

Our Dining Venues

Live Healthy



Owl Hill Bistro

High Learning & Wellness Center, Crossings

Monday-Saturday 11:00 am - 1:30 pm

Wednesday-Friday 4:30-6:30 pm

The Bistro will be closed for evening service on June 14.

Spring Daily Menu Features

Spicy Chicken Club • Chicken Salad on Croissant
Aegean Salmon Wrap • Bistro Roast Beef Sandwich

Roasted Vegetable Flatbread • Buffalo Chicken
Flatbread • Grown-up Grilled Cheese

We welcome residents, employees and outside guests.

For pick-up and delivery call ext. 3574.



Garden Room Café

Breakfast 7:00-9:30 am

Lunch 11:00 am - 1:30 pm

Supper 4:00-6:30 pm

Join The Community Table

Every Thursday at lunchtime
in the Garden Room there is
a community table hosted by
residents. Come join the table
and meet someone new!

For pick-up and delivery call ext. 3048.

Dogwood Café

Monday-Friday

Breakfast 7:30-9:30 am

Featuring a tasty variety of
breakfast sandwiches and
made-to-order omelets.

Lunch 11 am - 1:30 pm

Chef created entrées, salads made to order, Latin
inspired choices, soups, sandwiches, hand-made
burgers, grab & go selections and more!

Check Café signage and Resident Apps for daily menus.

Open to all residents, employees and outside guests.



Nourish Your Brain

Did you know that what we eat can impact our brain health? Recent studies on a new diet called the Mind Diet have shown what we eat can protect cognitive health.

To receive the benefits of the brain power nutrients recommended with the Mind Diet, choose the following foods:

Lean Protein — seafood, chicken, beans, legumes, nuts, seeds and eggs

Healthy Fats — olive oil, avocado, nuts and seeds

Vitamin E — green leafy vegetables like spinach, kale and arugula

Omega 3 Fatty Acids — nuts, seeds, salmon and sardines

B Vitamins — whole grains like farro, brown rice, barley and oats

Antioxidants — berries, tea and coffee

Water — can be infused with fruit or herbs



Contact Us

Daniel McClain, Director of Dining Services
DMcClain@landis.org | 717.381.3587

Special Event Reservations
Heather Zechman | ext. 3223

Catering Requests
Willie Arnold | ext. 3069



Dining Services at

Landis Homes 

June
2023



Dining Highlights



Owl Hill Bistro Featured Dishes

June 1-3

Lunch	Braised Short Ribs
Supper	Red Wine Braised Salmon
Sandwich	Rainbow Wrap

June 5-10

Lunch	Grilled Mahi-Mahi
Supper	Chicken Marsala, Mushroom Sauce
Sandwich	Pulled BBQ Chicken

June 12-17

Lunch	Asian Mushroom Burger
Supper	Grilled Chicken Burgundy
Sandwich	Wild Mushroom Flatbread

June 19-24

Lunch	Pulled Carolina Pork
Supper	Grilled Salmon Grain Bowl
Sandwich	Bistro Style BLAT

June 26 - July 1

Lunch	Garlic Rosemary Lamb Tips
Supper	Pork & Mushroom Fricassee
Sandwich	Classic French Dip

Restaurant Night in the Bistro Returns!

Friday, June 2
4:30-6:30 pm

À La Carte Dinner
Served Tableside with
Fred Kiemle at the Piano

Prices à la carte. See full
menu in Landis Homes News.
Reservations requested,
call ext. 3223.



Garden Room Cafe

Lunch Highlights (11:00 am - 1:30 pm)

Monday, June 5: Grilled Chicken BBQ
Friday, June 9: Grilled Lamb Tips
Monday, June 12: Lobster Roll
Sunday, June 18: HAPPY FATHER'S DAY
Mahi-Mahi, Leg of Lamb, Sirloin Steak & more!
Thursday, June 22: Vegetarian Lasagna
Tuesday, June 27: Country Style Pork Ribs
Thursday, June 29: Patty Melt

Supper Highlights (4:00-6:30 pm)

Monday, June 5: Roasted Turkey
Thursday, June 8: Tuna Noodle Casserole
Monday, June 12: Personal Pizza
Thursday, June 15: Chicken and Waffles
Tuesday, June 20: Cowboy Casserole
Friday, June 23: Fried Oyster Sandwich
Wednesday, June 28: Ham & Cheese Panini



Hawaiian Luau

Wednesday, June 14
4:30-6:30 pm

Azalea Room and On the Patio
Served Buffet Style

Entrées

Huli Huli & Shoyu Chicken
Kalua Pig
Lomi Lomi Salmon & Poke

Sides

Poi
Macaroni Salad
Molokai Sweet Potatoes
Sweet Bread Rolls

Desserts

Haupia & Kulolo
Seasonal Fresh Fruit

Tropical Beverages

\$22.95 per person
Call ext. 3223 for reservations.

Team Member Spotlight



Meet Henry Arias

Henry is a cook serving on the East side of campus. In his role he prepares food for breakfast and lunch in the

Dogwood Café and does whatever is needed. He also helps in the Birch kitchen on the weekends.

Henry has been at Landis Homes almost a year and likes everything about his job, especially the people.

Henry was a professional basketball player in his home country, the Dominican Republic, before coming to the United States 25 years ago.

He is married to his wife of 23 years and has two sons, ages 19 and 30, and a daughter, age 15. Henry enjoys cooking at home and playing basketball with his sons.



Mushrooms

Flavor-packed mushrooms are a low-calorie food that pack a nutritional punch. They are a rich source of fiber, protein and antioxidants. They promote lower cholesterol protect brain health and provide an excellent source of vitamin D, helping maintain and build strong bones.

Mushrooms also stimulate a healthier gut and, with selenium, vitamin D and vitamin B6, help support a healthy immune system. They may mitigate the risk of developing serious health conditions such as Alzheimer's, heart disease, cancer and diabetes. Try our mushroom-focused features all month long!

FLAVORS
365