How did this start? What was the impetus?

In late 2008 Compass Group, the parent company of Morrison Senior Living which manages Dining Services at Landis Homes, initiated the 360 Degree Sustainable Excellence Program of Corporate Social Responsibility. That program’s core philosophy is to “achieve commercial success in a way that honors ethical values and respects people, communities and the natural environment.”

What are the new things you are doing to protect the environment?

Our basic philosophy is “Reduce, Re-use, Recycle.”

We have reduced the use of all paper and plastics throughout the community. Catered events are now served using over 80% re-usable china or compostable materials.

Hot and cold cups in all Cafes are 100% compostable as of April 2010.

We have installed a low-flow water system in our pre-wash area of the dishroom which reduces our water usage at this “station” by approximately 70%.

Since 2008, we have increased recycling of cardboard, bi-metal and aluminum cans, and plastics from near zero to over 40 cubic yards weekly.

Our “Trim Trax” program currently captures organic waste that is transported to a Landis Homes composting site. This program will be increased this year to incorporate more pre-and post consumer waste and co-mingled with other compost-ables through a local company which can also accept fats and proteins that are not normally mixed in standard composting programs. Even the bags used to accumulate the waste will be 100% compostable.

Children’s Center Gets High Marks

The Children’s Learning Center at Landis Homes recently attained its STAR Four designation, the highest ranking by the commonwealth’s Keystone Stars Program. Lancaster County has over 150 early learning centers and only 25 of them have this ranking.

“It has been a tremendous amount of work for all of us, and reaching a STAR 4 level makes us feel that we

Continued on Page 6

Mark your Calendar!!

Fellowship Day at Landis Homes
September 11, 2010
Benefit Auction & Chicken BBQ
Fun, Food and Friends
www.landishomes.org

Dining Supervisor Jay Nonnemocher and Chef Jeff Deibler prior to the Vegan Bistro event on Earth Day in April.

Continued on Page 6
At Landis Homes we seek to support the dignity, respect, self-determination and purposeful living choices of residents. In late 2004 we joined the national “Person Centered Care” movement which is leading to transformation of older adult services.

The focus of this movement, resident choice, is aligned with our history and experience at Landis Homes, and is another step in our journey to fulfill our mission of “serving aging adults and their families by honoring and enriching their lives in a community of Christ-like love.”

Over the past five years we have been deepening our understanding and expression of how we honor and enrich the lives of older adults. At Landis Homes we recently chose “Honoring Lives” as the new name for the person centered care initiative. (For a fuller explanation see the Honoring Lives sidebar on page 3.)

Households are at the core of balancing resident choice, dignity and expectations with those of the various team members. Honoring Lives also focuses on enhancing relationships within and between departments while improving communication among residents, families, volunteers, team members and all involved.

The initial pilot site in household formation was Ephrata House in healthcare. Residents and team members, under the direction of mentors, used creative ideas to build relationships in the household. Learning circles were used so that everyone could offer input into areas of mutual concern and interest. One simple example that resulted was the start of breakfast being made to order each day with special resident-choice requests honored.

Household formation is now progressing to other houses. Several months ago, a resident who lives in Manheim House expressed her affection for horses. The next day responsive staff and a close neighbor who owns miniature horses worked together to actually bring one named “Spring” into the resident’s room for a visit to the enjoyment of many. This type of story plays itself out in many beautiful ways throughout Landis Homes each day, as it has over the past 46 years of serving aging adults and their families by honoring and enriching their lives.

Personally I’m very excited about how these efforts correlate closely with our mission at Landis Homes, and align with our guiding values of Joy, Compassion, Integrity, Stewardship and Community. Thank you to all who are carrying out our mission of honoring lives as motivated by Christ’s love!

Zook Joins Hospice

Hospice of Lancaster County has appointed seven new members in 2010, to the Board of Directors including Larry Zook. He began the first 3-year term, of a possible three terms.

Hospice of Lancaster County provides hospice care to more than 450 patients and their families each day. Find our more at www.hospiceoflancaster.org.
Volunteers Celebrate Stewardship

By Sue Shirk, Director of Volunteer Services

The annual Volunteer Appreciation banquet was held Saturday, April 17 at Yoder’s Restaurant. Following a tradition of several years, the banquet theme focused on a Landis Homes guiding value. This year’s chosen value was stewardship, defined by Landis Homes as “devoting ourselves to faithful and responsible use of resources entrusted to our care, upholding high standards of performance and quality, striving for excellence, and serving beyond expectations.”

Landis Homes board member James R. Martin, Lancaster Mennonite Conference Minister of Stewardship, was the featured speaker with his remarks focused on “Will You Let Me Be Your Servant?” James noted “giving can be anonymous but sharing implies relationship.” He encouraged everyone to “learn how to receive gratefully, share generously, manage faithfully, and live trustfully.”

The volunteer services hours recorded in 2009 were announced. The 473 volunteers (299 residents and 174 non-residents) served 45,618 hours for Landis Homes. Residents volunteered an additional 10,310 hours in local communities. Following another tradition, a tree will be planted on campus to recognize the significant contributions by volunteers.

New Homes on the Rise

Photo at top right shows the garage level of hybrid homes, which will be ready for occupancy in October 2010. Photo on the bottom right shows cottage homes under construction, which will be ready for move-ins from June to August 2010.

Of the 48 new homes to be ready this year, 60% are reserved. There is still opportunity to reserve a home for occupancy in the fall of this year. Contact Donna Shank at 717-581-3935 to learn more. This is a LEED (Leadership in Energy and Environmental Design) registered project.

Honoring Lives

Serving Together • Building Relationships • Enriching Life

The Landis Homes “Honoring Lives” initiative is . . .

Serving together
• Partnership among residents, clients, families, staff, volunteers and others
• Involvement and empowerment of each person
• Balancing individual and community needs

Building Relationships
• Genuine respect for each person
• Embracing diversity and unique life experiences
• Creating an atmosphere of community . . . a place to belong

Enriching Life
• Providing opportunities to grow, learn and discover
• Supporting choice
• Nurturing the body, mind and spirit

Honoring Lives requires ongoing flexibility, adaptability, spontaneity, dialogue and an openness to change. In the development of households/neighborhoods, it is represented by a shift to a community that is less institutional and more home-like.

James R. Martin
National Accreditation Renewed
By Eva Bering, Vice President of Operations

The Continuing Care Accreditation Commission (CARF-CCAC) announced in March that Landis Homes is accredited for a five-year period, extending through April 2015.

Brian Boon, President of CCAC stated “this accreditation is an indication of Landis Homes’ dedication and commitment to improving the quality of the lives of the persons served. Services, personnel and documentation clearly indicate an established pattern of conformance to the standards.”

A particular area of exemplary conformance mentioned is the certification of Leadership in Energy and Environmental Design (LEED) for the new building expansion of hybrid homes employing sustainable design strategies including geothermal heating and cooling and rainwater harvesting.

Other areas of strength noted in the report were the Star Comforter program, which provides support in the terminal phase of life through trained volunteers; the forward thinking and strategic planning of the board; the progressive leadership of the organization placing residents first through environment and culture; the strong volunteer program, and the living out of the mission by staff on a daily basis.

In order to maintain its five year accreditation, Landis Homes is required to submit annual reports to the CCAC that demonstrate continued conformance to the standards. Landis Homes was initially accredited in 1994, and reaccredited in 1999, 2005 and now in 2010.

The year long preparation for the survey began in April 2009 with the appointment of a steering committee, led by Susan Paul, Director for Personal Care who served as accreditation coordinator. Work groups comprised of residents, board members, and team members were responsible for assessing compliance to the various standards.

The areas covered in the work groups included leadership, governance, strategic planning, risk management, persons served, resident rights, health and safety, finance, technology and performance improvement. A self assessment report was submitted to CCAC in late 2009 with an on site survey conducted in February 2010.

CCAC is an independent accrediting commission. They offer consumers a reliable means of identifying those retirement communities that effectively carry out their mission and meet prescribed standards. Since accreditation is voluntary, Landis Homes chooses to continue as a way of maintaining excellence and person centered quality service.

“IT was my privilege to serve with the Steering Committee to update Landis Homes’ application for continuing accreditation with CCAC.

Landis Homes recognizes input from residents as a continuing commitment to excellence. As residents we do not merely accept management recommendations, but we are urged to participate in all phases of Landis Homes’ operations.”

Hank Kadel, resident and CCAC work group member

Remember, Honor, Celebrate: Being Community Together
By Alonna Gautsche Sprunger
Director of Gift Planning Services

We describe our life together, residents, families, staff, friends and colleagues, as a community. We say it in the Landis Homes Mission Statement—the ministry of Landis Homes is to serve aging adults and their families by honoring and enriching their lives in a community of Christ-like love. We uphold community as one of Landis Homes Guiding Values.

Community was practiced during the February 2010 blizzard. Seventy-five team members, along with two of our neighbors stranded on the road, were housed at Landis Homes in a variety of accommodations overnight. Some residents took team members “under their wings” and offered to share their extra bedrooms and provided companionship during the evening. Other residents said thank you by sharing donuts with those who worked to clear mounds of snow or helped to fold extra sheets that were used during the blizzard.

“We live together, encourage each other, share and help each other—just as simple as opening a jar for another ... it is living among friends,” says resident Winifred Green in explaining what being community here means to her.

Carl Zimmerman, maintenance staff says, “We look out for each other, help each other out. I hear this all the time and I see it practiced, often.”

“Community here means we rejoice with those who rejoice and mourn with those who mourn,” said a resident family member.

As we leave the snow behind and enter into spring, Mothers and
At different times in our lives we go through intentional processes of downsizing. It may be precipitated by an empty nest, changing needs, retirement or just wanting to simplify life and responsibilities. Whatever the reason for downsizing real estate holdings, there are many tax implications to consider. Downsizing also provides an opportunity to bless others. The following are true stories with the names changed.

Sale of Personal Residence
When Leroy and Lena decided to sell their place of residence as a part of moving to Landis Homes they were delighted to know they could use their applicable tax exclusion on capital gains tax because the property was their primary residence. Leroy and Lena decided to share several charitable gifts with Landis Homes over the next three years as a tithe of their sale proceeds. Later the couple established a Charitable Gift Annuity which provides them with a lifetime fixed income stream and applicable tax deduction. The gift residue will eventually benefit the Caring Fund and the Caring Endowment Fund.

Sale of Investment Property
Or consider this story of some loyal friends of Landis Homes. I’ll call them Sam and Sue who owned an investment property which they no longer needed in the course of their business. They were contemplating a sale of this highly appreciated asset but before going ahead, they considered the advantages and opportunities of a charitable dimension in this transaction.

Rather than paying a substantial amount of tax on capital gain at the sale of the property, a new deed was written and the property was transferred to a Charitable Remainder Trust. This transaction can be thought of as “gift wrapping” a deed.

By deeding the property into the trust prior to signing any option or sale agreements, tax on capital gain was legally avoided. Mennonite Foundation, as trustee, sold the property without a tax obligation. In addition, Sam and Sue were entitled to a charitable income tax deduction, represented as a percentage of the fair market value of the real estate.

This couple enjoyed an annual income stream of 5 percent of the trust value through their retirement years. After their deaths, Landis Homes gratefully received a major portion of the trust residue for the Caring Endowment Fund.

Sam and Sue deeded a 100% interest in their land to the Trust. However persons can deed an undivided fractional interest without involving subdivision. Various types of real estate such as farm land, vacation properties, woodland or others represent special gifting opportunities.

For more information on the above or other gift opportunities, contact Gift Planning Services at 717-509-5490.
Dining Services Going Green, Continued from Page 1

What changes have you made to your purchasing practices?

Since 2008 we have been purchasing Sustainable Seafood which meets the standards recommended by the Monterrey Bay Aquarium Foundation’s Seafood Watch Program. In 2009 the Compass Group moved over 2 million pounds of seafood purchasing from the endangered or threatened varieties to sustainable seafood choices.

While we have always had a focus on local produce (and even purchase many items from Harvest View Farms next door), we also now Buy Local produce from a local distributor, Kegel’s Produce, that offers the best seasonal produce from surrounding farms without Landis Homes contracting directly with numerous local growers.

The Dining Services Department will initiate an Herb Garden Program this spring to provide our kitchens with fresh herbs grown on site.

Working with the Life Enrichment Department, Dining is promoting vegetable gardens on campus and in courtyards to encourage residents in all areas of the campus to participate (and simply enjoy watching grow, watering and/or tasting)in our Growing Green program.

We support the Flexitarian concept of going meatless one day a week as a health benefit for both people and the environment. We also are serving more Vegetarian meals and sponsored an evening dinner of all Vegan fare on Earth Day this year. Salad bars are being expanded to include whole grains and a variety of lettuces and spring greens.

In other purchasing strategies: we only purchase pasteurized, cage-free shell eggs; our produce must be grown pesticide free; all oils are trans fat free, as are our salad dressings and most of our prepared food products; the poultry we purchase is raised without the use of human antibiotics (rBGH) and our milk is hormone-free.

Do you have any closing comments?

From a personal perspective, I simply feel, as a steward of this beautiful earth that God has provided for us and the director of a large department within Landis Homes, I am grateful to be part of a program that is doing a lot more to reduce our carbon footprint, support our local agriculture, and to encourage waste reduction, recycling and composting. I see it as an ongoing journey.

Children’s Center Gets High Marks, Continued from Page 1

offer the children enrolled at the Center the best quality of learning experience,” according to Center Director Jo Ann Pringle who has lead the program since its opening in November 2004. “Both Hildebrandt Learning Centers and Landis Homes share the same type of commitment, passion and dedication in providing the best possible care for both children and older adults.”

The eligibility requirements for the STAR Four program require an increase in professional development and training hours for center staff. Two-thirds of employees must have either completed or be enrolled in programs leading to credentials or degrees in the field, and they must also engage in parental and community involvement and meet other requirements.

The Children’s Learning Center provides services for about 50 children daily from infants to preschoolers in their year round program. They are enrolling now for the Summer Adventure day camp for children in grades K-6 which runs June to August. For more information call 717-509-5400.

Landis at Home Licensed!

In December 2009, regulations were passed in Pennsylvania requiring Home Care agencies to apply for licensure. Landis at Home submitted their application and received their Home Care License from the Department of Health in March 2010.

If you live at Landis Homes or within a 15 mile radius of the Landis Homes campus, Landis at Home is available to serve you where you live. Choose personal care or support services like housekeeping, laundry, companionship or transportation.

Call Landis at Home at (717)509-5800 for more information.
### Calendar - Spring 2010

**May 5**  
“Presidents & Their First Ladies”  
Sponsored by PNC Bank  
West Bethany Chapel  
2:00 pm

**May 6**  
Northern Lancaster County Senior Expo  
Overlook Activity Center  
Visit Landis Homes booth  
9:00 a.m. – 2:30 p.m.

**May 11**  
Artist Reception  
Watercolors  
Linda Wohlberg  
Harvest View Galleries  
6:30 – 8:30 p.m.

**May 13**  
Ascension Day Service  
9:00 a.m. - West Bethany  
10:15 a.m. - East Bethany

**May 13**  
Book Signing “Shalom: Beyond Retirement and Death”  
Milo D. Stahl  
10:30 a.m.  
Westview Community Room

**May 16**  
Service of Remembrance  
2:00 p.m.  
West Bethany Chapel

**May 17**  
Parkinson’s Support Group Meeting  
“Dealing with Parkinson’s: A Doctor’s Perspective”  
Xuemei Huang, M.D., Neurologist  
Hershey Medical Center  
Westview Community Room  
2:00 p.m.  
Information at 717-509-5494

**May 25**  
Memory Loss Support Group  
“Helping Skills for your Loved One with Dementia”  
Alison Sprankle, B.S.  
Training Specialist, Good News Consulting, Inc.  
Warwick Room of The Heritage  
7:00 p.m.  
Information at 717-581-3939

**June 1**  
Hershey Senior Expo  
Hershey Lodge & Convention Center  
Visit Landis Homes booth  
9:00 a.m. – 2:30 p.m.

**June 4**  
Benefit Golf Tournament  
Foxchase Golf Club  
Morning & afternoon rounds  
Information at 717-509-5490

**June 7**  
Lancaster Senior Games  
F&M College  
Visit our display  
7:30 a.m. – 12:30 p.m.

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**May Art Reception to Feature Watercolors**

Linda Wohlberg will bring her latest watercolors to share with residents and the public at large. Linda, a graduate of the University of Kentucky College of Fine Arts, has been painting the beautiful native plants of the Appalachians for over 30 years.

Recently she has been inspired to create original painted “quilts,” which are pieced together in a variety of ways, such as, woven paper and also dimensional mats. All Linda’s works are original watercolor creations, using the finest pigments on archival 100% rag Bristol board.

Linda resides in Neffsville with her husband and two sons. She works in the Landis Homes Dining Services department.

The opening reception, to which the public is welcome, will be held from 6:30 to 8:30 p.m. on Tuesday, May 11, in the Harvest View lobby and galleries at Landis Homes. The works will continue to be on display through July.

A portion of the proceeds supports the Landis Homes Caring Fund. For more information, call 717-381-3550.
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Attention Golfers!
19th Annual Benefit Golf Outing
June 4, 2010
Benefits the Adult Day Services at Landis Homes

Call Gift Planning Services at 717-509-5490 for sponsorship and registration materials.
www.landishomes.org

Serving You at Home
A Ministry of Landis Homes
717-509-5800 • www.landisathome.org