurse. Barb and her husband had just moved to Lancaster County from Pittsburgh.

Over the years Barb in addition to serving in a traditional nurse position has also held the roles of Assistant Director of Nursing, Director of Nursing, Shift Supervisor and Nurse Aide training instructor. In 1979, she took off for a year to be at home with her newborn daughter, and returned to only part-time work for the next number of years. When her daughter started school, Barb was able to return to fulltime work.

“There has been a lot of variety in my job duties, which I like. I have always had new challenges daily,” says Barb.

“I have seen a lot of changes over the years,” she went on to say. “The experiences have been a blessing and an enrichment in my life.”

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In early November 2004, Landis Homes was blessed by the birth of the new Children’s Learning Center! During the week before Christmas, children from the center, with Christmas lights sparkling in their eyes, participated in their first intergenerational activity with residents. I was reminded that week of Mary, who two thousand years ago lifted her voice in praise in anticipation of the birth of Jesus, “My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me and holy is his name. His mercy is for those who fear him, from generation to generation.”

Just as Mary rejoiced, when the Children’s Learning Center was “born”, many in the Landis Homes community rejoiced as well. Offering child care on campus for children of staff and those of the surrounding community, as well as providing the opportunity for increased intergenerational interaction among residents and children, has been a dream of many for more than ten years.

Healthcare staff leadership had suggested the benefits that would be afforded to staff who are parents of young children to enable their children to be nearby. Board leadership encouraged more opportunities for intergenerational interaction and specifically included it in a November 2002 Strategic Plan for the following three years. We also experienced a special gift in partnering with Hildebrandt Learning Centers who is operating the Children’s Learning Center!

Though the Children’s Learning Center is now about three months old, the sparkle in the eyes of the children remains (and in the eyes of staff who are parents!). Over 250 residents also saw the sparkle of the new Children’s Learning Center during open houses in November, and I often heard the comment, “Wouldn’t it have been fun to have something like this when we were young!”

Our culture of “Serving One Another” has expanded across generational lines, “from generation to generation”, and we are grateful for God’s mercies as we enter this new chapter in the life of Landis Homes. Like Mary, we celebrate, we rejoice, and we invite you to share the news of this new option for childcare with family and friends. There are still numerous openings, though we anticipate that we may reach full enrollment by late 2005. Your help in spreading the word is appreciated!

Larry Zook
Vice President of Resources
Health Fair is Inspiring

A Health and Wellness Fair was held on campus in the fall with the theme, “Balancing Life in the Midst of Change.” The focus of the day’s events centered on emotional and spiritual wellness and the positive impact it can have on one’s overall well-being. The day included fitness demonstrations, health displays, speakers and refreshments.

Health consultants were available from 11:00 am – 3:00 pm with displays of their services as well as wellness checks. Services available on site included blood pressure checks, glaucoma screenings, reflexology massage and other displays on healthy living. In addition to the more than 20 area vendors and health care providers exhibits, were demonstrations of fitness equipment.

Bonnie Zink, RN, M.Ed., nurse educator presented the opening session “I’m Stressed, What Can I Do About It?” Bonnie gave examples of stress relief that varied from daily exercise and good eating habits to regular prayer time and other activities that feed the spirit.

Kevin Kabakjian a local teacher, inspirational speaker and juggler provided the closing session on the topic, “The Bible Through a Juggler’s Eyes.” Using his skills as juggler and speaker, Kevin provided inspiration and new insights for healthy living.

Over 200 persons attended the fair, including residents, staff and persons on the prospective list. Numerous door prizes were awarded at the afternoon session including gift certificates to local businesses, a fruit basket and a floral arrangement.

On behalf of the Health and Wellness committee Director of Residential Living Beth McGovern commented, “the fair was exciting to plan and it was especially wonderful to see it come together and provide the information and inspiration for which we had hoped.”

Support Groups Meet

**Memory Loss Support Group** meets the last Tuesday of each month except in December at 7:00 p.m. in the Warwick Room of The Heritage. The February 22 meeting will discuss the topic “The Social Worker’s Role for Persons with Dementia” with Vanessa King Boyer, BSW.

The group organized for education and support meets under the auspices of the Alzheimer’s Association, South Central PA Regional Office. It is free and open to the public. Respite care is available on site with a prior 24-hour request. For more information call 717-581-3939.

**Parkinson’s Support Group** meets the third Monday of each month from March through November at 2:00 p.m. in the Westview Community Room. Persons with Parkinson’s disease and their caregivers are welcome to attend for education and support.

The first meeting of 2005 will be held on March 21. The meeting will feature Ellen Weekes a case-worker from the Lancaster County Office of the Aging on the topic, “Services and Benefits for the Older Adult.” For more information call 717-509-5494.
Two new directors were recently named. Sue Shirk has become the new Director of Volunteer Services and Evanna Hess has accepted the position of Director of Assisted Living.

Sue has been working most recently at MTS Travel as an international travel consultant, and in 2003 coordinated travel arrangements for Mennonite World Conference, which was held in Zimbabwe, Africa. Prior to working at MTS Travel, she worked at Mennonite Central Committee as Director of Administrative Services from 1988-2002.

Sue is a graduate of Marywood University, Scranton, PA, with a Masters of Social Work, and of Eastern Mennonite University with a baccalaureate in Social Work. Sue, who lives in Lancaster, is a member of East Chestnut Street Mennonite Church. In her spare time, she enjoys international travel, square dancing and going to auctions.

Evanna served as Director of Volunteer Services for the past 7 months and has held several positions at Landis Homes over the years. In 1989, she was the program developer and director for the first Adult Day Services center at Landis Homes. She is a registered nurse and has experience as a nursing supervisor at Landis Homes as well as other locations. She also has prior working experience with the Office of Aging in two states, one as Ombudsman and another as Attendant Care Supervisor.

Evanna is a graduate of Lancaster General Hospital School of Nursing with a diploma in nursing and Eastern Mennonite University with a B.S. in Management and Organizational Development. She and her husband Dan completed a tour of service with Mennonite Central Committee in Russia, Albania and Serbia from 1997-2000. The Hess’s have two adult children and attend Forest Hills Mennonite Church.

“This is a totally new venture for me, but one to which I am very much looking forward,” says Evanna.
We are sincerely thankful to those listed below who have given a tribute to a loved one either as a Memorial or Honorary gift. We apologize if there are misspellings or omissions on this list.

To contact the Development Office, call (717) 509-5490.

To Quilters in various groupings gather all year to work on quilts for the annual auction to be held on September 10, 2005. All proceeds benefit the Caring Fund. Shown left to right are, Katherine Hershey, Rhoda King, Miriam Witmer, Martha Bartel, Ruth Mellinger and Rebecca Herr working on a quilt called “Kaleidoscope” for the auction on September 10.
Gift in Honor Of

ANNA BALLY
Michael & Joan Montgomery

PAUL & VERN BRUBAKER’S 65TH ANNIVERSARY
Kenneth & Pam Brubaker
Friends of Paul & Verna
Kathryn N. Hess
Theodore & Anna Mae Hollinger
Harry & Dorothy Musser
David & Dawn Weaver

MARTHA N. CHARLES
John N. Snader
Nevin & Marian Snader

HOWARD & NORA ERB
Kevin & Richelle Kegarise

JOHN & LEANE GROFF’S 50TH WEDDING ANNIVERSARY
Curvin & Lois Buchen

FLORENCE HAMEL
Jim & Ginger Baum

Resident Satisfaction Survey 2004
Conducted by Holleran

Check out the summary of the affirmative results on our web site:

www.landishomes.org

or the full report in any of Landis Homes campus libraries.

Landis Homes Memorial/Honor Gift

I/We would like to help build the Caring Fund by contributing:

☐ $50  ☐ $100  ☐ $250  ☐ Other ______

In Memory of

☐ Honor of

______________________________

Donor Name

______________________________

Address

______________________________

City/State/Zip

Mail to: Landis Homes Gift Development Office, 1001 East Oregon Road, Lititz, PA 17543

Leaves of a Lifetime

Landis Homes is pleased to be a participating member of Leave a Legacy—Lancaster County.
Annual Staff Recognition For 2004

Joy was the theme of the evening for the annual employee banquet held at Yoder’s Restaurant on December 2. We enjoyed a delicious meal and time of fellowship followed by a joyous celebration of the many persons who serve and help enhance the quality of life at Landis Homes. Sixty-six employees were recognized as we had some fun guessing who was who while enjoying pictures of each person in their childhood years. Listed are the staff who were given special recognition this year, listed by years of service. We are blessed to have many faithful and dedicated staff who are committed to joyfully serving others.

by Allen Heinly
Director of Human Relations

Staff Service Awards 2004

35 Years
Barb Cooper Health Services Administrator

25 Years
Ella Burkholder Laundry
Pearl Goshert Assisted Living
Elaine Hollinger Eden West
Elsie Leininger Laundry

20 Years
Don Good Pastoral Care
Barbara Martin Dining Services
Esther Zimmerman Dining Services

15 Years
Becky Bollinger Eden West
Vanessa Boyer Social Services
Barb Heller Healthcare
Mary Ann Hershey Laundry
Etta Horst Housekeeping
Ruth Lapp Assisted Living
Dave Lefever Maintenance
Annabel Martin Dining Services
Mae Weaver Healthcare

10 Years
Jim Bailey Maintenance
Mary Ellen Barge Assisted Living
Dori Bottrel Activities
Tennille Bradley Assisted Living
Jean Eby Assisted Living
Mary Ann High Laundry
Alma Horning Dining Services
Sue Kennedy Resident Support Services
Ada Landis Dining Services
Angie Lohr Community Relations
Esther Martin Healthcare
Linda Martin Dining Services
Rosene Martin Heritage Healthcare
Elaine Miller Health Services Admin
Ann Nolt Dining Services
Jim Oberholtzer Housekeeping
Jeannine Perry Healthcare
Daphne Saks Activities
Twila Sauder Activities
Larry Zook Administration

5 Years
Fran Allwein Administration
Pat Bender Dining Services
Dorcas Benner Healthcare
Pam Brubaker Social Services
Carol Gehman Healthcare
Dottie Good Heritage Healthcare
Mike Gross Maintenance
Greg Henning Dining Services
Audrey Hollinger Heritage Healthcare
Ruth Hoover Heritage Healthcare
Janet Kauffman Dining Services
Richelle Kegarise Finance
Adeline King Administration
Katie King Assisted Living
Anna Martin Eden West
Anna Martin Healthcare
Irene McCoy Assisted Living
Glenn Metzler Pastoral Care
Ruth Nolt Housekeeping
Debbie Paulus Assisted Living
Debbie Rohrer Heritage Healthcare
Wilamena Rosa Eden East
Lydia Rutt Dining Services
Sandy Smoker Human Resources
Kathy Smucker Eden West
Carolyn Snyder Healthcare
Mary Strohm Assisted Living
Wanda Wolfe Assisted Living
Joanna Yunginger Healthcare
Medicare has made a few changes. Again this year, the items that affect most people are the deductible amounts. Medicare Part A (Hospital Insurance which pays for inpatient hospital, skilled nursing facility, and some home health care) deductible has increased to $912.00 per benefit period. Medicare Part B (Medical Insurance which covers Medicare eligible physician services, outpatient hospital services, certain home health services, durable medical equipment) deductible has increased to $110.00 per year.

The good news is that most Medicare Supplement plans will cover the Part A deductible and will adjust to the new Medicare limits automatically. However, don’t be fooled by Medicare’s Skilled Nursing Facility Coinsurance (which is now $114.00 per day for days 21 through 100 each benefit period). There are criterion that must be met for Medicare to pay including a three-day hospital stay. Most people still need to supplement Medicare with Long Term Care (LTC) Insurance.

It is important to think about LTC insurance before reaching Medicare age. The younger you are, the lower your premiums will be and the less likely you will have medical conditions that may make you ineligible for any coverage. If you have questions about LTC insurance, I am available to meet with you and discuss your options.

Should you have any questions about LTC insurance, Medicare Supplement, or Health Insurance please contact me at Landis Homes at 581-3866 or at MMA – Sauder Financial at 394-0769. I would be happy to meet with you.

Eric Groff, MMA Counselor
Stewardship Solutions for Seniors

Certificates of Deposit
by Bank of Lancaster County

A certificate of deposit (CD) is a smart way to put your money to work in an insured investment that also gives you a high return. The CD rate is subject to market conditions, but once purchased, the rate for your CD is guaranteed until the date of maturity. In addition, they are FDIC insured.

If you have any other questions about our CDs, give Bonnie Kauffman a call at 717-735-5021 or stop in to see her at the Landis Homes branch. Come check out our competitive rates!

Special features of our CDS include:

- Maturity lengths that vary from 3 to 60 months
- Interest compounded daily on CDs with a maturity of 12 months or longer
- $500 minimum when purchasing a CD with a term of 12 months or longer
- Earnings may be reinvested into your original CD or you may receive the interest earned from your CD by check or direct deposit into your Bank of Lancaster County checking or savings account.

Stewardship Solutions for Seniors
Medicare in 2005

Eric Groff

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Stewardship Solutions for Seniors
Medicare in 2005

Eric Groff

Eric Groff, MMA Counselor
Stewardship Solutions for Seniors
Serving by Sharing

Management staff frequently serves others working in retirement community settings by sharing some practices learned at Landis Homes. Some of the opportunities to share best practices in 2004 are listed below:

- "The Value of Values" presented by Ed Longenecker at The Lancaster Chamber of Commerce Business Excellence Roundtable on February 11.
- “Best Places to Work in PA – How Landis Homes Ranked #1” presented by Allen Heinly, Director of Human Resources; Ethel Caldwell, Administrator of Healthcare; Linford Good, Vice President of Planning & Marketing and Larry Zook, Vice President of Resources at PANPHA annual meeting in Hershey on June 17.
- “Approaching Technological Success Catastrophes” presented by Larry Zook, Vice President of Resources and Carl Ginder, Messiah Village at Anabaptist Provider Group Members CEO Meeting in Lititz on September 10.
- “Reinventions: This is Not You’re your Grandmother’s Nursing Home” presented by Linford Good, Vice President of Planning & Marketing; Gregg Scott, RLPS Architects and Doug Tweddle, Foulkeways at AAHSA annual meeting in Nashville on October 26.

Linford and Gregg will again present “This is Not Your Grandmother’s Nursing Home” at Mennonite Health Assembly in Orlando on March 11 & 12, 2005.
## Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time, Location</th>
</tr>
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<tbody>
<tr>
<td>Feb. 3</td>
<td>Artists Reception</td>
<td>6:30-8:30 p.m., Harvest View</td>
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<td></td>
<td>Art by Landis Homes Residents &amp; Staff</td>
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<td>(snow date: 2/10/05)</td>
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<tr>
<td>Feb 8</td>
<td>Valentine Hymn Sing</td>
<td>6:45 p.m. – East Bethany Chapel, 7:00 p.m. –</td>
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<td>Sponsored by Landis Homes Auxiliary</td>
<td>West Bethany Chapel</td>
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<tr>
<td>Feb 14</td>
<td>Wedding Memories Program</td>
<td>10:00 a.m., East Bethany Chapel</td>
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<tr>
<td>Mar 4</td>
<td>World Day of Prayer</td>
<td>10:00 a.m., West Bethany Chapel</td>
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<tr>
<td>Mar 10</td>
<td>Talent Show</td>
<td>Sponsored by Fun &amp; Fellowship Committee</td>
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<tr>
<td></td>
<td>7:00 p.m.</td>
<td>West Bethany Chapel</td>
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<tr>
<td>Mar 21</td>
<td>Parkinson’s Support Group</td>
<td>7:00 p.m. West Bethany Chapel</td>
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<td></td>
<td>First meeting of 2005</td>
<td>2:00 p.m. Westview Community Room</td>
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<tr>
<td></td>
<td>For information: 717-509-5494</td>
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<tr>
<td>Mar 24</td>
<td>Maundy Thursday Communion Service</td>
<td>7:00 p.m. West Bethany Chapel</td>
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<tr>
<td>Mar 25</td>
<td>Good Friday Communion Service</td>
<td>10:00 a.m. East Bethany Chapel</td>
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<tr>
<td>Apr 16</td>
<td>Volunteer Appreciation Banquet</td>
<td>12:00 noon Yoder’s Restaurant, New Holland</td>
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<tr>
<td>Apr 27</td>
<td>Lancaster AARP Chorus Concert</td>
<td>2:00 p.m. East Bethany Chapel</td>
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<tr>
<td>Jun 3</td>
<td>Benefit Golf Tournament</td>
<td>Foxchase Golf Club Morning &amp; afternoon rounds</td>
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<tr>
<td>Jun 11</td>
<td>Spring Farm Day</td>
<td>Farm animals, displays, food 11:30 a.m. – 3:00 p.m.</td>
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</tbody>
</table>

For other items, check out the Events Calendar at [www.landishomes.org](http://www.landishomes.org)