Two persons associated with Landis Homes received state awards at the PANPHA annual meetings in Hershey in June. Nancy Pawling was selected as Caregiver of the Year in Nursing, and Ken Brubaker was selected for the Paul B. Haas Lifetime Achievement Award.

PANPHA, an association of nonprofit senior services, is the state’s largest trade association, representing more than 350 nonprofit private, fraternal, religious and government-sponsored providers of housing and health-related service options to Pennsylvania’s elderly.

Pawling was recognized for her work of more than 35 years as a Landis Homes certified nursing assistant and personal care attendant.

“As a caregiver, Nancy is considerate, gentle and kind. She is a hard worker and a creative problem solver. When providing care, she is able to see the ‘little things’ that make a client feel special,” Faith Hoover, director of home and community services at Landis Homes, said in her letter of recommendation.

Pawling was one of two persons named for this honor. The other is Sheila Hill-Crosson, a restorative aide at The 58th Street Presbyterian Home in Philadelphia.

“Serving aging adults in Christ-like love has always been important to me,” Pawling said. “Hopefully, I make their day brighter. Many don’t have close friends and family, so we’re their family. They look to us for that, so I hope my time spent with them makes their day a little brighter.”

Dr. J. Kenneth Brubaker received the Paul B. Haas Lifetime Achievement Award, and was nominated for his 18 years of service on the Landis Homes Board of Directors as well as his role as Medical Director at Masonic Village in Elizabethtown, PA.

In addition to co-founding Norlanco Family Health Center in the early 70s, Brubaker also served as a visionary in the founding of the Anabaptist Providers Group; as President of the Board for the Pennsylvania Medical Directors Association, and on the Pennsylvania Attorney General Advisory Board for Elder Abuse.

According to the nomination material, “Throughout the course of his 35-year career Dr. Brubaker has been a tireless, compassionate and humble leader in many settings.”

Ken Brubaker
A year ago the Landis Homes Board launched its six-month strategic planning process with an Appreciative Inquiry phase that focused on strengths and growth opportunities. Each board member and members of management contacted 5 to 10 stakeholders who care about the mission of Landis Homes, so that in total more than 150 persons were involved in sharing ideas about our future.

Arising out of these contacts were seven themes identified by the Board:

1. Affordable Services
2. Partnership
3. Virtual Continuing Care Retirement Community
5. Urban Site (i.e. Lancaster city)/Other Locations
6. Expand Active Living
7. Increase Diversity

These were themes that we heard from the current and prospective residents, business partners and healthcare consultants, donors, church leaders, geriatric practitioners, pharmacist, elder law attorneys, and local office of aging staff, as well as other friends of Landis Homes.

As strategic planning work continued into the fall of 2008, the Board arrived at these four strategic focus areas which we are beginning to explore and implement.

1. Retirement Community – keeping it strong and vital, including through the planned residential living expansion over the coming three years of adding 72 hybrid homes and 70 cottage homes.

2. Affordable Living – including exploring HUD or Low Income Housing Tax Credit financing, possibly in Lancaster City, and as part of a mixed-income community.

3. Services at Home – building on our existing Landis at Home and Adult Day Services programs which support persons in remaining in their homes. This can also at times address concerns of affordability, and we are seeing increased potential for funding growth at the State level for in-home services.

4. Creative Partnerships - to support achieving the above. Some of the partnership opportunities that have already been put into place in the past year arose out of appreciative inquiry conversations with the CEOs and Executive Directors of eight other senior service or related organizations.

We welcome your prayer, counsel and support of these new strategic focus areas that are beginning to take shape as we move into the coming years. Feel free to speak with any of the Landis Homes Board or Management Team about any of the above areas.

I particularly would welcome hearing any creative ideas or needs that you feel Landis Homes might address within our mission of serving aging adults and their families by honoring and enriching their lives in communities of Christ-like love!

Appreciative Inquiry Questions asked of Landis Homes Stakeholders

1. What do you see as core strengths of Landis Homes services, culture, staff?
2. What unique opportunities for enriching Landis Homes services do you see?
3. What might be new opportunities or unmet needs in the larger community that Landis Homes should consider?
4. As you think about your future as an older adult, are there ways we should explore that would serve you as a consumer?
Pathways Institute to Kick-Off Fall Term

The 2009 fall term of the Pathways Institute is scheduled to begin on August 18 with a special “Kick-off” Reception featuring abc27 TV news anchor, Alicia Richards.

The celebration will get underway at 1:30 p.m. in the West Bethany Chapel with a presentation by Ms. Richards, followed by introductions of instructors for the fall term. Guests are then invited to the Azalea Dining Room, where they can enjoy delicious desserts, mingle, and pick up a copy of the new Pathways Institute fall 2009 catalog.

Pathways members, Landis Homes residents, and the public are invited to attend this special event to learn more about the Pathways Institute and the fall courses which are open to all individuals age 60 or older.

To attend the reception please RSVP by August 12 to 717-381-3577 or by email to: sstauffer2@landishomes.org.

Fall class registration will begin on August 18, at which time copies of the course catalogs will also be available on-line through the Landis Homes website: www.landishomes.org.

Plans Approved

By Linford Good, Vice President of Planning & Marketing

On June 17 the Manheim Township Planning Commission approved the preliminary land development plans for an expansion of residential living homes. Next, the Manheim Township Commissioners review and act on the plan. With this approval it is likely site construction, such as streets and underground utilities, will begin in late summer with construction of some homes starting in the fall.

First phase of the expansion includes 24 hybrid homes and 23 cottage homes. The hybrid homes are part of two 3-story buildings, with garage parking on ground level, six homes on first floor and six homes on second floor. The proposed expansion will include 72 hybrid homes and 70 cottage homes when all phases are completed.

For more information please contact Donna Shank, Director of Residency Planning at 717-581-3935.
Adult Day Services Reaches a 20 year Milestone

By Eva Bering, Vice President of Operations

Twenty years ago Landis Homes had a dream to provide services for aging people who remained in their homes. In August 1989 that dream became reality as we began the journey of reaching beyond our walls by providing adult day services to Lancaster County individuals. The first center, Eden West, was planned in partnership with the Lancaster County Office of Aging. It served three clients the first week and steadily grew.

In 1998 a second center, Eden East, opened as part of the services available for the distinctive needs of persons with memory loss. Eden East remains the only adult day services center in Lancaster County specifically designed for this purpose.

In 2006, in response to a growing demand, Eden West was enlarged. Today both centers serve over 100 clients, with an average daily census of 55 people. Like the more than 1000 persons served since the beginning, clients today choose to participate from a few hours a day to five days a week. The relationship with the Lancaster County Office of Aging remains strong.

Landis Homes continues to extend its mission of serving aging adults and their families beyond the Oregon Road campus by offering various programs in conjunction with other agencies. The Memory Loss Support group is a partnership with the Alzheimer’s Association, the Aquatics program is a partnership with the Arthritis Association, and the Children’s Learning Center is a partnership with Hildebrandt Learning Centers.

Landis Homes’ latest venture to continue its mission of “serving aging adults and their families in a community of Christ like love” is the birth of Landis at Home in 2007. By offering personal care and support services to both individuals on campus and in Lancaster County community, Landis Homes continues to reach beyond its walls.

Student Artwork 2009 Selected

Landis Homes selected Jennifer Shenk as the Art Student Award winner for 2009. The announcement was made at the Lancaster Mennonite Awards assembly in May by one of Landis Homes Vice Presidents Linford Good. In his remarks he noted this is the fifteenth year of this collaboration between the retirement community and the school.

Each year a jury, representing Landis Homes and the Lancaster Mennonite High School art department, selects a piece of artwork from the school’s Spring Fine Arts Festival to become part of a permanent art collection on the retirement community campus. This year the jury selected a pair of works, one done in ink and the other with tiny bits of painted paper.

In return for the artwork, Landis Homes made contributions to the Lancaster Mennonite High art department and to further Jennifer’s education. She says, “My major is at the moment undeclared, but my interests lie in the subjects of English and Art. I hope to have a successful career doing something that I love, and to have a happy healthy family with God’s blessings.”

Shenk lives with her family in Harrisburg, PA, and attends Hope Community Church.

“Landis Homes Art Program provides a wonderful opportunity to recognize emerging artists at Lancaster Mennonite High School,” says Art Department Chair Kathy Ciaccia. “Additionally, their support of the art program at Lancaster Mennonite High School has provided many blessings to the art department.”
Team Members Make Donations

Team members are donating items to the upcoming Benefit Auction on Fellowship Day including the three shown here. Planned Giving Counselor John Buckwalter, left, stands beside a chimney cupboard which he built and donated. This piece, along with other furniture, is a part of the Specialty Items sale that will begin at 12:30 p.m. on September 12. “Daffodils by the Stream,” a signed & numbered limited edition print by Suk Shuglie was donated by Larry Zook, President/CEO of Landis Homes, standing center, (and his wife Dawn). Vice President of Human Resources, Allen Heinly, (with his wife Diane) donated a collectors’ 15-piece cut-glass punch bowl set. These, along with many other specialty items can be viewed at www.landishomes.org.

Quilters Getting Ready

Landis Homes quilters are putting stitches in quilts like this *Rhapsody Song* for the auction on Fellowship Day, September 12, 2009. Pictured are quilters Becky Herr, Alma Eberly, Katherine Huddle, Martha Bartel and Miriam Witmer.

The quilt auction will begin at 10:00 a.m. with 17 other equally notable quilts done by Landis Homes quilters or donated by church sewing circles. Patterns this year include *Boston Commons, Heart of Roses, Corner Country Love, Granny Patch*, and *Stained Glass Flower*.

Quilts will be on display in the Harvest View lobby from July 29 until August 23. Photos and descriptions of many quilts and other auction items plus a schedule of the auction can be viewed at www.landishomes.org.

Share-A-Meal Adventure

The Share-A-Meal booth at the Fellowship Day Auction will be the place to be at 8:00 a.m. on September 12, 2009. Share-A-Meal Adventure is a unique and fun way to contribute to Landis Homes’ Caring Fund while experiencing good food, good company with an element of surprise. The Coordinator, Helen Keener Hess, has lined up 20 different dining opportunities created by eager hosts with more possibilities in the works. All meals are a minimum donation of $20.00 per person. Meals offered by a particular host can be bought singly or as a group. Here are three unique possibilities for this year.

- Railroad Buffet (10 people)
  Hosted by Martha Jane Bomberger and Mary Bomberger at Landis Homes.

- Business/Professionals’ Dinner with Entertainment (75 people)
  Hosted by Erisman’s Mennonite Church Sunday School Class at Landis Homes

- Dinner with the Garbers followed by a Tour of the Robotic Dairy Barn (8 people)
  Hosted by Lois and Jay Garber at the Garber Farm

Visit www.landishomes.org for more information and an updated list of options.
Tribute to Loved Ones

January 1, 2009 through June 30, 2009

We are sincerely thankful to those listed below who have given a tribute to a loved one either as a Memorial or Honorary gift. We apologize if there are misspellings or omissions on this list.

To contact the office of Gift Planning Services, call (717) 509-5490.

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LEAVE A LEGACY™
The gift of a lifetime

Landis Homes is pleased to be a participating member of Legacy–Lancaster County.
A rainy day did not dampen the spirits of the Corporate Sponsors and Golfers on June 5, 2009 during the 18th Annual Landis Homes Golf Tournament. Eight-five percent of the 254 registered golfers donned smiles and rain gear to bravely play the full 18 holes in the rain. Their commitment to the great game of golf and to the great cause of Adult Day Services resulted in great results. The generous individuals and businesses who participated raised $41,050 to help provide services to aging adults and their families who choose Adult Day Services at Landis Homes.

As the golfers and sponsors gathered for concluding celebrations, Faith Hoover, Director of Home and Community Services, compared the courage and adventurous spirit of the golfers to the same spirit found in the clients who attend the Adult Day Services Centers. “Through the ‘sunny days’ and the ‘rainy days’, they inspire us by their courage and fun-loving spirit. It is a privilege to partner with the clients and their families and support their choice to remain at home.”

It is also a privilege to partner with the Golfers and Sponsors who are all winners in the eyes of Landis Homes and the Adult Day Services Participants. Thank you to the volunteers, golfers and sponsors.

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For a full list of participating Sponsors and the Winning Teams check out www.landishomes.org/giving/events/golf.

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Senior Games Team Work Together

Mildred Herr, Wellness Coordinator Bob Dressler and Millie Liccardi helped represent Landis Homes at Lancaster Senior Games in June at Franklin & Marshall College. Participants competed in bocce, swimming, ping pong, home run derby, shuffleboard and weightlifting.
Stimulus Checks Shared for Others

Mary & Mahlon Hess

Simple living, generosity, mission and service are values on which residents Mahlon and Mary Hess built their marriage—a second for Mahlon and first for Mary.

In May of 2009, Mahlon and Mary each received a $250 stimulus check by virtue of being Social Security recipients as mandated by the American Recovery Reinvestment Act of 2009. Like 55 million other Senior Citizens, this check is being given by the U.S. Government to spend and thus stimulate the economy.

“Since we don’t need another TV or anything else,” says Mahlon, “the idea of donating the stimulus check amount started brewing in our heads.”

Being former missionaries and development workers in Africa, Mahlon and Mary both experienced first hand the impact a few people trained and earning a fair wage could have by investing in the community in which they lived and served. They wished to honor this stimulus purpose here, so they decided to donate the amount of the stimulus check to Landis Homes to spend for the betterment of the community.

Changing stimulus money into a charitable donation is not only an option for those who receive Social Security but also for those who are working. Since April, 2009 all workers are receiving additional Federal Tax Credits which means an increase in take home pay. The average increase adds up to $400 a year for a single earner or $800 for two wage earners. Just like Mahlon and Mary’s stimulus donation, the increase money in the pay check is an opportunity to share with Landis Homes.

Sharing and spending for others not only stimulates the economy but also stimulates a balance of values and lifestyle for the donor. Landis Homes is an eligible Stimulus Sharing & Spending Site for those who are interested. Please contact Gift Planning at 717-509-5490 for more information.

NEEDS

Landis Homes has need of the following items which will enhance the lives of residents and will also stimulate the economy

- A new wheelchair scale in Healthcare - $2,000
- A shade structure on the Ephrata House patio -- $3,000
- A full electric keyboard for Life Enrichment – $1,600
- Contributions for Auction Rental Equipment - $3,500

Pastors Meet

Brian Miller, pastor from Sunnyside Mennonite, enters into the discussion at the Pastors Breakfast held at Landis Homes in the spring. About 60 persons participated in the topic of the morning which was “Pastoring Older Adults: Gifts and Challenges.”

Spring Farm Day Fun

Over 1000 people of all ages came out for the Landis Homes Spring Farm Day in mid June. In addition to animals like this pig held by Anna Todd and a dozen chicks being shared by Pastor Don Good, there were goats, sheep, horses, rabbits and dogs.

A highlight of the day was a display of 20 farm tractors of different makes and vintage, rides, craft demonstrations, a pie auction, live music by the Martin family and square dancing with the David Kreiter group.

Residents, family members and other visitors enjoyed the grilled chicken lunch served outdoors and the soft ice cream. The day ended with a parade of tractors.
Lancaster Artist to Show Work with Others in August

A summer art reception will be held at Landis Homes on August 4. The show will feature a Lancaster artist who uses mixed mediums of expression. Mary Trees will show her extensive collection of artwork consisting for the most part of florals and still lifes. While she uses some oils and pastels, her primary medium is watercolor.

Trees, a retired bookkeeper, also happens to volunteer with the silent auction of Landis Homes Fellowship Day in the fall. Mary has chosen to invite the many artists who donate work to the annual auction to be part of the opening reception. They will also hang their donated works in her show for the month of August until they are gathered for the auction on September 12.

Artists who will also have work at the reception are Jim Bowman, Suk Shuglie, Helena Dueck, Liz Hess, Merrill Freed, Velma Magill, Gladys Zeiset, Jim King, Ruth Horning, Howard Wenger, Anna Smith and Jeanette Oberholtzer.

The opening reception, to which the public is welcome, will be held from 6:30 to 8:30 p.m. on Tuesday, August 4, in the Harvest View lobby. For more information, call Landis Homes at 717-581-3935 or visit the web site www.landishomes.org.

Two New Board Members Announced

Landis Homes announced the appointment of two new board members, Daniel D. Mast and Alvin M. Weaver, for the coming year.

Weaver, of Lititz, is a native son of Lebanon County and a current resident of Landis Homes. He is a retired dairy farmer who also worked in housing development in Lebanon County. Weaver previously served on many local boards including Lancaster Mennonite Schools, Sharing Programs, Jubilee Ministries and New Covenant Mennonite School.

Mast, of Willow Street, is an Internal Medicine Physician with specialty in Geriatric Medicine. He is a graduate of Philadelphia College of Osteopathic Medicine. Mast has prior and current board membership experience on Hospice of Lancaster County, Lancaster General Utilization Review Board and other organizations.

“I look forward to caring and advocating for our elders, many of whom have cared and advocated for us,” said Mast. “I have become familiar with Landis Homes by visiting family and seeing patients there. I have noticed and appreciated the high standard of attention to details and active compassion by caregivers.”

Other board members include Chair John W. Eby, Vice Chair Robert H. Leaman, Treasurer Daryl E. Eshleman, Secretary Lois M. Good, Assistant Secretary Susan E. Godshall, Greg A. Gilligan, Dottie M. Martin, James R. Martin, Evelyn M. Miller, Glenn D. Moffett, Rachel Thomas Pellman, Connie H. Stauffer, and Gretchen J. Thomas.
Calendar - Summer 2009

**August 4**
Art Reception
Mary Trees & Friends
Harvest View Galleries
6:30 – 8:30 p.m.

**August 17**
Parkinson’s Support Group
“Community Resources for Persons with Parkinson’s”
Office of Aging, Albright Care, County Homemakers, Inc. & Landis at Home
Westview Community Room
2:00 p.m.

**August 25**
Memory Loss Support Group
“A Caregiver’s Journey”
Miriam Housman
Warwick Room of The Heritage
7:00 p.m.

**September 3**
Heritage Watchers Class
First in a 9-Part Series
West Bethany Chapel
1:00 – 3:00 p.m.

**September 12**
Fellowship Day, Auction & Chicken Barbecue
9:00 a.m. – 5:30 p.m.

**September 22**
Dedication Service
for the new Residential Living Expansion
Outdoors
6:30 p.m.

**September 27**
World Communion Service
East Bethany 10:00
West Bethany 10:00

**October 13-16,**
Renewal Services
Glenn Sell, speaker
East Bethany
3:00 p.m.

**October 20**
Bus Trip to Potomac Eagle Scenic Railroad, WV
For information call 717-569-3271

**November 25**
Thanksgiving Services
West Bethany
7:00 p.m.

**November 26**
Thanksgiving Services
East Bethany
10:00 a.m.

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**Heritage Watchers Starting Fall Series**

Instructor Joanne Hess Siegrist, right, looks over the family history book of 2009 class participant, Esther Kraybill. For the final class the group met at Lancaster Mennonite Historical Society where participants enjoyed seeing museum artifacts including the early Landis Log House shown in the background.

Enrollment is now being taken for this nine-session class which will begin on September 3 at Landis Homes for those wishing to research and preserve historical photos and documents. Classes will be held on the first Thursdays monthly from September 2009 to May 2010 from 1:00 to 3:00 p.m. in West Bethany Chapel. For more information contact Joanne at 717-656-6429 or by emailing: jhs606@frontiernet.net.
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Recent Issues of Horizons may be downloaded from www.landishomes.org

Saturday, September 12, 2009

Benefit Auction
begins at 9:00 a.m. – Preview begins at 8:00 a.m.
Quilts, Antiques, Handcrafts, Gift Baskets, Certificates
Market Place, Flea Market, Silent Auction
Proceeds benefit The Caring Fund

Children’s Activities
WJTL’s “Kids Cookie Break” with Lisa Landis
Broadcast Live at 9:00 a.m.

Chicken Barbecue Dinners
Served Eat-in or Take-out 11:00 a.m. to 5:30 p.m.

To Volunteer 717-509-5409
For Information: 717-569-3271
www.landishomes.org